

The Bethel Citizen

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Top stories of 1996:

Turnover in town offices

The past year saw a high attrition rate in local municipal offices. By year's end the area's two longest-serving town clerks had both been put out of office, one town manager resigned in the face of criminal charges, another to move on to bigger and better things, one selectman was recalled by voters, and another selectman-recall attempt was launched, faltered and may be revived in the spring.

Merton Brown

The most unexpected and dramatic forced departure was in Bethel, where Merton Brown, who had been town clerk for 20 years, was fired in January by Town Manager Madeleine Henley.

Brown's problems began in October 1995, when he was apprehended by security personnel at Rich's Department Store in Gorham, N.H. and charged with shoplifting a \$2.19 battery.

Brown readily admitted the battery was in his pocket when he left the store, but he contended it slipped from his hand into the pocket while he was reaching for change.

He paid for two other batteries, he said, and didn't notice the third was missing until he was confronted by store security.

On Jan. 9, acting on the advice of an attorney, Brown chose not to contest the charge. He pleaded nolo contendere in Gorham District Court to a Class B misdemeanor, was found guilty, and paid a \$250 fine.

A nolo plea is not technically an admission of guilt, and it allows the defendant to deny the allegations in other proceedings.

And Brown did deny the allegations, steadfastly maintaining his innocence in spite of a videotape of the incident that even he described as "damaging."

The videotape did indeed prove damaging. After Henley viewed it, she suspended Brown, then, on January 29, fired him.

In a seven-page termination memo, Henley cited the shoplifting

He is expected to face those charges early in the new year.

Liz Lavalette

There was no evidence of serious financial irregularities in Brown's handling of town money in Bethel, but in Greenwood a new town manager resigned after being indicted for embezzeling \$40,000 while in her previous job.

Liz Lavalette was Greenwood's first town manager. She was hired in March, after Town Meeting voters reaffirmed an earlier decision to switch to a town-manager form of government.

That decision effectively put an end to Phyllis Coolidge's 28-year career as Greenwood's town clerk. She resigned prior to the Town Meeting.

Lavalette's previous employment had been in West Stockbridge, Mass., where she held a number of municipal positions over a period of 18 years.

Other officials in the western Massachusetts town gave her glowing recommendations, and her work in Greenwood was earning her praise, but in December she abruptly resigned her job here -- following news that she had been indicted in Massachusetts on multiple counts of grand larceny, all stemming from her work in West Stockbridge.

Lavalette was replaced by Lloyd Decato, who took the town manager position on an interim basis.

The town selectmen have decided to wait until the annual Town Meeting before making any further moves, according to board chair Marie Bartlett.

Madeleine Henley

Meanwhile, back in Bethel selectmen are looking for a new town manager, but they have a little more time for the search than was first thought.

Madeleine Henley announced in early December that she was moving on, and would resign her position here effective Jan. 3.

Henley, who was named Maine's Town Manager of the Year for 1996, had been chosen as the director of general services for Guilford County, North Carolina.

But on Friday, Dec. 13, Henley learned that her new job was no job -- the position had been cut, apparently as the result of political infighting in the county.

She then agreed to stay in Bethel a while longer, giving the selectmen more time to find a replacement.

Madigan, Thompson, et al.

Andover saw considerable municipal turnover in 1996, with several Water District trustees resigning in frustration over the course of the year, as the district attempted to find a way to bring itself into compliance with federal clean water drinking standards.

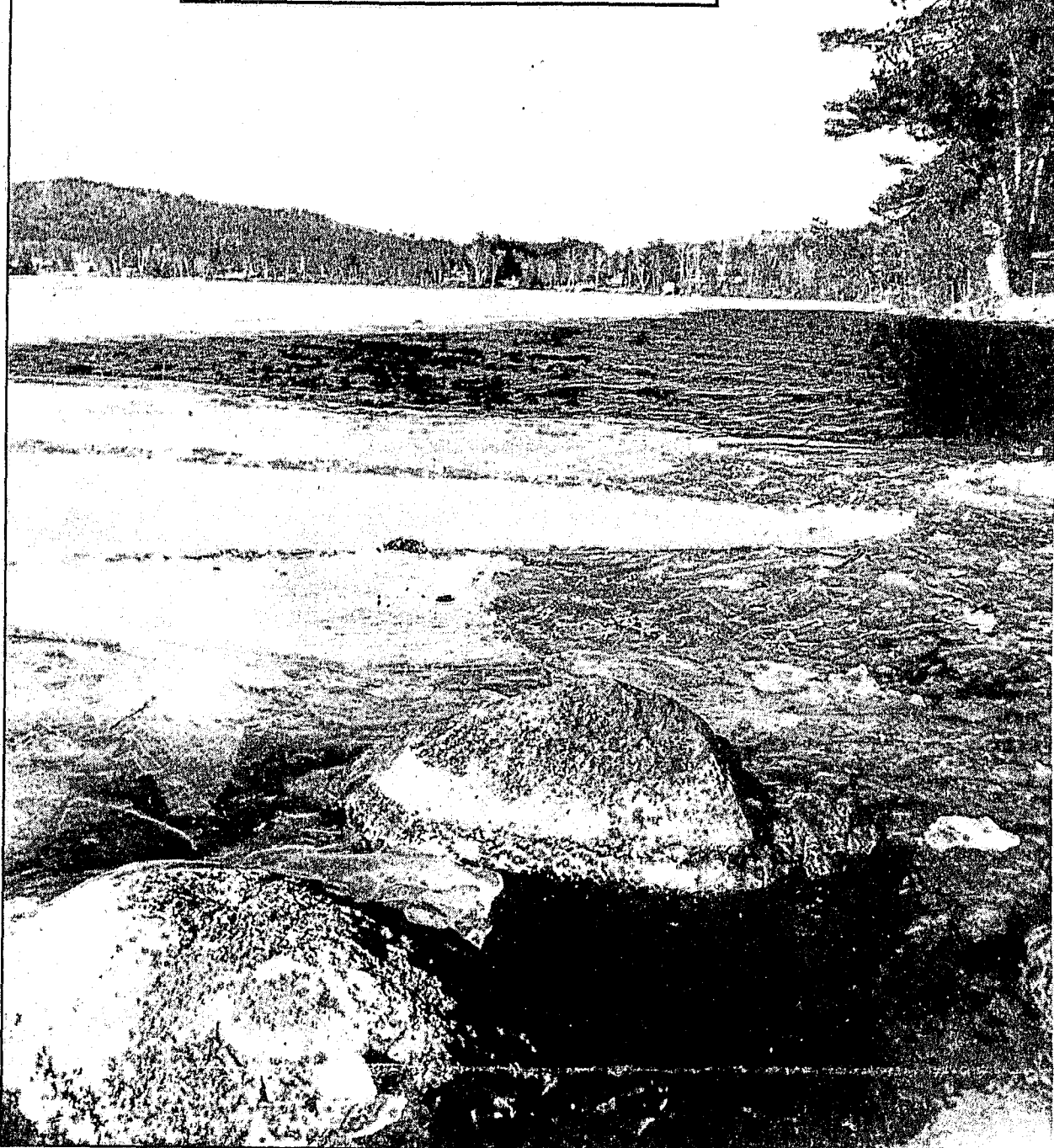
And selectman Joe Madigan was recalled by voters, after a stormy year-long tenure that saw meetings abruptly adjourned and criminal charges brought against one resident who questioned Madigan's handling of town affairs. (The charges were eventually dropped.)

In a letter to the editor published in The Citizen prior to the recall vote, Madigan quoted Winston Churchill and likened his own position to a roll in Greek tragedy, but when the vox populi was heard, he was gone.

In Upton, an attempt was also made to recall selectman Clayton Thompson, but the effort foundered on legalities and is currently in limbo.

Thompson's critics are now waiting to see the results of the annual Town Meeting votes, before deciding on whether to press ahead with their recall efforts.

Danger: Thin ice



UNSAFE AT ANY SPEED
The warm late-December weather has prompted Inland Fisheries and Wildlife officials to warn everyone, including ice fishermen and snowmobilers, to stay off lakes and ponds because of thin ice and open water. Here, water on Lake Christopher is roughed up by Monday's strong winds.

(Photo by Alison Aloisio)

Economic growth here was slow but steady in 1996

Local economic growth continued at a steady, if unspectacular, pace in 1996.

Perhaps the most visible evidence of that growth is the new Norway Savings Bank building at the intersection of the Parkway and Route 2.

The building is the newest addition to Bethel Station. Its traditional design and brick facing have been well received in town, and have helped to ease fears about the design direction Bethel Station was taking.

But despite this attractive addition, progress elsewhere in Bethel Station remains slow.

There were two further disappointments during the year: the United States Postal Service backed off on plans to locate a new post office in Bethel Station (see related story) and plans for a McDonald's franchise fell through.

In June developer Heinie Merrill confirmed that he was negotiating with the fast food giant. He also prepared a site for a new building, across the parkway from the new bank building.

But by October the negotiations had fallen through. Merrill said it was because McDonald's was facing economic problems and had put a halt on all expansion in northern New England. A spokesman for McDonald's denied that, saying the company still had its eye on Bethel, but not Bethel Station.

In other private-sector activity, Bethel's high-tech start-up company, NetExpress, merged with New England Internet Services of Portland.

Local unemployment decreased over the past year, but some jobs here were lost when the Newton & Tebbets mill in West Bethel was

**'I'm a Passamaquoddy Indian.
I made a hell of a mistake selling
that piece of property to the tribe.
I'm against that beano hall.
I assure you, they're not building
no beano hall there!
I had no idea this was going to
transpire. They told me they were
going to build a boys' and girls'
camp ... over my dead body! Let the
tribal officials smoke that one!'**

FRED MEADER
Albany resident

Over the horizon

Also in the news this year, but not yet certainties, were other projects that could have an economic impact here.

The most dramatic is a high-stakes bingo hall in Albany.

In September, representatives of the Passamaquoddy Tribe announced they were resurrecting plans for a bingo hall on tribal land in the township.

Similar plans had been floated in the past, and invariably met with strong opposition from Albany residents.

That was once again the case this year. At a meeting in early October residents blasted the plan, citing concerns about crime, pollution, taxes and quality of life.

Maine Gov. Angus King also let it be known that he was opposed to the use of gambling as an economic development tool.

The tribe, however, appeared undeterred. Portland attorney Bill Plouffe, who is representing the Passamaquoddy on the project, said Monday he expects applications to be filed with the Land Use Regulation Commission before the end of January.

Current plans, he said, call for the bingo hall to operate from mid-March to mid-December, so as to complement, rather than compete with, local ski-related businesses.

Plans were also announced in 1996 for the expansion of the natural-gas pipeline that runs through Albany, Bethel and Gilead. A new spur through Bethel and Greenwood was also proposed.

If realized, the new or expanded pipeline would mean new tax revenues for both towns.



MERTON BROWN

conviction, Brown's alleged dishonesty regarding the affair, and a small number of administrative lapses in his job performance.

Despite Henley's accusations Brown had strong support in town, where more than 500 people signed a petition calling for him to retain his job.

Backed by the petition, Brown appealed his firing to the Board of Selectmen, but the board, by a vote of 3-2, backed the town manager's decision.

Brown and his family moved from town, but he was not able to leave his problems behind. In May he was indicted for embezzling \$10,900 while serving as treasurer of the Maine Town and City Clerks Association.

**NOTICE TO ALL
PRESCRIPTION CUSTOMERS**
In accordance with Maine Law, all prescriptions must be picked up while pharmacist is on duty.
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Friday, January 3
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7:00 p.m. featuring
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KEEP US IN MIND
It's that time of year when your local Rotary Club must start gathering items for our annual auction. The proceeds of all of our efforts go to support such projects as the Senior Citizen Christmas Dinner, Christmas Food Baskets for the needy, student scholarships, support of the local health facilities, summer camp tuition, area athletes expenses, disabled individual needs, etc.
If you're cleaning the garage, attic or cellar, let us get rid of those unwanted items for you.
Call Roger Connell, 824-2117 or 824-2269 for pickup.
Help us with your support of our projects. It's a good feeling!

The year's top stories continue on page 2

WANTED - TOWN OF BETHEL

Accepting applications for
EQUIPMENT OPERATOR/LABORER LEVEL II
with the Department of Public Works. Applicant must hold Commercial Driver's License and be proficient with backhoe. Full benefit package. Job description and application available at Town Office, Main Street, Bethel
Deadline January 10, 1997 at noon.

E.O.E.

NEWS TIPS

To reach a reporter with a news tip or story request, or to comment on news coverage call Michael Daniels or Alison Aloisio at 824-2444.

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Letters

THANKS FROM ROTARY

To the Editor:

As we end the calendar year, I wish to express, on behalf of the Bethel Rotary Club, my appreciation to all community members, businesses, and seasonal visitors who have been most generous and supportive of our many activities. Most recently the Bethel Rotary Club's Christmas for Children Campaign netted over \$7,000, and helped over 100 families. Also, the Bethel Rotary Club's annual fruit sale, in October and November, generated funds that were an all-time high over the past nine years. The feeling of helping others was never more evident.

We also receive financial support from our annual spring and fall country breakfasts at Gould Academy, as well as the annual Bethel Rotary Club Tag Sale and Auction, as it continues to grow in items and sales.

These fundraising activities provide finances that go directly back into our communities: educational assistance awards for graduating high school seniors' post-secondary plans; annual Rotary Leadership Conference for high school sophomores; assisting area school counselors with their annual Career Awareness Day that serves over 300 freshmen; donations are given to area agencies and services such as Big Brothers and Big Sisters, Androscoggin Home Health Services, West Bethel Children's Center, Bethel Area Health Center, Bethel Library, and local Boys' and Girls' Scout units.

However, the Bethel Rotary Club's motto is Service Above Service. The club's priority is to provide community, district, and international service projects. The past two years our club has provided community service to Maine Conservation School's buildings, Crescent Park Elementary School's ball fields, restoration and annual setup of the Bethel Area Clergy's Live Nativity facilities, sponsoring "inbound" foreign exchange students to our area high school, and also Outward Bound high school and college students to other countries, pet visitations to area convalescent homes, provide annual Senior Citizen Christmas Dinner, and continuously serve as tutors, speakers, and volunteers at our local schools.

In looking to 1997, our club's "wish list": to assist the 1997 Molykett Day Committee with resources and networking, so this annual summer celebration can be close to the superb operation and production of our Bethel Bicentennial celebration -- to facilitate activities, resources in establishing an area community center, that could provide activities from pre-schoolers, to teens, to senior citizens (it has only been talk, but no action.) -- provide annual activities for students, families, and senior citizens.

Once again, a special thank you to all SAD44 community members, businesses, seasonal visitors, SAD44 schools, Gould Academy, and the Bethel Citizen for your ongoing support. Happy New Year!

Dan Hart
Rotary Club President

CHRISTMAS FOR KIDS THANKS

To the Editor:

I would like to take this opportunity to thank the many people, organizations, and businesses who helped make this year's Christmas for Children drive so successful. Thanks to these efforts, well over 100 children were able to enjoy new presents on Christmas morning.

This year's drive received approximately \$8,000 worth of contributions. It is important to note that donations came from throughout New England and as far away as Florida. The two days that the Rotary Club spent in front of the Bethel Foodliner resulted in over \$1,300 worth of contributions. The Bethel Rotary Club is proud to be associated with this worthwhile activity and prouder still to receive the wonderful support from the community.

Special thanks are also in order to the Bethel Citizen for their continued publicity with regard to the Christmas for Children campaign. Each season the Citizen has provided a space for the Rotary Club to keep the community up to date on the level of contributions received.

On behalf of the entire Bethel Rotary Club, please accept my best wishes for a happy and prosperous New Year.

David W. Murphy
Chairman, Christmas for Children

INFO ON CASTLES SOUGHT

To the Editor:

I know it is the week before Christmas and an absolutely terrible time for me to request things, but I'm hoping over Christmas break some folks might be willing to do some searching.

The seventh-graders will be studying European castles during January. I'm in need of two things to help them through this project.

1. Pictures, brochures, travel guides, or books on countries that contain castle articles that the students could use as a resource. If anyone has pictures, knows the name and/or location of the castle, that would be a start. A person who has traveled there and would like to come in and talk would also be useful. A connection to a travel agency that may have these brochures or another source would also help.

2. I'd like to bring in some guest speakers who are in the field of advertising. Also individuals who wire the ads to promote tourism or ads to sell/rent real estate are other possibilities.

I'll be happy to answer questions and of course will return all borrowed materials. I hope to hear from many people.

Deb Piccirillo
Telstar Middle School

TELL ME ABOUT MAINE

To the Editor:

I am studying the state of Maine in my 5th grade social studies class. I would like to receive postcards from your state. If you could help us cover our walls with postcards, I would appreciate it, and we would learn a lot about your state.

Ana Vazquez
Mrs. Black's Class, Stephenville Int. School
726 N. Clinton, Stephenville, TX 76401

Top stories

Continued from page 1

More stories, page 4

Bethel thwarts plan to move post office

'We are charged to run like a business.' (To pay more than necessary for the new post office in Bethel), 'would be unjust to the rest of the American public.'

TERRY BROOKS
U.S.P.S.
real estate specialist

Bethel residents did in 1996 what few towns elsewhere have been able to do: convince the United States Postal Service that the wishes of post office customers, not the dictates of the postal service bureaucracy, should determine where a new post office is to be located.

The postal service wanted to replace the current post office with a new facility in Bethel Station. Townsfolk -- at least a vocal segment of townsfolk -- wanted it to stay where it is.

When the smoke had cleared, the post office stayed put. Not in the present building, but in a new building on the old site.

The postal service claims space in the present building is too limited and employees are forced to work under unsafe conditions.

In February the postal service put out a request for proposals for an enlarged building.

Of the four proposals received by the April deadline, three were rejected as unsuitable or too expensive.

The fourth site, the site the U.S.P.S. favored, was in Bethel Station, near the railroad tracks across from the end of Mechanic Street.

No proposal was submitted at that time for remodeling or rebuilding on the present site, and the postal service, at least initially, ruled out that site as too small to accommodate the post office's perceived needs.

But the Bethel selectmen balked at the prospect of the post office being moved from the village proper.

And they cited a November 1995

petition, in which 600 people expressed satisfaction with the present site and opposition to any relocation outside the "Traditional Village of Bethel."

The selectmen argued that if more time was given an acceptable proposal could be developed for the present site.

In July the postal service agreed to put off a decision long enough to allow a potential developer to purchase the building and come up with a proposal.

In August Carl Glidden, owner of

the adjacent grocery store, purchased the building at a foreclosure auction.

And at a meeting later that month, residents jammed the Crescent Park School cafeteria and almost unanimously opposed any plan to relocate the post office.

Shortly after that meeting U.S.P.S. real estate specialist Terry Brooks contacted Bob Chadbourne, chairman of the Board of Selectmen, and told him the post office would not be going to Bethel Station.

Bethel Station developer Heinie Merrill said his office had been told by Brooks that public pressure had made it impossible for the postal service to work with Bethel Station. Brooks said Tuesday that the postal service had been working with Glidden and has come up with a workable plan.

"It appears it's going to be a fit," Brooks said. "His plans are something I'm quite happy with."

Brooks said he hoped to have the paperwork resolved in time for construction to begin by the time the snow melts.

Later, in a move many saw as related, the postal service announced that it had changed its mind about expanding the present Newry Post Office, which is located on the Bear River side of town.

Instead the postal service was seeking a location for an expanded Newry facility on the Sunday River side of town.

Such a facility would presumably be able to handle the large volume of mail generated by Sunday River Ski Resort -- thus easing the strain on the Bethel Post Office.

Rabies here now; moose hunters next fall

State officials now consider the rabies outbreak reaching this area to be of epidemic proportions.

River above the Lewiston-Auburn area.

Moose zone approved

Also in December, the Department of Inland Fisheries and Wildlife approved expanding Maine's moose hunt to the Bethel area in the fall.

The arrival of rabies late in the year left some residents worrying about the safety of their families and their pets.

And the promised arrival of moose hunters next fall has some business people worried about the tourist business.

Reports of rabid wild animals in the Norway-Paris area early in the year proved to be a warning of things to come here.

In late October, a fox suspected of having rabies attacked a puppy on its owner's doorstep on the Perkins Valley Rd. in Woodstock. Too young to have a rabies shot, the puppy was put to sleep.

In early December, a rabid fox on the East Bethel Rd. bit a dog. That incident was followed a week later by a rabid raccoon biting a dog in Greenwood.

The last 1996 area incident occurred when a rabid raccoon bit a cat in Newry. It was reportedly the first case north of the Androscoggin

Last-minute opposition by some Bethel businesses failed to change the minds of a majority of IFW Advisory Council members.

The business people worried that the combination of moose hunters and tourists coming to see live moose would be bad news for businesses catering to tourists.

Other people favored the hunt, arguing the growing moose population could support it, and that thinning the numbers slightly might lower the incidence of car/moose accidents.

Another large wild animal -- the mountain lion -- may have made an appearance near Grafton Notch State Park in July. A New York family visiting the area reportedly saw the animal cross the road.

A wildlife biologist who later examined the animal's tracks could not confirm they belonged to a mountain lion, but said they were consistent with a large cat.

Maine Tax Man Cometh

By MIKE BROWN

Budgets, whether state or household, can be reduced to a rather simple explanation -- projected revenue must match projected spending.

But when it comes to most state budgets, which must be balanced by law by the governor and his administration, all sorts of strange, unexplained, budgetary voodooism occurs. Firstly, because a governor is the state's most political animal saddled by an income/outgo cinch strap law, the chief executive has to be a most creative accountant.

Secondly, unlike family household budgeters, the state bureaucracy of some 12,000 gimmers stick their million-dollar fingers into the budget equation. And so it's not surprising that few households (which pay for the state budget) understand the biennial bag. Neither do most legislators which households send to Augusta to keep an eye on their increasing taxes.

Gov. Angus King recently announced "his" 1998-1999 Maine State Budget. It increases to \$3,776 billion over the last biennium of \$3,594 billion. It certainly appears that no matter who is governor at the beginning of a new millennium that Maine state government is going to cost over \$2 billion a year or about \$3,300 annually for each and every one of Maine's 1.25 million citizens.

And that, brother, is a load.

King's budget will never pass as presented. No biennial state budget ever goes or is expected to. There are 186 lawmakers, a hoard of fringe special-interest groups including some 283 (and counting) registered lobbyists privately compensated at about \$3.5 million annually attempting to influence legislation which, of course, influences the final budget.

Obviously, as the original budget gets amended mainly by political influence through legislation, the budget numbers are cooked into pork hash which must be distributed to feed the hungry bureaucracy. This, in gummint speak, is called a balanced budget.

Just two of King's budget bangaroos will probably rise to acrimonious floor debate which could get downright nasty. It should be noted that although the Democrats are in majority of both House and Senate, and King is really a Democrat in politically transient independent duds, the passing of a budget requires a two-thirds vote and will require acquiescence (with protest) by Republicans.

Last session the R's worked hard and long and with some help from Democrats (the House was partisan paired) to pass an income tax cap. Essentially, this was a stopper on the percentage tax rate

of increase for wage earners. The R's said it would help a majority of low- and middle-income workers with their household budgets. The D's said it would help the more wealthy. There's some merit in both arguments.

But the tax cap (which would not go into effect until this biennium budget) certainly was a warning shot across bureaucracy's bow to cut its spending. King's budget, instead, kills the cap and savings for wage earners to balance his budget. The governor's speculation is that the tax cap would merely transfer tax increases to the generic whipping boy -- local property taxes.

King also nails a couple other Republican initiatives of last year deleting in his new budget \$18 million for special funding for hospitals disadvantaged by "tax and match" and another \$50 million eliminating DSH payments to local hospitals.

The Democrats, on the other political hand, may not be too enthused with King's budget balancer of closing all state retail liquor stores. It should be understood that Maine government is not "getting out of the liquor business" as many believe. If all state stores were closed, Maine still would be in the wholesale liquor business (with revenue of some \$20 million annually) and private sellers would still have to purchase their inventory through the state system.

King says that laying off 110 liquor store employees and closing the stores would save \$8.5 million. No subject or department was more thoroughly researched over the past four years than Maine's liquor privatization plans. It was rife with problems and what amount of "savings" as one of them. Even many Republicans opposed privatization when the facts and figures were debated in committee.

It will be interesting to see how the majority Democrats handle the proposal. The D's are more friendly with labor unions. (From another corner comes the Christian Civic League assuming that privatization would increase liquor consumption.) And Senate President Mark Lawrence of Kittery may have a political dilemma if he agrees to closing Maine's only discount liquor store in his hometown.

The bottom line is that the tax collector takes so much of your earnings to balance the budget that you just can't budget the balance. (Veteran newsman and columnist Mike Brown writes regularly on the Augusta political scene. His views are his own and do not necessarily reflect those of The Citizen.)

THIS WEEK AT THE Moses Mason House

All members and friends are reminded that the next monthly meeting will be held on Thursday, Jan. 2, in the meeting room of the Dr. Moses Mason House at 7:30 p.m. The program will feature a presentation on festivals, observances, and celebrations in Bethel's past beginning in 1856. Anyone interested in attending this meeting is cordially invited to do so.

LOOKING BACK

10 years ago: Winners in the Bethel Area Chamber of Commerce's Christmas decorating contest were: Shirley and Bud Clough of the Flat Road, West Bethel; Dale and Barbara Stevens of Middle Intervale Road, Bethel; Glen Mountain House, Bryant Pond; and Baker's Bed and Breakfast, Newry. Ginger Kelly, owner of Maine Street Realty, and Ross Joly, owner of Joly Real Estate of Cape Cod, Mass., announced plans to merge their operations. John Praigg, doing business as the Locke Mills Marketplace, filed for bankruptcy. Kate Nickerson won the Bethel Area Health Center's Care Bear. Marriage: Rebecca Stearns and Leo Cyr. Deaths: Charles Melville, Lawrence Kimball, Ernestine Smiley, Arnold Shatney, Menna Jacobs, Elwood Richardson.

20 years ago: Sunday River Inn announced it would serve as headquarters for the winter program of the Hurricane Island Outward Bound School. P.H. Chadbourne Co. donated enough Vermont barnboard to complete the new stable, manger and corral used in the Living Nativity. Death: Pearl Cole.

30 years ago: Ralph Hall, Norma Jodrey and Nancy Lincoln of Bethel and Mrs. Lester Bickford of Locke Mills were top winners in the Greater Bethel Chamber of Commerce's 1966 Home Decorating Contest. Plans for the new school (now Telstar Regional High School) were presented for final approval to the SAD44 Building Committee. Bill and Meg Cousins and son Charles portrayed Mary, Joseph and the Christ Child at the 3rd annual "Living Nativity Scene." Births: Tracy Gordon, Lecann Coolidge, Pamela Walker. Deaths: Mary Abbott, Blanche Worcester, Amos Barnett, Robert Wermenchuk.

40 years ago: The Town of Bethel office received a letter from Merrill Tolman, Rumford Community Hospital administrator, expressing thanks for a \$500 donation. The Gould Academy Vespers were broadcast on WRUM, Rumford, through the sponsorship of local businesses. Frank Murphy, seaman, USN, serving aboard the store ship USS Vega, arrived in San Francisco from the Far East. J. Russell Graham, Bethel Grand Trunk station agent for nine years, began duty as agent at the Berlin, N.H., station. The annual Gould Academy alumni dinner and dance was held at Gehring dining room and William Bingham Gymnasium, with Lord's Orchestra furnishing music for dancing. Birth: Paul Dunham. Marriage: Alberta Baker and Yves Corriveau. Death: Nathan Grover.

50 years ago: The Bethel Methodist Church choir, under the direction of Phyllis Dock, presented the Christmas cantata, "King of Kings." The Gould Academy Gehring Hall girls held their annual Christmas Tea; many faculty, trustees and parents enjoyed the seasonal decorations and food prepared by the Home Economics girls under the direction of Miss Vose. Bethel Grammar School's Bobby Tift led the offense in the first-of-the-season successful basketball game against Oxford Grammar School. Birth: Paula Blake. Marriage: Geneva Lane and Emery Vail. Deaths: Mrs. Tilson Burke, Geraldine Heikkinen, Mildred Lyon.

100 years ago: D.D. Matherson sold his meat business to John Yates. Many people in Bethel were putting in their ice, 12- to 16-inches thick. J.O. Sanborn came home from Umbagog with 200 pounds of pickeral. A nice, warm day last week ended three weeks of good sleighing. Prof. William Rogers Chapman met with the Bethel Auxiliary of the Maine Music Festival to plan the summer concert schedule. T.S. Hutchins received a \$10,000 legacy from a relative in California. John Rollins and Hazen Lowell of West Bethel were cutting pulp in the Bog for A.S. Bean. Marriages: Thomas Hutchins and Hattie M. Harris, Irving Kimball and May L. Holt. Death: Fannie E. Cummings.

Corrections

GOP meeting date. The January meeting of the Oxford County Republican Committee will be held on Tuesday, Jan. 14.

Snowmobile club donation. Following the fire that destroyed the home of the Appleby family in Woodstock, the Greenstock Snow Sports donated a Christmas tree, decorations, new and old clothing, and money to the family.

The Bethel Citizen

P.O. Box 109 • Bethel, Maine 04217 • (207) 824-2444 • 800-9BC-NEWS

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Deadline for town, club and organizational news items is Saturday noon. Advertising deadlines: Display ads, Monday, noon; Classified ads, Monday 2 p.m.

The publisher reserves the right to reject, omit or edit any material offered for publication. © 1995 The Bethel Citizen.

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Briefly

Stay off the ice

AUGUSTA--The recent unseasonably warm weather has ice fishing enthusiasts wondering whether the ice will be thick enough to hold them when the season opens on New Year's Day. Four inches of ice are needed for safe fishing. Paul Reynolds, spokesman for the Maine Department of Inland Fisheries and Wildlife, recommends that people simply stay off the ice everywhere in the state. He said most of the ponds in Western Maine are open in places, if not entirely open.

AWD schedules meetings

ANDOVER--An Andover Water District public informational meeting has been scheduled for Thursday, Jan. 9, according to trustee Ann Glazier. Its purpose is to discuss the new well project. Glazier said trustees are currently looking into the Meade property for possible placement of a reservoir, and the Ricker property for possible placement of a well. Selectmen Tuesday appointed Dave Greig to finish the term of trustee Laurie Vogt-Barter, who recently resigned. Glazier also said that engineer Al Hodson has been rehired by trustees to work on the project. Two attorneys, Alan Stone of Lewiston and Mike Stevens of Andover, have also been hired. Stone will deal with federal and state agencies, while Stevens will handle landowner negotiations. The informational meeting will be held at the Town Hall, and starts at 7:30 p.m. This week's regular trustee meeting will take place Friday, Jan. 3, at 7 p.m. at the Andover Elementary School. The town hydrants will be discussed at that meeting.

N.H. hotel gambling bill introduced

GORHAM, N.H.--State Rep. Lawrence Guay of Gorham has introduced an electronic gambling machine bill into the New Hampshire House. The bill is intended to help preserve the state's grand old hotels, according to the Coos County Democrat. The bill would legalize the machines at hotels such as the Mount Washington and the Balsams. Guay said he was prompted to introduce the bill as a result of another bill currently being drafted that would legalize gaming machines at race tracks in southern New Hampshire. "If they have it there and we don't," he said, "this area would be on the losing end." His bill will define the term "grand old hotel" and work out the details of introducing the machines.

Whooping cough reported

PORTLAND--Thirteen cases of pertussis (whooping cough) have been reported in southern Maine, according to the Portland Press Herald. The highly contagious disease, which can be deadly in small children if left untreated, has appeared in elementary and high schools in York, Cumberland and Oxford counties.

ALA offers ski card

AUGUSTA--Cross-country skiers can support the American Lung Association of Maine by purchasing a cross-country Ski Privilege Card. The card features 15 cross-country centers, with half-price skiing for card holders and up to four family members or friends each day. Proceeds from the card help support ALA-Maine programs, including their campaign to reduce youth smoking in Maine.

British invade New England

BRETTON WOODS, N.H.--Many skiers from the United Kingdom are coming to New England this winter instead of to the Alps, according to the Boston Globe. The skiers number approximately 15,000, and they're heading for the New England slopes because the ski package is cheaper, friendlier and offers more snow-making capability, according to tour organizers. In 1984, five British skiers made up the first organized trip across the Atlantic. They spent a week at Killington. This year, Killington and the other American Skiing Co. areas will host some 12,000 British skiers. The cost for a week in New Hampshire was estimated at \$1,095, including air fare, other transportation, lodging, tickets, breakfast and dinner. A package in France, Switzerland or Italy would cost \$1,200, \$1,000 and \$830, respectively, and be far inferior, according to one skier interviewed.

Down East publisher investigated

ROCKPORT--Allen Fernald, publisher of Down East magazine, is a victim in an investment case under state investigation, according to his lawyer. Fernald and Dr. Gordon Paine have been ordered by Maine Superior Court Justice Donald Alexander to respond to a subpoena regarding the investigation, according to the Knox County Courier-Gazette. The investment fraud investigation is the largest in Maine history, the state said. No one has been charged, but the state is looking into whether securities were being sold illegally and investors not informed of the risks involved. Fernald's attorney, Stephen Hanscom, said that money invested by Fernald was his own and not connected with the magazine.

MMA, technical colleges to collaborate

BANGOR--Leaders of the Maine Technical College System and Maine Maritime Academy signed a formal agreement last week to explore collaborative, cost-efficient ways to enhance educational opportunities for students. The officials also signed two articulation agreements to facilitate the transfer process for graduates of Washington County Technical College's Associate of Applied Science program in Marine Technology and Eastern Maine Technical College's Associate Degree program in Business Management to enroll with junior status at MMA for a B.S. in Marina Management.

DEP issues lamp policy

AUGUSTA--The Department of Environmental Protection has issued a policy to promote safe recycling of fluorescent lights, which contain mercury. The guidance establishes safeguards and helps businesses and institutions avoid some of the high costs of handling hazardous wastes. When a lamp is broken or disposed of in an incinerator or landfill, the mercury can contaminate air, soil, surface water and ground water. State and federal regulations govern the disposal of the lights. For most organizations (excluding households), disposing of mercury-containing lamps would involve hazardous waste testing and determinations. But under the new policy such determinations are not necessary if the lamps are kept intact and properly recycled. Copies of the policy can be obtained by calling 207-822-6300 or 207-287-2651.

Woman burned pumping gas dies

ROCHESTER, N.Y.--A 19-year-old woman whose clothes caught fire moments after she pumped gasoline into her car Sunday has died from burns. Mary Sandman pumped the gas, then drove a few yards away and parked. She apparently then lit a match that ignited a ball of flame inside the car. She ran from the car, and the flames were extinguished by bystanders. Some gasoline apparently fell on her clothes, according to investigators. The car's gas tank appeared to be working properly. Sandman was burned over 90 percent of her body.

Eisenhower note displayed

WASHINGTON--In a capital where apologies are framed to sidestep blame, the National Archives has put on display one man's historic, unambiguous acceptance of responsibility. It is a slip of paper on which Dwight Eisenhower scribbled a statement to be issued if the D-Day invasion of the European mainland in World War II turned out to be a failure. The statement was carried folded in his wallet, and is one of a smattering of the 4 billion government records held by the National Archives and recently put on exhibit. Eisenhower's note -- written on June 5, 1944 -- read, "My decision to attack at this time was based upon the best information available. The troops, the air and navy did all their bravery and devotion to duty could do. If any blame or fault attaches to the attempt, it is mine alone."

From the Bethel Police log:

Driving violations keep police busy

On Wednesday, Dec. 25 at 8:03 p.m. a vehicle was reported to be operating erratically while westbound on Route 2. The subject was stopped in the Route 2 rest area. He showed no signs of intoxication. The subject said he had been traveling all day and was fatigued, and had pulled into the rest area to take a nap. No further action was taken.

At 8:34 p.m. a Bethel Mainway/Irving employee reported a juvenile was observed taking store items and putting them in his pocket. He was released to a Bethel resident, with whom he was staying. A report was to be completed for the juvenile intake officer.

Friday, Dec. 27

At 7:27 a.m. police stopped a subject on the Sunday River Road for speeding (62/45). A license check showed he was currently under suspension. Gerald S. Nowlin Jr., 28, was arrested for operating after suspension and was transported to the Oxford County Jail for processing.

At 10:28 a.m. a Bethel resident advised she had been in an argument with her boyfriend, and requested that he be removed from her residence and advised not to return. Police went to the residence and spoke with the subject, who said he was leaving and would not be back. He was advised if he returned he would be arrested for criminal trespass. He stated he understood.

At 7:20 p.m. a subject was stopped on Route 26 for a defective headlight. A license check showed his right to operate in Maine was under suspension for failure to appear. The subject was also wanted for failure to appear in Bangor District Court. Kevin M. Crosby, 24, of Marblehead, Mass., received a summons for operating after suspension and was arrested on a warrant for failure to appear.

At 9:35 p.m. a subject was stopped for speeding (72/50) on Route 26. A subsequent license check showed his right to operate in Maine was under suspension. Peter D. Bogdonoff, 40, of Hampton Falls, N.H., received a summons for speeding and was arrested for operating after suspension.

Saturday, Dec. 28

At 11:50 p.m. a driver was stopped on Mechanic Street with two subjects riding on the back bumper of the vehicle. Sean M. Kangas, 19, of Bethel was charged with driving to endanger.

Sunday, Dec. 29

At 11:58 p.m. a subject was stopped on Route 26 for defective tail lights. A search of the vehicle produced a small amount of drug paraphernalia and a small amount of marijuana. Blake A. Dubin, 19, of Saco was issued a summons for possession of a usable amount of marijuana.

This report highlights points of interest from the Bethel Police Department log, but does not include all reports of police activity. To reach the Bethel Police Department, call 911 in emergency situations, 824-3437 in non-emergencies. An answering machine takes calls when an officer is not in the office.

FROM THE

Bethel Area Chamber of Commerce

Skiing members of the Bethel Area Chamber are encouraged to take advantage of the discounting programs that both Mt. Abram and Sunday River offer.

Chamber season passes at Mt. Abram are available for \$150 (good Sunday through Friday, day skiing only) or \$200 with night skiing included. These passes are transferable to employees or family members and are purchased directly from Mt. Abram.

Mid-week non-holiday passes to Sunday River are available for \$380. A chamber business can purchase up to five of these passes.

Both ski mountains make available their "corporate ticket program" to chamber members, too. Day lift tickets, either mid-week or weekend, can be purchased for discounted prices, only to chamber members. Call the chamber office at 824-2282, for more information on any of the above offerings.

Mt. Abram is actively soliciting interested individuals or groups of skiers to join their Thursday evening race series. Please call Leslie at Mt. Abram, 875-5003, for more information on this.

The Sunday River Inn has produced a "no-nonsense, no advertising" Bethel area map in a tear-off pad format. They would like to sell them at their cost, \$2 a pad, to interested members. Call them at 824-2410 if you would like some.

We would like to get the word out about the Sunday River-Bethel Trolley Service, which is a free transportation option between Sunday River and the Bethel Inn (with several stops in between). The service starts at 12:15 p.m. each day and makes hourly loops with stops at South Ridge, Snow Cap Lodge, White Cap Lodge, Summit Hotel, Sunday River Brewing Co., Casablanca Cinema, Bethel Foodliner and the Bethel Inn and ends at 10:15 p.m. Sundays through Thursdays and 12:55 a.m. Fridays, Saturdays and holidays.

Many thanks to Doug Zinchuk who is keeping watch over the community Christmas tree lights. The rainy and wet weather has played havoc on the electrical connections, so the lights tend to keep going out. Doug is doing a great job making sure the tree looks beautiful fully lit each evening.

The chamber staff has been keeping the office open seven days a week for its members' and visitors' convenience. They have extended office hours on Mondays and Thursdays from 8 a.m. to 8 p.m. and Saturdays and Sundays from 10 a.m. to 6 p.m. Other days you may find the office open from 8 a.m. to 5 p.m. On behalf of all of us, we wish all of you a very happy, healthy and prosperous 1997.

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Thomas M. O'Meara M.D.

Catherine Dorr, P.A.-C

Cathy Heffernan, Certified Nurse-Midwife

Ellen Crocker, Licensed Counselor



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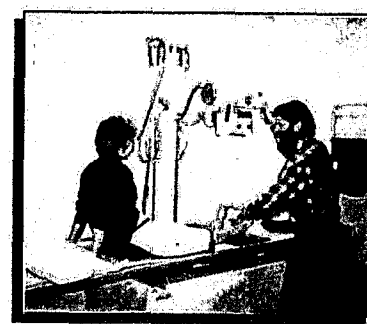
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Snow Ball
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- Jan Whitworth, P.A.-C
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CASUAL DINING

In our Mill Brook Tavern, a great spot for lunch daily and now serving dinner Fridays and Saturdays 6-10 pm. Featuring great food and great times for everyone! Join us for our Grand Opening this Friday, Jan. 3rd and treat yourself to 1/2 priced appetizers and 2 for 1 dinner specials!

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A Bethel Inn tradition since 1913. Enjoy candlelight on the tables, music on the Steinway and outstanding cuisine served every night upstairs at The Inn. A wide variety of entrees and Chef specials start at \$14... and there's even a children's menu with movies in the Gibson room for kids after dinner.

JAZZ BRUNCH (starts this Sunday)

Featuring the smooth sounds of Mickey Felder Duo, cooked to order omelettes and our unlimited buffet served 11 am - 2 pm every Sunday in our Main dining rooms. Make your reservations today.

EVENING ENTERTAINMENT

Apres ski every Saturday from 4-6 pm in our Mill Brook Tavern with soloist Bill Shimamura and 1/2 priced appetizers. Then at 9:00 pianist Jim Stoner holds court with your favorite songs of yesteryear.

CROSS COUNTRY SKIERS

Take a one day ski vacation with our ski, swim and sauna ticket. For just \$11 enjoy 40 km of Bethel's finest X-C ski terrain and unlimited use of our health club with outdoor heated pool and saunas. Call our ski shop for all the details (207) 824-6276.

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Top stories

Continued from page 2

Bryant Pond residents spring to environmental action

Environmental problems often seem too large for individual efforts to really make a difference, but in 1996 some Bryant Pond residents showed that sometimes acting locally can make all the difference.

In January, the Maine Department of Transportation decided to close a Route 26 roadside spring. MDOT said testing of the spring -- a source of drinking water for over 50 years -- revealed an unacceptable bacteria count.

MDOT was concerned the spring, which is located in its right of way, could be a liability risk for the state.

But spring users, dismayed at the loss of their water, gathered 600 signatures on a petition opposing the closing. A cooperative effort among area residents, MDOT and Jim Chandler of the Oxford County Soil and Water Conservation District finally produced a solution.

The outlet pipe was redesigned to prevent contamination from outside material, and a regular testing schedule was set up. The spring reopened in July.

In March, quick action by the Woodstock road crew and fire department prevented oil from an overturned tanker truck from reaching Lake Christopher.



The Bryant Pond spring is safe to drink again.

The truck went off the side of Route 26 on Merrifield Hill, spilling 6,000 gallons of number six oil into a roadside stream.

But the local crews were able to quickly fashion a makeshift dam of sand and plywood, preventing the oil from reaching the lake. State and private company crews handled the long-term cleanup.

A week after the accident, at the annual Woodstock town meeting,

the town crew and fire department were honored for their efforts by the Community Lakes Association.

Rivers, trees and towers

In June, it was good news for the Bethel stretch of the Androscoggin River, as the Department of Environmental Protection decided it could be classified as swimmable. The stretch was one of two (the other in Lewiston-Auburn) that had

previously been considered not swimmable.

Water testing by the Bethel Pollution Prevention Team played a major role in the river's upgrading.

The hotly-debated clearcutting referendum -- with three options to choose from -- drew a different split in votes locally than statewide in the November election.

Among choices 2A (ban clearcutting), 2B (compact for Maine forests) and 2C (no change in forest practices), the statewide breakdown was 29, 48 and 23 percent of the vote, respectively.

Locally, however, percentages were 19 for 2A, 41 for 2B and 40 for 2C.

Item 2B will have to be revoked next November, leaving loggers and others in the area wood industry in a state of uncertainty.

There is still a possibility that in the meantime the state legislature will come up with an alternative law that might garner more broad-based support.

Plans to fix the Speck Mountain lookout tower fell through for various reasons, including mechanical problems with a helicopter and poor weather. Organizers are still in hopes the tower can be rebuilt.

Hollywood goes Gilead, while Bethel sees stars

As 1996 came to a close the Bethel area was waiting for its debut on the big screen.

"The Myth of Fingerprints" -- directed by Bart Freundlich and starring Roy Scheider, Noah Wyle and Blythe Danner -- was filmed in the area in early spring, largely at the Chandler Estate in Andover.

Bethel Village, Newry and Bryant Pond also played roles as filming sites in the independent movie, scheduled for release in 1997.

Many area residents appeared as extras in the film, which focused on relationships at a Thanksgiving family gathering.

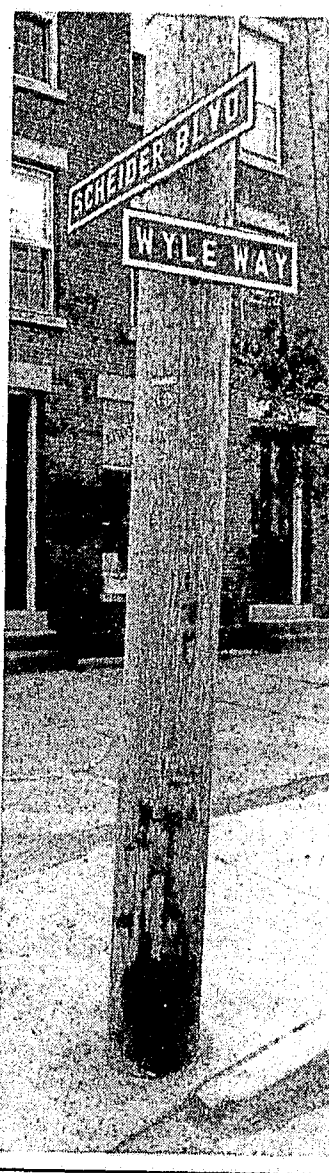
Area lodging, food and support service businesses also benefited from the movie crew's presence.

In December, the film was chosen to appear in January's Sundance Film Festival in Park City, Utah. "Myth" was one of 17 films selected from 500 applicants.

In September the film "Spitfire Grill" -- filmed in Vermont but set in Gilead, Maine -- hit the theaters. It starred Ellen Burstyn and was centered around a young woman trying to turn her life around after serving time in prison.

The film contained numerous references to western Maine locations, including (besides Gilead) Bethel and Lewiston.

Locally-produced video -- in the form of local access television -- was threatened when the Bethel Budget Committee and selectmen voted to cut funding for Channel IV. Voters at the annual Town Meeting, however, voted overwhelmingly to put it back.



Ski scene here goes big time, nighttime



American Skiing Company

Local ski news in 1996 was big and bright.

Big in Newry, now home to the continent's largest skiing company, Bright in Locke Mills, which now offers night skiing under the lights.

The big news came in February, when Les Otten announced plans for a merger with S-K-I Limited.

At the time of the announcement, Otten, through his holding company

LBO Enterprises, already owned Sunday River, Attitash-Bear Peak and Cranmore in New Hampshire and Sugarbush in Vermont.

The merger with S-K-I added Mount Snow, Haystack and the giant Killington in Vermont; Waterville Valley in New Hampshire and Sugarloaf here in Maine.

Citing anti-trust concerns, federal regulators forced Otten to spin off Cranmore and Waterville Valley, but he later purchased Pico in Vermont.

In announcing the merger with S-K-I, Otten said it would allow for economies of scale in purchasing and managing the various resorts, and would make possible far more coordinated marketing efforts.

The growth does not appear ready to stop. "It's going to be an interesting 24 months in the ski industry," said ASC spokesman Skip King recently. The industry's movement toward consolidation is "not done yet."

King said no new ASC deals are

currently in the works, but "there are possibilities in the U.S. and some in Canada."

With the industry consolidating at its current pace, the title of "largest company" will no doubt be passed around.

But back here in western Maine, ASC has already created nearly two dozen new jobs, King said, mostly well paid professional and technical positions.

Night skiing

On a more local scale, there was a very visible development in Locke Mills -- where Ski Mt. Abram began last week to offer night skiing.

The night skiing was made possible by an array of 80 lights, which illuminate 10 of the ski area's 35 trails.

The new lights carve in a graceful S-curve down the face of Mt. Abram, adding a lovely touch to the night sky over Locke Mills.

Hopes are high locally that the new lights will give the small ski area a much-needed boost.

Once again, our area saw little major crime in '96

The fatal shooting of an Andover man by San Diego police topped the crime news in 1996.

Lewis Danny Newcomb, 44, left Andover late in December of 1995. With him were Angela Smith, 16, and Phalan Haney, 14, also of Andover.

An arrest warrant charging Newcomb with criminal restraint was issued shortly thereafter.

The trio wound up in a motel in San Diego, Calif. in early January. Police tracked them to the motel, but Newcomb, who had a gun, refused to give himself up. He was shot and killed by police in the girls' presence.

'I think he made a decision that he wasn't going to go alive.'

CAPT. TOM HALL
San Diego Police Dept.,
on Danny Newcomb

The girls returned to Andover following the shooting. In September, however, Haney ran away a second time. She was eventually located staying with people she befriended in Northridge, Mass.

In February Charles Gill, who had posed as a psychologist at the Bethel Area Health Center, was sentenced on state and federal charges.

Gill pled guilty to a state felony charge of theft by deception, and had 16 misdemeanor charges of unlawful practice of psychology dismissed. He was sentenced to three years in prison, with all but 18 months suspended.

The sentence was to be served concurrently with a three-year, four-month federal sentence related to a guilty plea to mail and wire fraud charges, and making false claims to Medicare and Medicaid.

Other crimes in the Bethel area included an attempted strong-armed robbery of an elderly Bethel woman on Mill Hill; an alleged burglary and assault on two Woodstock men by three Buckfield residents; and a rash of vandalism, harassment, fighting and other disorderly behavior, mostly by juveniles, in Bethel Village.

SAD44 budget now goes to referendum vote

1996 brought the first school-budget referendum vote to SAD44.

Nearly 500 voters -- fewer than referendum supporters hoped for, but more than the usual turnout at previous district budget meetings -- approved a \$7 million general fund budget. The overall district tax assessment remained the same.

The year also brought the departure of Supt. Ron Jenkins, who had held the position for three years.

Jenkins' job evaluation was the subject of controversy through the spring and summer. Although the evaluation itself was never discussed publicly, there were allegations by some School Board members that other directors wanted to hold a "no confidence" vote regarding the superintendent.

Jenkins left Oct. 1, to take a job as superintendent of Indian education in Maine. Dr. Kent Webster was hired as interim superintendent for the remainder of the school year.

At year's end a Superintendent

Search Committee continued work to hire a permanent replacement.

1996 also saw the departure of longtime school directors Merton Brown of Bethel and Margaret Hand of Woodstock, who both moved out of the district. Both had served as board chairman for part of their tenure.

SAD44 towns joined other vocational Region 9 members in defeating a proposed NOVA addition to Mountain Valley High School in Rumford.

At year's end the NOVA board was considering leasing the former Stephens High School in Rumford to house the vocational programs.

The three-year-old gymnasium floor at Crescent Park Elementary School received a soaking in October when an errant ball caused the fire sprinkler system to go off.

Damage to the floor was not as extensive as first feared, and it was decided to simply sand the slightly warped floor boards.

Local sports teams turn in strong seasons

Bethel area teams had seasons to be proud of in 1996, with some squads bringing home championships and others falling just short.

The Gould Academy girls' alpine ski team won the New England Prep School Division I championship in February, while the boys' team won the Maine Independent School championship.

A French skier who trained with the Gould Academy team won the State of Maine Cup slalom race at Mt. Abram in January.

Isabelle Fabre, a rookie on the Women's Pro Ski Tour, fine-tuned her slalom technique with help from Gould coach Tim LaVallee in the days leading up to the race.

Auburn's Julie Parisien won the giant slalom race.

In basketball, the Gould boys' team advanced to the semifinals of the Western Maine Class D State Tournament before losing to Richmond.

The Telstar High School boys'

basketball team went to the Western Maine Class C Tournament for only the second time in school history. The Rebels played tough, but were beaten by Traip Academy in a preliminary round game.

In the spring, the Rebel baseball team also went to the playoffs, beating Traip but then losing to Hall-Dale High School in the Western Class C semifinal game.

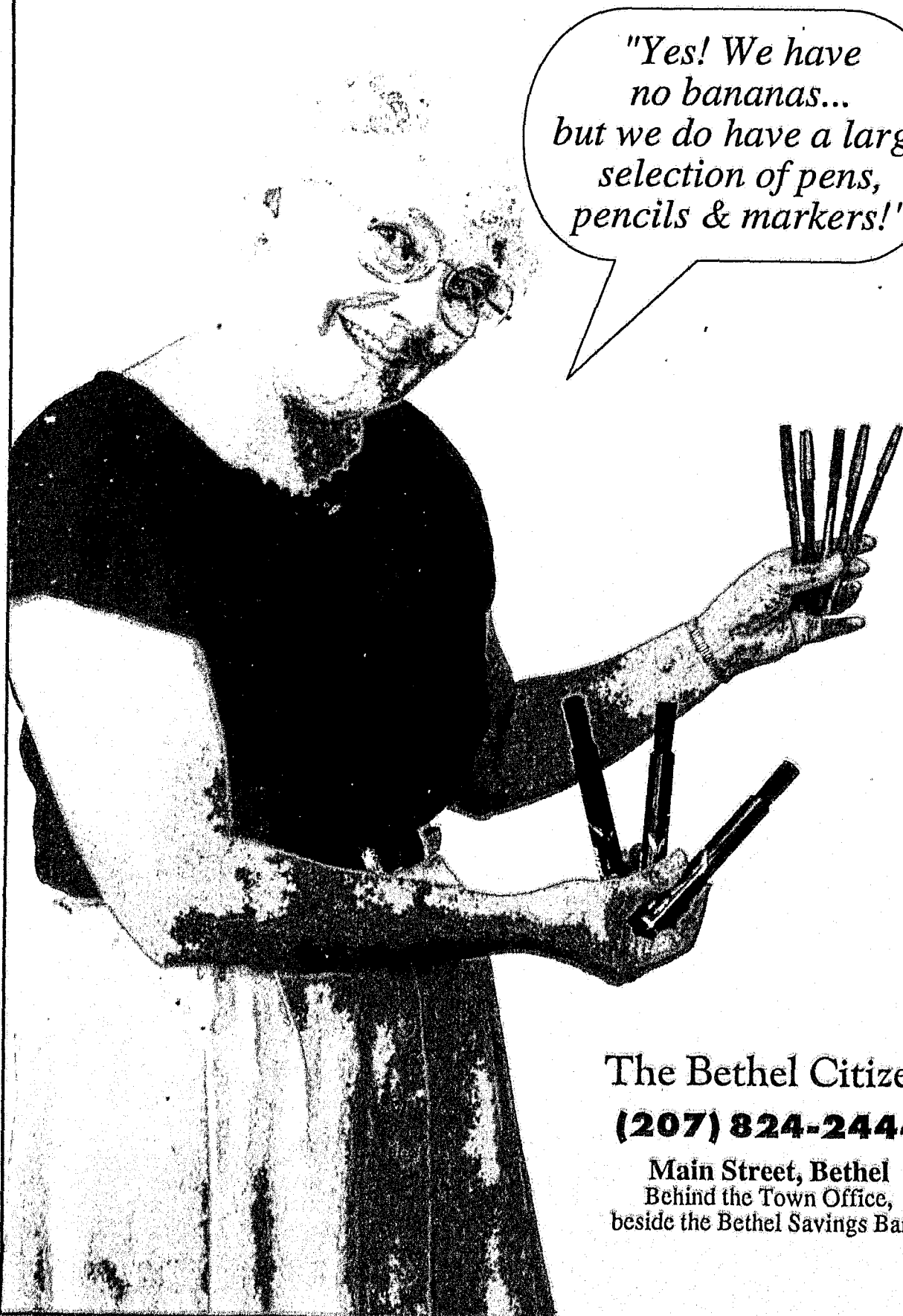
Fall brought the Telstar field hockey team within two goals of the Class C state championship. The Rebel girls won the Western Class C crown, beating Yarmouth High School, but lost to Hall-Dale in the state championship game.

The Gould Academy field hockey team won the MAISAD championship, then advanced to the final game of the New England Class C Prep School Championships before being defeated by Berkshire School.

The Telstar soccer team advanced to the Western Class C semifinal game, but lost to Falmouth.

Nana Wight Says...

"Yes! We have no bananas... but we do have a large selection of pens, pencils & markers!"



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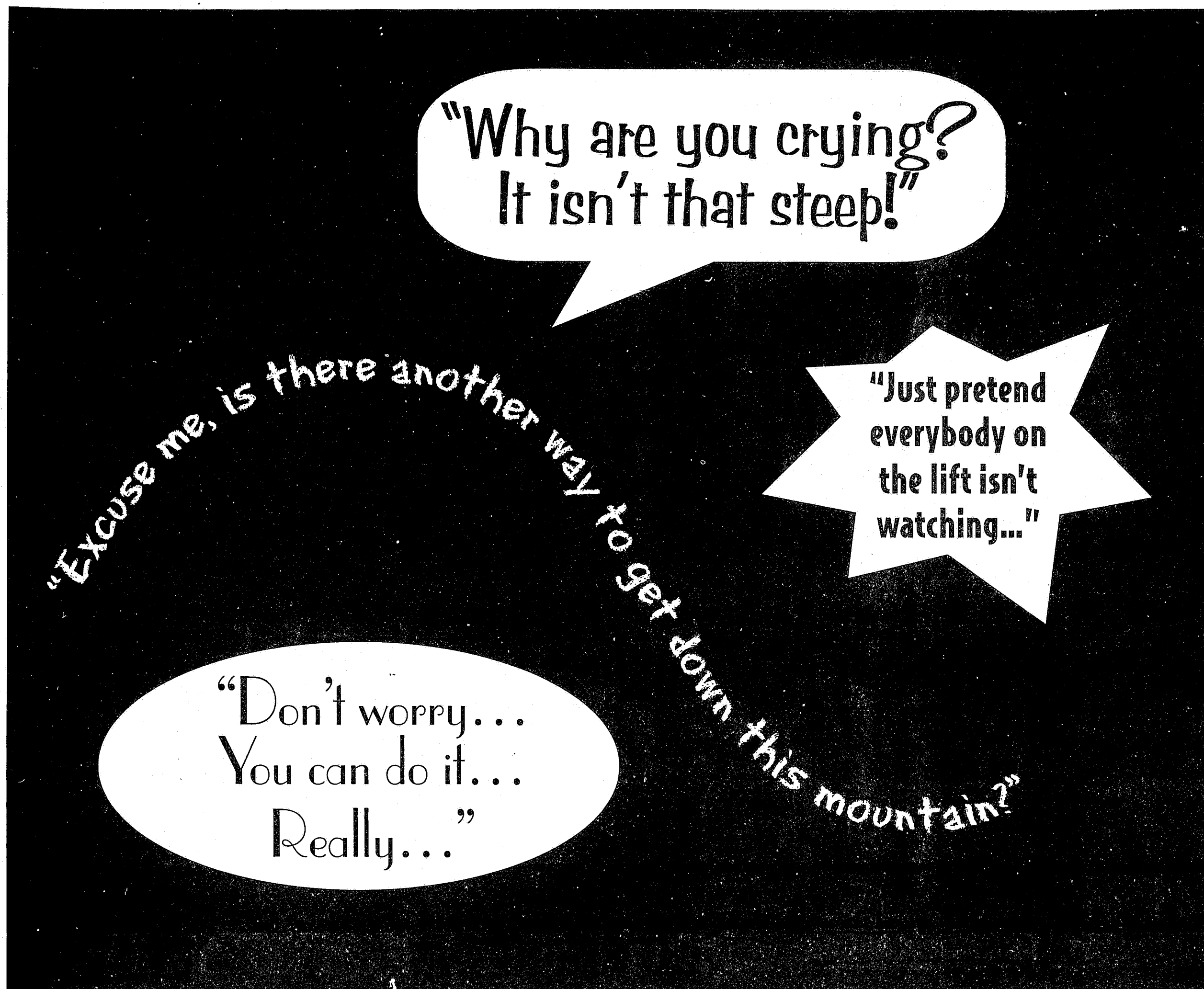
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No Matter What's Said On The Mountain,
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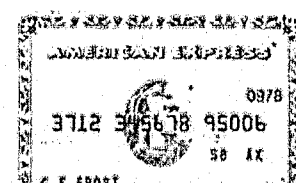
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Cards

Bethel



by Phyllis Dock

Last weekend Mr. and Mrs. Robert Lichtenstein and son Ryan visited Bethel and on Monday Sarah Stevens, and on Monday Carol and Kimberly Sweetser of Norway and Michele Sweetser of Chevy Chase, Md., also visited them.

Timothy and Jody Carter of Washington, D.C., spent Christmas week at the Carter Farm on Intervale Road.

Gretchen Dock of Boston arrived at the Norman Dock's on Tuesday, and on Christmas afternoon Diane Cross of Sudbury Village joined the family for the opening of gifts.

On Christmas Eve, Norman, Phyllis and Gretchen drove to Lewiston to join their grandson Jim Dock, Heidi Moore and family for dinner and the sharing of gifts.

Also, Drs. Carolyn Wilson and Stephen Dock of Greenville, N.C., were guests of the Norman Docks during Christmas week.

Helena Bartlett spent Christmas with her son and wife, Mr. and Mrs. Paul Bartlett of Locke Mills, and other family members.

Irene Russell spent Tuesday night and Christmas Day with Mr. and Mrs. Bruce Gagnon and family in Cumberland Center.

Sonny, Nancy and Ruth Cummings had dinner on Christmas Day with Mr. and Mrs. Wayne Cummings and Jordan, Abbie and

Macheala.

Cindy Millett and Nancy Fox brought lunch for three and Christmas gifts to Ruth Cummings Tuesday afternoon, and after lunch the three played cribbage. After checking out the apartment, Cindy's little dog Brutus had a nap.

Roger Dock of Glastonbury, Conn., Jim Dock of Lewiston, and Timothy Dock of Glastonbury/Clemson University, S.C., were weekend visitors of the Norman Docks.

Christmas came three days late for Bob and Ginny Keniston, as planned, but Saturday saw the whole family participating in the traditional ways at their home in Bethel. The household included: Martha, Glenn I. and Jonathan Bangs of Dresden; Glenn M., Julie, Kalyan and Abigail Bangs of Locke Mills; Deanne and Jeremy Witt of Londonderry, N.H.; Becky, Lennie, Jon and Jen Shaw of Bethel; Ted, Rachel, Shelley and Josie McKnight of Jericho, Vt.; David, Jodi, Heath and Heather Keniston of Norway; Peter, Stacey, Elise and Sarah Keniston of Turner.

Andover



by Karen McKay

The Andover Elementary School's Holiday Concert has been rescheduled to be held, Wednesday, Jan. 8, at 6:30 p.m.

The Andover Water District will

hold their next meeting on Thursday, Jan. 9, at 7 p.m. at the Town Hall. This will be an informational meeting to discuss the proposed water system and the consequences of the town withdrawing from the hydrant fire protection system.

The deadline to submit articles for the annual town warrant will be Jan. 16.

Congratulations to Joel and Linda Learned Putnam for the birth of their fifth child, Joseph Daniel, born on Dec. 16. Joseph joins siblings Jessica, 8; Joel, 6; Jeremy, 4; and Jennailee, 2. Paula Smith recently traveled to Danville, Ind., to greet her new grandson and visit with the family.

Students in town should take notice that Black Mountain of Maine in Rumford is offering SAD44 students a night of free skiing on Friday, Jan. 17. This offer does not include rental equipment.

Bryant Pond



by Alice Hoyt

On Sunday, Dec. 22, the families of Barbara Hathaway and her brother, Donald Bennett,

met at the Hathaway residence on Rumford Avenue for their annual Christmas get-together. A buffet lunch was served and the family band played Christmas carols, as well as other old-time songs. Attending were Donald and Elsie Bennett of Locke Mills; Dean and Sheila Bennett of Mt. Vernon; Rick, Karen and Abbie Bennett of North Norway; Jason and Julia Bennett of Northfield, Vt.; Leslie Bennett and Michael Greenberg of Silver Springs, Md.; Michael and Penny Hathaway of Madison, N.H.; Brian and Linda Stowell of West Bethel;

Tim Adams of Bethel; Sarah and Rachel Stowell of West Bethel; Bruce and Susan Glines of West Paris, and Barbara Hathaway.

A very good program, "The Mouse's Tale," was put on by the children at the Baptist Church on Sunday night. It was well attended. The children did a great job.

On Monday, the Ken Hoyt family held their Christmas get-together. Attending were Beth, Steve and Marybeth Hoover; JoAnn, Ray and Shawn Crockett; Jim, Maggie and Joseph Hoyt; Lauretta and Kellie Sanborn of Oxford; Bob and Gwenn Hoyt of Augusta, and Beatrice Farnum. A good time was had by all.

Each Wednesday at 3:30 p.m. and Thursday at 7 p.m. is Bryant Pond hour on Channel IV T.V.

On Jan. 2, at 11:30 a.m., the Senior Citizens of Woodstock and Greenwood will meet at the Town Annex for a potluck dinner and meeting. Please bring a dish to pass and your own place setting. Everyone welcome.

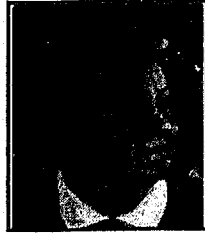
Best wishes for a healthy and happy New Year.

The Woodstock Historical Society museum is outstanding for quality and variety of its exhibits. It includes everything from antiques to original art. Attend a meeting of the society and find out for yourself. Curator Larry Billings has been reading material he hopes to share with society members. At the January meeting (Jan. 11), Ivan Morey will speak on his trip to Alaska.

Volunteers

Please call 623-2232 American Diabetes Association, Maine Affiliate, Inc.

West Paris



by Miriam Inman

Judy Lamb was at her mother Joyce Lamb's several days during Christmas.

On Christmas Day, Wendy and Bill Hayes, Peggy Lamb and John Beane, Ken and Paul Lamb and children were with Joyce Lamb. Newton was also able to be there for the day from the Maine Veterans Home.

Bill Aridas came to spend Christmas at the Blueberry cabin.

Gary and Lisa Latno, Ben and Roman had Christmas with her parents, Bob and Shirley Brocato in West Buxton on Sunday.

Vance and Connie Bacon and Ken had Christmas in Oxford with Duane and Jan Nichols.

Vince and Beverly Stevens had 17 for breakfast Christmas morning. They then were in New Gloucester for the afternoon with Vince's family.

Arlene Farr's, Stanley and Maxine Cram's Christmas guests were Terry, Georgia and Alicia Cram; Adam Cram and Karen; Amy Cram; Troy Fox; Ruth Hazelton; and Melissa Vining.

Todd and Tara and Todd II from New Jersey were at Walter and Kim Inman's overnight on Christmas. They, along with Walt, Kim, Verne and Waltie, and Vernon and Miriam all had Christmas with Ginny and Bill Aridas.

The Christmas family supper was held on Sunday evening at Goodwill Hall of the Universalist Church. After the supper, carols were sung in the Sanctuary with Jim Burke at the organ. Marta Clements and Walter Inman, Jr., sang "Oh Christmas Tree" in French. Santa appeared much to the delight of the children

young and old.

Last Sunday, Virginia Aridas, Vernon and I attended the church service in North Conway. Our grandson, Brant Sanborn, played the bells in a group.

On Saturday evening at 6:30, there will be a semi-public installation of new officers for Granite Lodge AF & AM. Refreshments will be served.

On Monday at 6:30 p.m. there will be the installation supper at Granite Lodge AF & AM followed by the meeting.

Thursday evening the board meeting of the Universalist Church will meet with Bob Clifford at his home.

North Newry



by Gil Seeley

Well, Christmas is over, and now we look forward to the New Year.

"The chief charm of Christmas is its simplicity. It is a festival that appeals to everyone, because everyone can understand it. A genuine fellowship whose source is our common share in the gift of the world's greatest Life which was given to the whole world."

I was invited to share Christmas at Ras and Karlene's home, with their granddaughter Michelle and her husband Paul and little nine-month-old Nikalaus Casey. Brent Bachelder, their son, and friend Peter Haraty from Providence, R.I., who cooked and served the dinner. Polly Mahoney and Kevin Slater of the Mahoosuc Mountain Adventures were there, also. And we must not forget Muffin and Princess, the dogs. It was a time of sharing gifts, good food, and lively conversation. Happy New Year!

See NO. NEWRY, page 7

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JERRY MAGUIRE (R) Tom Cruise Nightly 6:45 & 9:15

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North Newry

Continued from page 6

The Sno-Mobile Club will meet Jan. 7 at 7 p.m. at the Town Building.

Happy Birthday to Sis Post. "May today be the start of a very happy and successful year."

Christmas Eve guests of John and Nancy Wight for oyster stew and tree were Tom Bartholomew; Brad, Brenda, Katie, Kurt and Kevin Wight; Loretta, Jason and Mandy Berry; Ed Powers, all of Newry; Michael Wight of Bethel; Terri, Dani and Slaci Littlehale of Locke Mills and West Paris; Ken Bacon of West Paris; Sam Bartholomew of Denver, Colo.

Sam Bartholomew is spending the week with his father, Tom Bartholomew.

South Woodstock



by Andrea Wing

We are happy to see all the help that is being given to fire victims Walter and Joanne Appleby and family. They are amazed at all the work and supplies that have been donated. We hope they get settled soon and wish them much luck in the future.

Pete and Laurene stopped by for a short visit one evening recently.

The Wing household was busy this Christmas Eve. There were 15 per-

sons who celebrated here by opening presents and having supper. We all had a wonderful time.

Nick and Marta Clements had all their children and grandchildren home for the holidays. Their son Bruce and his wife Cindy, and granddaughter Sarah came from Weare, N.H. Also, son David and his wife Audrey, and granddaughter Carolyn came from Birmingham, Ala. Another son, Eric, also spent the day with the family.

Larry Billings, curator, Woodstock Historical Society reports that the December meeting featured a potluck supper and a Christmas party. President Helvi Cary and Leon Conant provided the tree. Mary Billings helped organize the supper and provided place mats. Ruth Cox gave a research report of Christmas readings. The Hathaway family gave a book on the old telephone company. Secretary Kathleen Bean reported on the tribute to Ruby Emery. Thanks to Mary Cobb for a large photo of Ruby.

Ivan Morey will speak on his trip to Alaska at the January meeting of the Historical Society.

Tommy Poland and family held a Christmas get-together at Tammy and Vernon Davis' home in Bethel on the Sunday before Christmas. There were over 32 who attended the celebration.

I visited a short time with Janet Benson and Pam in the crowded grocery store on Tuesday. It was good to see them and wish them a Merry Christmas.

Have a Happy New Year everyone!

Quote of the Week: "I've learned that even if a million people say

something is right it doesn't make it right."

East Bethel



by Nancy Mercer

Arthur and Betty Smith were in San Francisco for Thanksgiving with their sons and other family members. Their two sons came to Maine for Christmas.

Ruth Bethel, Peggy Coolidge, and Polly Smith went with Mr. and Mrs. Roger Twitchell on Dec. 17 to the Senior Citizens dinner at the Bethel Legion Hall. All had a very good time.

"Butch" Crockett and son Jarrod had supper on Dec. 26 with Stan and Esther Wilson.

Mr. and Mrs. Stan Wilson hosted a big Christmas gathering on Dec. 24. Attending were Mr. and Mrs. Paul Kimball, Mr. and Mrs. Aaron Crockett, Mr. and Mrs. Mike Crockett, Grace Gibson and Ed, Jackie Libby, Ron and Michelle Cary and daughter, Butch Crockett and Jarrod, Jessica Corriveau, George Crockett and Caroline Bachelder, Ron and Karen Gilbert and two children, and Daisy Coolidge.

Polly Smith had Christmas dinner

See EAST BETHEL, page 8

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Sunday the 29th Bob Marley (comedy)

JANUARY 1997

January 3 & 4 Martin Swinger
Friday the 10th Murphy's Lawbreakers

Saturday the 11th Duo Glyde
January 17 & 18 Rip & Dan
January 24 & 25 Hal Lefferts
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SOUP
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ENTREE
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SALAD
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SNOWTUBING NIGHT SKIING

East Bethel

Continued from page 7

with Gary Smith and Wanda Howard in Rumford.

On Dec. 28, Donna Bernard of Andover took Polly Smith to South Paris to visit Freda Edmonds and Lillian Moore.

On Dec. 24, Neil and Linda Olson visited Polly Smith and told her that Arnie Cummings was at the Pittsfield Nursing Home, Pittsfield, ME 04967. He is Neil's uncle.

Clare Piawlock had a big family gathering at her home on Dec. 24, except for Terry who came on Dec. 23.

Mr. and Mrs. Craig Aube of Portland and Mr. and Mrs. Richard Sullivan of Connecticut were at Neil and Linda Olson's for Christmas.

Marilyn Mollicone of Augusta visited Leslie Noyes on Dec. 25.

Carolyn Grant of Winterport and Alice Grant of Cape Elizabeth visited Leslie Noyes on Dec. 21 and 22.

Elsie Grant of Laurel, Md., is visiting Leslie Noyes now through New Year's.

Mr. and Mrs. Chris Olson with sons Kane and Karl visited Mr. and Mrs. Robert Kane in Oisfield for Christmas.

John and Penny Kittredge had a big family gathering on Christmas night with Peggy Coolidge, Mary Bean and Arthur Hertell, Steve and Pam Wojtyasiak of Westbrook, Mr. and Mrs. Peter Bean and children Monica and Chad.

Millie Jackson is recovering from surgery on Dec. 10. She had a pinched nerve in her neck and it was corrected with a piece of bone from her hip. She said it is slow but coming along.

Rudi and Barbara Honkala spent Christmas in Gorham, N.H., with her brother, Bill Hastings, and his family.

All of Bob and Gertrude Hinkley's children and grandchildren came for a Christmas gathering on Dec. 24.

Kip and Les Krichko and children of Connecticut visited Florence Hastings for Christmas. Florence spent Christmas between the Bancrofts of Paris Hill and the Mortons of Hanover.

Mr. and Mrs. Chris Rowinski and son Jake of Denver, Colo., visited Florence Hastings during Christmas week.

Lucy Nordahl's mother passed away during Christmas week.

Peter Haines had the family at his place on Dec. 21 for a big Christmas dinner and exchange of gifts. Attending were Nancy Mercer, George and Charlene Haines with Lisa and

Jim, John and Nancy Haines with Beth Ann and Joey from Greenwood.

Dori Hallman, with Heather and Whitney, of Durham went with Arlene Harrington to Mr. and Mrs. Rick Merrill's in Andover for Christmas dinner.

Charles and Mary Lee Haines had their family Christmas on Dec. 28. Lendell Nevens of Carmel, N.Y.; Chuck Haines and his family; Mr. and Mrs. Bernie Haines and Danielle of Tamworth, N.H.; Mr. and Mrs. Scott Haines and Dominic of Raymond, N.H.; and Floribel Haines had Christmas dinner and tree.

Jean Grover's mother, Mildred Howe, of Waterford will be 100 years young on Jan. 5.

Marie Barker, Mr. and Mrs. Dana Dyke and children, Mr. and Mrs. Michael Kelly and children, and David Barker all gathered at Mr. and Mrs. Ron Dyke's for Christmas Eve and Christmas Day.

Albert Foster was at Rick and Linda Westleigh's for a Christmas Day supper of lobster stew and lobster rolls. There were 18 people there for the lobster feed.

Grace Smith and her grandson Ned visited Albert Foster on Dec. 29.

Jack Chappie's family from Massachusetts was up for Christmas.

Mr. and Mrs. Kenneth Crockett visited Ben and Stephanie Bollen and children Matt and Taylor in Laconia, N.H., for three days at Christmas. Mr. and Mrs. Ron Gilbert joined them for Christmas Day.

Ruby Coolidge had Christmas dinner with Stan Walker and his family on Dec. 25.

Ruby Coolidge and her family, Mr. and Mrs. Donald Walker and children, Mr. and Mrs. Steve Cross and children and Stan Walker had a Christmas dinner on Dec. 29, with the tree afterward.

Ruby Coolidge will be teaching Line Dancing on Jan. 8 from 7 to 8 p.m. at the Locke Mills Town Hall.

Leland Coolidge had Christmas dinner with Mr. and Mrs. Harold Bessey at Rumford Corner. Serena Emmons of Canton was there also.

Mr. Melvin Gallant of Rumford visited Leland Coolidge recently. They worked together at the paper mill.

Mr. and Mrs. Andre Bernier had a big family Christmas on Dec. 28. Attending were Mr. and Mrs. Paul Kimball, Jim Kimball and his family of South Paris, Mr. and Mrs. Bruce Tuominen and children of North

Norway, Sheila McCall of Wyoming, Joe Bernier and family of Lovell, Chris and Brenda Bailey and children of Andover, Michelle McGinnes, and Roger Bernier of Vermont.

Ryan Bernier is home from U.S.M. and Danielle Bernier is home from St. Joseph's College for the holidays.

Mr. and Mrs. Wayne Bean were at Dot Bean's for Christmas Eve. On Christmas Day they were at Mr. and Mrs. Rick Merrill's in Andover for dinner.

George Bethel is home for the holidays from U.R.I.

Mr. and Mrs. George Bethel, son George, and Mrs. Ruth Bethel had Christmas with Mr. and Mrs. Mike Connolly in Westbrook.

Daisy Coolidge had a Christmas Eve tree and refreshments with Denise Coolidge and her friend Dan from New Hampshire, Ken Mason and his sons Kenny and Tony, Mr. and Mrs. Peter Mason and Kurt, and Peggy Coolidge.

On Christmas Day, Daisy Coolidge joined Grace Gibson and friends for a Christmas supper at Grace's place.



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BRAVING THE ELEMENTS
The weekend's mild weather turned cold and windy Monday, keeping all but the hardest souls inside.
But it didn't stop Josh Morgan, 12, of Locke Mills from riding his bike to Bob's Corner Store to do an errand.

(Photo by Alison Aloisio)

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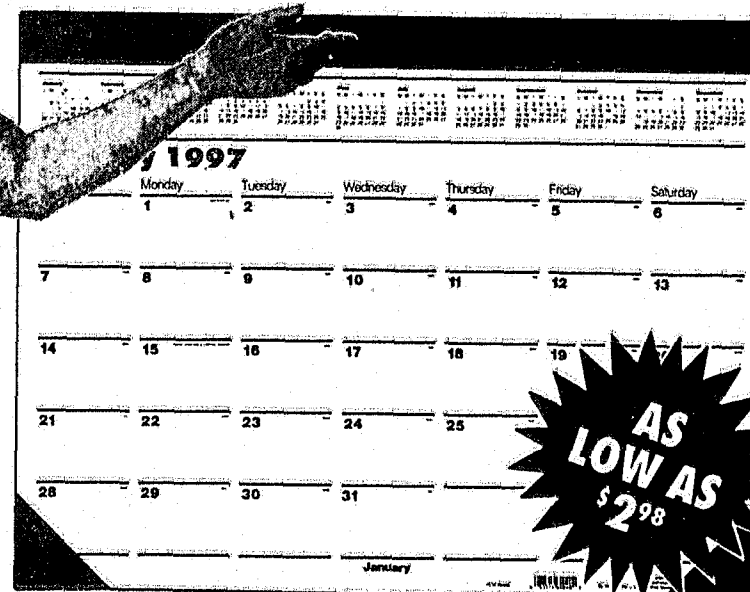


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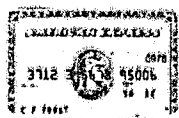
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1996-97 TELSTAR H.S. ALPINE SKI TEAM
Front (from left): Matt Hiebert, Sam Sayen, Malinda Gilbert, Tim Adams, Colin Reuter.
Second row: Julie Burgi, Danielle Littlehale, Toni Vacca, Becky LaVallee, Vicky Coolidge, Gail Aloisio, Jerry Bernier.
Back: coach Beth LaVallee, Chris Vaughan, Eric Mills, Matt Koskela, Vern Inman, Grayson Wakefield, Jason Billings.

New skiers, coach promise bright ski season

By ALISON ALOISIO

Experience for the girls and new faces for the boys add up to two very competitive cross-country ski teams, in the eyes of Telstar High School coach Bob Remington.

And in alpine, a coach who helped the Rebels to a 1978 New England Championship has returned, hoping to guide her skiers to a winning season.

Cross-country

Last year cross-country skier Liza Fyberg finished in the top 10 in both the 5-kilometer classical and freestyle state competition. She took second place in the classical, with a team that finished in the middle of the pack.

Remington is looking for another strong year from Fyberg. And the Rebels have lost no one to graduation, giving them an experienced core of skiers.

Fyberg is joined by fellow seniors Jessie Wight and Monica Rolfe, and junior Michelle McInnis. Rolfe is new to the team this year, as are freshmen Jenn Fyberg and Erica Gundersen.

McInnis and Wight finished in the top 20 in classical and 25 in freestyle, respectively, in last year's state competition.

"Monica could be the fourth girl to make the team better," said Remington. "She's potentially as good as the other three (returning skiers)."

For the boys' team, "throw in Colin and Forrest, and the boys become very competitive, too," said Remington, referring to freshmen additions Colin Reuter and Forrest Fyberg.

Two more freshmen, Chris Markum and Per Sandstrom, join returning senior Jerry Bernier and juniors Jayson Hebert and Kris Orrok to round out the seven-member boys' squad.

Like the girls, last year's boys' team finished in the middle of the pack. Bernier and Hebert were in the top 15 of classical and freestyle state competition, respectively.

Remington sees Mt. Blue, Fort Kent and Oxford Hills as the top team competition in Class A, while Mountain Valley, Edward Little and Skowhegan look to be strong in the combined cross-country and alpine competition.

But he's still optimistic about the Rebels. "The girls as a team look the best we've seen in quite a while, and the boys I've best in a couple of years," Remington said.

Alpine

It's been over 15 years since Beth LaVallee last coached the skiing Rebels. She returned to Telstar as a guidance counselor after spending the 1980s at Oxford Hills. She was an alpine coach for the Vikings as well.

LaVallee did not immediately take on coaching responsibilities at Telstar, because of concerns the guidance work load might be too great.

But now settled in guidance, she's also stepping into the coaching vacancy left by Tom Remington.

"I'm really excited about it," LaVallee said. "I enjoy working with them (the skiers)."

Her team of 19 includes a dozen boys and seven girls.

Lacking history with them, it's difficult for LaVallee to speak in depth about the skiers. She's confident overall, however.

"They're a very competitive lot -- they aren't afraid to go fast. I think we'll see some solid performances. I'm looking for them to be better than the middle of the pack, both boys and girls."

The lineup includes, for the boys, seniors Tim Adams, Jason Billings and Jerry Bernier; juniors Jay

Home, Matt Koskela, Eric Mills and Grayson Wakefield; and sophomores Matt Hiebert, Chris Vaughan, Sam Sayen and Vern Inman.

The girls' team includes junior Dani Littlehale; sophomores Malinda Gilbert, Vicky Coolidge, Toni Vacca and Julie Burgi; and freshmen Becky LaVallee and Gail Aloisio.

"I think some of them will stand out, while others will progress as the season develops and gain in confidence," LaVallee said of both the boys and girls.

LaVallee is assisted by Sunday River racing coach Fred Cowins, whom she also sees as a great asset to the team. "He's enthusiastic, he's an expert, and he's more than willing to share his expertise," she said.

The Bethel Citizen
 for local sports coverage

school lunch menu

WEEK OF JANUARY 6

SAD44 Breakfast Program
 Monday: Donut, fruit juice, milk.
 Tuesday: Cereal (assorted), fruit cup or fruit juice, milk.
 Wednesday: Funnel cake, fruit juice, milk.
 Thursday: Cereal (assorted), fruit cup or fruit juice, milk.
 Friday: Pancakes (2), syrup, fruit juice, milk.

SAD44 Lunch Program

Monday: Hamburger and bun, hot soup, garden peas, pears, milk.
 Tuesday: Breakfast ham, scrambled eggs, blueberry muffin, fruit juice, peaches, milk.
 Wednesday: Pizza or ravioli, bread/butter, kernel corn, applesauce, milk.
 Thursday: Hot dog, roll, baked beans, cole slaw, cherry crisp, milk.
 Friday: Steakum and roll, tossed salad, banana, milk.

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 ©1994, American Heart Association

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is your company considering a direct mail campaign?
 do you know how expensive it is?

This past January's 30% cost increase for 3rd Class Mail has made direct mail a large advertising investment.

Now... there's an affordable alternative! **sunprints.**

compare 3,000 pieces
 direct mail cost: \$969
 sunprints cost \$180

We will develop, design, print, insert and distribute your advertising slip-sheet, brochure, catalog, town report, playbill or newsletter in the daily SUN-JOURNAL directly to the areas that you feel will benefit your business the most. Try this unique new way to reach potential customers... with the credibility of SUN-JOURNAL/SUNDAY behind you... you'll definitely shine!

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 A DIVISION OF SUN-JOURNAL/SUNDAY

For more information, please call Monica Millhime
 (207) 784-7045, ext 108 • FAX (207) 786-3940

School sports

Boys' Varsity Basketball

White Mt. Christmas Tourney

Kennett 59, Telstar 31

Dec. 27--Sandon Morgan and Jason Mullen each scored six points in a loss to Kennett High School.

Telstar 80, Gorham 68

Dec. 28--Sandon Morgan was high scorer with 17 points as the Rebels beat Gorham (N.H.). Tony Buker had 16 points and Jason Berry 10.

Good Food STORE

We carry a super selection of Organic Produce, Fresh Baked Breads, Natural & Gourmet Foods, Specialty Beers and the Area's BEST Wine Selection!



OPEN DAILY at 9 AM • 824-3754
 Rte 2, Bethel • Food Stamps Accepted

Nana Wight Says...

"Reams of white and colored paper and stacks of register tapes... are always in stock!"



The Bethel Citizen

(207) 824-2444 • Main Street, Bethel • Behind the Town Office, beside the Bethel Savings Bank

TOURING SKIS • BOOTS • RACING SKIS • JACKETS • SOCKS • SKI POLES • WOOLENS • SWEATERS
CARTER'S BIG SALE
 Route 26, Oxford ME • 539-4848
GREAT SELECTION • LOWEST PRICES
 S • SNOW SHOES • HATS • GLOVES • WINTER UNDERWEAR • RACING SKIS • HATS

**SALE
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 SALE
 SALE**

What more can we say?!

NO SALES TAX

Simon Davis
 43 Main St., Berlin NH

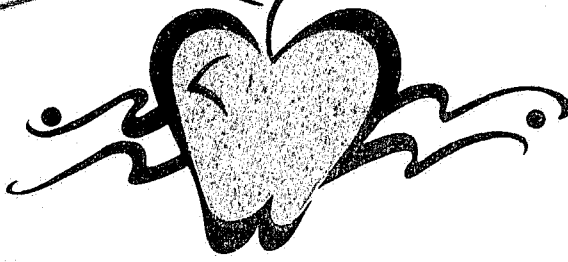
Open 9-5
 Friday until 7:00
 Saturday until 4:00

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HEALTHY LIVING



Bethel Family Dentistry November Cavity Free Club

Submitted by: Dr. John R. Mason, D.D.S.

Congratulations to all the following children who exhibited excellent homecare. Keep up the good work!

Justine Carver	Megan Lunney	Caitlin Kennett
Morgan Carver	Caroline Raymond	Bethanne Haines
Katlyn Keane	Andrew Raymond	Erin Stearns
Molly Keane	Kelsey Gamble	Cory Stearns
Mark Paaso	Annah Kennett	Adam Stearns
Ashley Hautaniemi		Danny Lowell
Tara Lunney		Amanda Waterhouse

You can help, too

The Arthritis Foundation needs your help. You can help by:

- becoming a member or giving a donation
- volunteering your time
- using Arthritis Foundation services
- telling others about the Arthritis Foundation

If you'd like more information, contact the nearest office of the Arthritis Foundation. Look for the address below, in your phone book, or call toll-free: 1-800-283-7800.

Winter Workshops & Classes

offered through Therapeutic Massage

Tapping into your Inner Resources:

Emily Ecker, Polarity Therapist

Through using specific breathing techniques, gentle movements, and vocal sounding we will focus on releasing stress and expanding our awareness of our Inner Selves. We will also explore the 7 major energy centers (the chakras), gaining a deeper understanding of how they interact on the physical, mental, emotional, and spiritual levels. No experience necessary, just an open mind. Wear comfortable, loose clothing. **January 7 • Tuesday, 7-9 pm • \$8** Location: Therapeutic Massage Office

Moving with Ease:

Janet Willie, Massage Therapist

Simply getting out of bed, or getting up off the couch, or getting into and out of your car can be an agonizing task. Simple, easy, comforting movement patterns can bring ease to these daily movements. Not only will you learn how to save your body energy, you will also find flowing movement to help unwind tired, tense muscle and tissues of your body. Please, Age with Ease! **February 1 • Saturday, 9:30-11:30 am • \$8** Location: Therapeutic Massage Office

Women at the Change of Life:

Kathleen Zagata, Nurse Educator

and Karen Swanson, Certified Phoenix Rising Yoga Therapist
Are you confused about the process called "the change of life?" Do night sweats rob you of precious sleep? Is there an alternative to Hormonal Replacement Therapy? If these questions strike a responsive chord, you are not alone. More and more women are searching for answers to these basic questions and more.

January 11 • Saturday 8:30 - 4 pm

Morning and afternoon sessions. Choose one or come to both sessions. Cost based on sliding fee \$5-\$20

For more information contact:

Therapeutic Massage

(207) 824-3889 • 2 Broad Street, Bethel, Maine 04217

Cold-Related Injuries

by Christopher J. Lake, MD, Emergency Medicine and Family Practice Physician, Mountain Health Services, Berlin, NH

Staying active and enjoying the outdoors may be the secret to happily surviving the long winter months ahead. The secret to enjoying cold weather activities is to stay warm and avoid cold-related injuries.

Cold-related injuries comprise two general categories: Cooling of the periphery—those structures on the outer surface of the body, such as fingers, toes, arms, legs, ears, nose, and skin; and cooling of the body core or inside of the body, termed hypothermia.

Peripheral cold injuries include both freezing and non-freezing syndromes. Frostbite is the most common freezing injury and occurs in varying degrees of severity. Frostnip is the term given to the mildest form and results in numbness and tingling that goes away after rewarming. Trench foot or immersion foot are injuries resulting from the prolonged exposure to wet and cold at temperatures above freezing and involves destruction of small blood vessels resulting in a pale, painful, and swollen foot. Trench foot was a common injury to combat troops in the trenches where feet remained cold and damp for long periods. Nonfreezing injury following repetitive exposure to dry cold at temperatures that are above freezing is termed chilblains and results in itchiness, redness, and swelling of the skin.

Peripheral cold injuries described above occur because blood flow to the surface of the skin changes as skin is warmed and cooled. Less blood flows at cooler temperatures, because the blood travels to the inside of the body to keep it warm. Extremities, such as fingers and toes, get cold as a result. At temperatures below freezing and especially under wet or windy conditions, such as on a snow machine, ice crystals form in the layers of skin. With this, destruction of the layers of skin can occur and if not treated properly or soon enough permanent damage can result. The symptoms (what the patient experiences) of frostbite vary depending on the severity. Numbness to touch, pain, and temperatures occurs initially. Clumsiness and a limb that feels like a "chunk of wood" is a common complaint. When the limb is rewarmed and blood flow returns, it can become very painful. Signs (what can be observed by others) of frostbite vary depending on the severity. Frozen tissues will often appear mottled, white, pale yellow or waxy. The skin may feel hard and may be difficult to roll over the bone. Erythema, or redness, may occur with rewarming. Skin that becomes violet-colored after rewarming may mean that a more serious injury has occurred.

Treatment should be performed in a hospital and involves rewarming in water followed by elevation, dressings, and prevention of infection. Rewarming of frozen extremity in the out of doors should be avoided, because if the limb freezes a second time the severity of the injury is increased and the potential for loss of limb increases.



Dressing properly is the key to staying warm. How much clothing you wear will depend on how active you are. The principals of dressing for cold weather, however, remain the same: use insulative layers such as wool, down, or synthetic fibers. Do not use cotton when the aim is to stay warm and dry. Carry or, if necessary, wear a protective outer shell that is resistant to wind, rain and snow. Wear proper foot wear to keep feet warm and dry. Mittens are generally warmer than gloves. So if you have a tendency to have cold hands, wear a good pair of mittens. Wear a hat to protect ears and avoid heat loss from the head. Remember what your grandmother might have told you: if your feet are cold, wear a hat. If more extensive outings are planned, be prepared to spend a night

outside should you or a party member become lost or injured. In addition, staying hydrated by drinking a lot of water helps to prevent cold related injuries. Maintaining an empty bladder helps to reduce the calories needed to warm the body because the volume of fluids is on the ground and not in your body. And finally, fuel your body with energy-rich foods. In a cold environment, the body requires more food for energy. Ensure that enough food is available and do not, under any circumstances, plan on dieting when in the outdoors.

So, get out and enjoy this winter, be safe and, remember, when the cold weather gets you down, warm water is less than half a year away, or a short flight south.

HEALTH

When Is Drinking a Problem?

News USA

(NU) - Have you ever felt you ought to cut down on your drinking? Have people Annoyed you by criticizing your drinking? Have you ever felt bad or Guilty about your drinking? Have you ever had a drink first thing in the morning to steady your nerves or get rid of a hangover (an Eye-opener)?

These four questions, represented by the initials of key phrases, comprise the CAGE questionnaire, the most widely used screening tool for detection of alcoholism.

Although many adults experience few, if any, problems from drinking alcohol, others experience negative consequences. When alcohol problems persist, they are classified as one of two clinical disorders: alcohol dependence or alcohol abuse.

Alcoholism is distinguished by four main features: craving, impaired control over drinking, physical dependence and tolerance. Alcohol abuse is a less serious disease, referring to problem drinking that falls short of loss of control but results in health consequences, social problems or both.

Each year, alcohol abuse and dependence affect about 15.3 million adult Americans. As a 1993 report from the Department of Health and Human Services of the Substance Abuse and Mental Health Services Administration notes, many people such as co-workers, parents and members of our communities have been touched directly or indirectly by the problem of alcohol.

The overall toll taken is tremendous, contributing to half of deaths due to traffic accidents, almost one-third of all suicides and 40,000 annual deaths due to medical consequences.

Risk factors for alcohol abuse and dependence include gender, age, family history and ethnicity. Research has shown that men are three

to four times more likely than women to develop drinking problems. However, data from a recent national survey conducted by the Division of Substance Abuse at the University of Miami shows that alcoholism prevalence among women may be approaching that among men.

Teens who begin to use alcohol before age 16 or those with antisocial behavior are more likely to develop drinking problems, while some ethnic groups also have been shown to be at increased risk for developing drinking problems.

A new study provided further evidence that those with a family history of alcoholism have almost three times the risk of developing alcohol dependence. The same study indicated that those who are at greater risk of developing alcoholism show less response to alcohol's effects.

Why some people become dependent on alcohol while others do not is not entirely clear. It is understood that alcohol affects the normal activity of certain neurotransmitter systems in conveying information to receptors at nerve cells throughout the brain. Alcohol dependence may be related to a deficiency in one of these neurotransmitters.

While alcoholism is a chronic disease that cannot be cured, it can be treated and is not indicative of a personality disorder or a character flaw. Comprehensive rehabilitative services are the traditional treatments for alcoholism. In addition, there are two medications available to help treat alcohol dependence.

If in thinking about yourself or about a friend or family member you answered "yes" to even one of the above CAGE questions, consulting with a physician is advised. For information on a medication and a referral to a physician in your area who has experience in treatment for alcoholism, call 1-800-487-3842.

Ask Your Doctor About the Flu

Q. How do you tell the difference between the flu and a bad cold?

A. The flu is usually more severe than a cold. Influenza comes on suddenly and is almost always accompanied by a high fever, severe body aches, chills and cough.

Q. Does a flu shot really prevent you from catching the flu? When is the best time to get vaccinated?

A. Vaccination is the No. 1 method of flu prevention. It is about 70 percent effective in preventing illness from influenza viruses in healthy adults under age 65. The optimal time for people to receive a flu shot is from early October through mid-November.

Q. Once someone gets the flu, can it be treated?

A. Yes. Two prescription antiviral agents, Flumadine (rimantadine HCl) and Symmetrel (amantadine HCl) actually help stop the virus from reproducing in the body, reducing its severity and shortening the duration of the illness.

Stephens Memorial Hospital & Western Maine Health Care
Offer

New Speaker's Bureau

Stephens Memorial Hospital is now offering a speaker's bureau of health topics as a service to the community. Speakers who are medically qualified to speak on various health topics will be available to community groups, businesses and schools free of charge upon requests. Additional topics not listed may also be requested. Speakers are now being scheduled for 1997.

All interested groups may contact Kathy Brunjes, Librarian & Medical Education Coordinator, at Stephens Memorial Hospital at 743-5933, ext. 323.

- Advance Directives/Living Wills
- AIDS/HIV
- Alcohol & other Drug Problems
- Alzheimer's Disease
- Arthritis
- Asthma
- Athletic/Sports Injuries, Prevention & Care
- Attention Deficit Hyperactivity Disorder
- Cancer
- Children's Health Topics
- Child Abuse & Neglect
- Cholesterol
- Diabetes
- Eating Disorders
- Emergency Medical Services
- Healthy Eating
- Ergonomics/Overuse Syndrome
- Exercise
- Fitness & the Elderly
- Grief/Death & Dying
- Healthy Back
- Healthy Heart
- Long Term Care
- Planning for the Future
- Managed Care
- Men's Health Topics
- Menopause
- Occupational Therapy
- Organ Donation
- Osteoporosis/Osteoarthritis
- Parenting Skills
- Pregnancy & Fitness
- Prostate Health/Cancer
- Stroke
- TMJ Disorders
- Teen Pregnancy/Sexual Issues
- Water (swimming) Safety, Community
- Women's Health Topics

HEALTH CARE PROVIDERS

Chiropractic

Comeford Chiropractic
Dr. Timothy Comeford
176 Main St., Bethel • 824-3899

Island Chiropractic Clinic, P.A.
Dr. Tammy Seed • Dr. John Swift
89 Congress St., Rumford
364-4006 • 364-2278

Dentistry

Dr. John R. Mason, DDS
N.W. Bethel Rd, Bethel • 824-3378

Energy/Bodyworkers

Polarity Energy Therapy
Emily Ecker, LSW, CPP
Work: Bethel • 824-3889
Home: Bryant Pond • 665-2577
Work: Lewiston • 795-4050 (YWCA)

Eyewear

Pro Vision Centers
150 Main St., S. Paris • 743-6577
Auburn Mall, Auburn • 783-1394

Health Centers

Bethel Area Health Center
Railroad St., Bethel
824-2193 or 1-800-287-2292

Health Food/ Nutrition

The Good Food Store
Route 2, Bethel • 824-3754

Hearing Specialists

Beltone Hearing Center of Maine
108 Main Street, Norway
743-8747

Sparkes Hearing Services
23 Front Street, Farmington
1-800-778-9545

Hospitals

Androscoggin Valley Hospital
59 Page Hill Road
Bethel, NH 03570, (603) 752-2200

Stephens Memorial Hospital
80 Main Street, Norway
743-5933

Massage Therapists

Therapeutic Massage
Janet Willie, C.M.T.
PO Box 944, Bethel • 824-3889

Optometrist

Dr. Lennie Shaw, O.D.
Lower Main Street, Bethel
824-2227

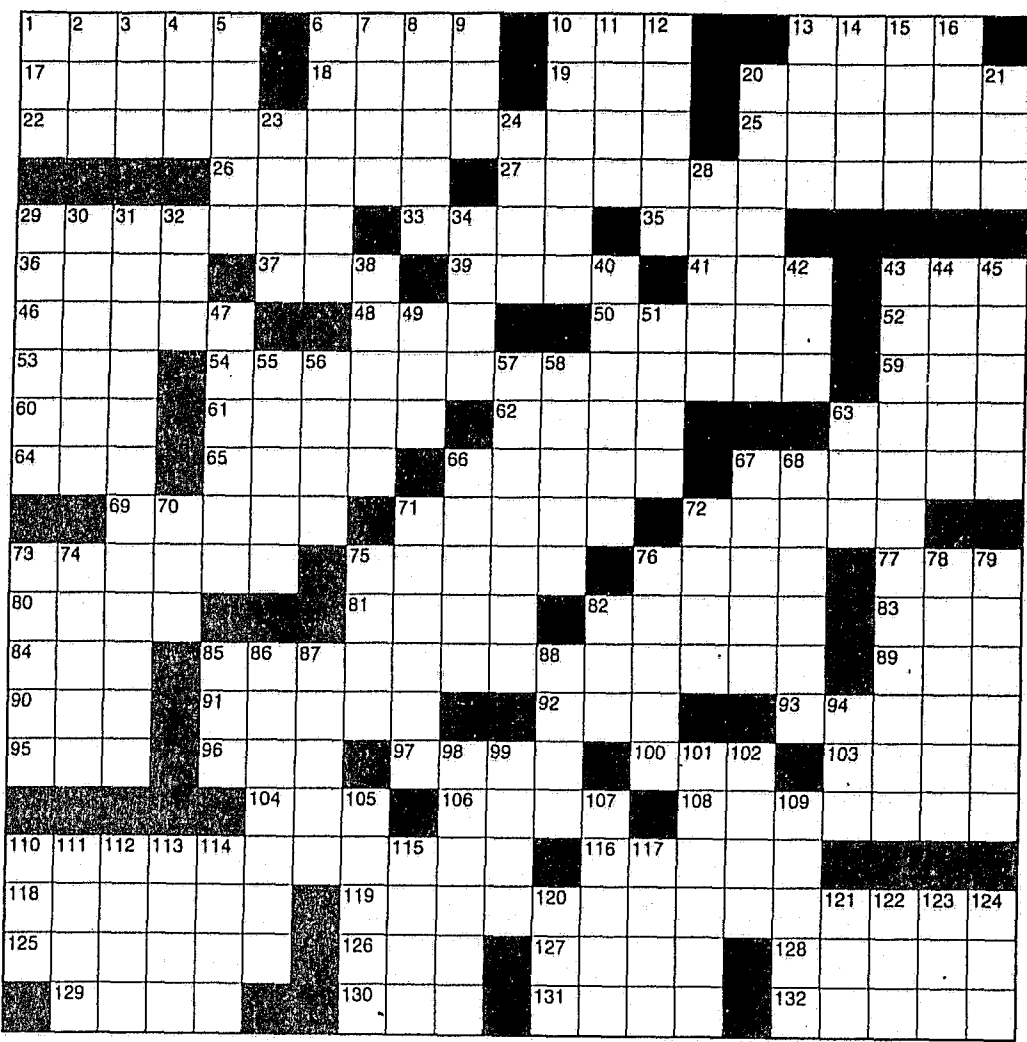
Pharmacy

Preb's Marketplace Pharmacy
Specializing in your good health
14 Main St., Bethel • 824-2820

Physicians

Mountain Health Services:
Primary Care Physicians
2 Broadway, Gorham • (603) 466-2741
59 Page Hill Rd, Berlin • (603) 752-2900

Riverside Family Practice
Thomas M. O'Meara, M.D.
Catherine Dor, PA-C
Cathy Heffernan, C.N.M.
Northwest Bethel Road, Bethel
207-824-6252



Super Crossword

- ACROSS**
- 1 Coat-of-arms figure
 - 6 H.S. ordeals
 - 10 Derek and Diddle
 - 13 "Prontol" on "ER"
 - 17 Iron clothes?
 - 18 Love, to Livy
 - 19 Cockney's abode
 - 20 Lamented loudly
 - 22 Nicolas Cage film
 - 25 Look the other way
 - 26 Yorkshire city
 - 27 "Love Roller-coaster" group
 - 29 Gentleman burglar
 - 33 Melville novel
 - 35 Passing fashion
 - 36 -breve
 - 37 Hwy.
 - 39 Coll. hotshot
 - 41 Sgt. or cpl.
 - 43 Drivers' lics., e.g.
 - 46 Library fixture
 - 48 Jordan's org.
 - 50 Speeder's surprise
 - 52 Pro-gun grp.
 - 53 "Miss Brooks"
 - 54 "The Hustler" role
 - 59 Tony of "Leave It to Beaver"
 - 60 Psychic Geller
 - 61 Haughty
 - 62 Elna output
 - 63 Velvet feature
 - 64 Koppel or Kennedy
 - 65 Director
 - 66 Baker's appliance
 - 67 Royal messenger
 - 69 Forsaken
 - 71 Stalagmite sites
 - 72 Donna or Ivan
 - 73 Answer for an admiral
 - 75 Actor
 - 76 Insincere talk
 - 77 Flock o' docs?
 - 80 Like some hair
 - 81 Barbara of "Perry Mason"
 - 82 Reproach
 - 83 Make a note of
 - 84 Contemplous cry
 - 85 The Riveras
 - 89 Dated
 - 90 Howard or Ely
 - 91 Too heavy
 - 92 Symbol of sturdiness
 - 93 On edge
 - 95 John - Passos
 - 96 Assumed mane?
 - 97 Knight's better half?
 - 100 Opera division
 - 103 Nitti's nemesis
 - 104 Rock's - Lobos
 - 106 It's often panned
 - 108 Earphones series
 - 110 Jack Lord
 - 116 Bellowing
 - 118 Surrounded by
 - 119 Modern American artist
 - 125 With gentleness
 - 126 Wire gauge
 - 127 Sale condition
 - 128 "Home Improvement"
 - 129 AMEX rival
 - 130 Link letters?
 - 131 Actress Daly
 - 132 Press one's
 - point
 - DOWN**
 - 1 Candy quantity
 - 2 Significant years
 - 3 "What Kind of Fool -"
 - 4 Sea plea
 - 5 Sing like a bird
 - 6 Most wise
 - 7 "Daisy of - Housewife"
 - 8 Museum
 - 9 Lanka lead-in
 - 10 Crybaby's comment
 - 11 Science magazine
 - 12 "Love" (Honey-drippers hit)
 - 13 It's a long story
 - 14 Wee
 - 15 Shampoo additive
 - 16 Dist.
 - 20 Lynx or ocelot
 - 21 - Moines, Iowa
 - 23 When pigs fly, to
 - 24 Move like mad
 - 28 Black-and-white delight
 - 29 Spicy stew
 - 30 Fascination
 - 31 "Good Times" mom
 - 32 Super, for short
 - 34 Execs' degs.
 - 38 Boredom
 - 40 Hankers after
 - 42 Hosp. areas
 - 43 Harrison
 - 44 Like Oscar Wilde
 - 45 Shortened a slat
 - 47 Hire help
 - 49 Pansies' place
 - 51 Out of range
 - 55 Papas or Worth
 - 56 Nary a soul
 - 57 Thespian legend
 - 58 April anguish
 - 63 - rata
 - 66 Thomas of "That Girl"
 - 67 Vishnu
 - 69 worships
 - 68 Range
 - 70 "Now I - me down ..."
 - 71 Rubbed the wrong way?
 - 72 Ence's site
 - 73 Decoration
 - 74 Unrefined
 - 75 Platonic
 - 76 Singer Khan
 - 78 Dessert choice
 - 79 Bear out
 - 82 Security grp.
 - 85 Bull's male
 - 86 Competence
 - 87 - mutton sleeve
 - 88 Playwright
 - 94 Wrap up
 - 98 Immemorial
 - 99 "Wuthering Heights" setting
 - 101 Pick
 - 102 Shipbuilding wood
 - 105 Rho follower
 - 107 Dagwood's dog
 - 109 Stadium
 - 110 Back of the knee
 - 111 Obelisk's outer
 - 112 Like a coyote
 - 113 Computes
 - 114 Man or Wight
 - 115 Marble feature
 - 117 Eaves dropper?
 - 120 "GoodFellas" gun
 - 121 Canal zone?
 - 122 Sweet fruit
 - 123 Winter malady
 - 124 Vane dir.

Community Calendar

Activities

PLEASE NOTE: Books borrowed from Whitman Memorial Library, Bryant Pond, may be dropped off at the Woodstock Town Office.

Thursday, Dec. 26, 6:30 to 8:30 p.m.--The Eating Disorders Discovery Group will start weekly meetings at Stephens Memorial Hospital board room. For more information, call 743-0361.

Friday, Dec. 27, 7 p.m.--Hymn singing at Pinhook Meeting House. Everyone welcome.

Friday, Dec. 27 and Monday, Dec. 30, 7 p.m.--"Radical Radio" -- a combination of exciting music, theatre, dance and laughter -- will be featured at the Summit Hotel, Sunday River Ski Resort, Newry. Tickets: 12 and under, \$6 advance and \$8 at door; adults, \$8 advance and \$10 at door. Advance tickets may be purchased at Preb's Pharmacy, Bethel, Sunday River Welcome Center, Snow Cap Inn, Summit Hotel front desk. For information call 824-3575.

Tuesday, Dec. 31, 8:30 p.m. to 12:30 a.m.--Old-time dance sponsored by the Greenwood Historical Society at the Town Hall in Locke Mills. A buffet will be served at 10 p.m.

New Year's Eve celebration at American Legion Hall in Locke Mills beginning at 7 p.m. with a buffet and party favors, followed by a dance from 8:30 p.m. to 12:30 a.m. County Line will provide the music and event is a BYOB function. Tickets are \$25 per couple, or \$15 per person.

Wednesday, Jan. 1, 1 p.m.--Finnish-American Heritage Society will celebrate with a potluck luncheon at the Heritage Center, West Paris. Come and join us! Call 743-6682 for further information.

Friday, Jan. 3, 7 p.m.--Doug Alford and Terry Elmore, and

Library Hours

Andover Library: Tuesday, Wednesday, Thursday and Saturday, 1-4:30 p.m.; Thursday, 6 to 8 p.m. Tel. 392-4841.

Bethel Library: Monday, 9 a.m. - 1 p.m.; Tuesday, 1-5 p.m.; Wednesday, 1-5 p.m., 6-8 p.m.; Thursday 1-5 p.m.; Friday, 4-8 p.m.; Saturday, 1-5 p.m. Story Hour for preschoolers, Thursday, 10-11 a.m. (September through May). Michelle Conroy, Librarian.

Whitman Memorial Library, Bryant Pond: Tel. 665-2505. Library hours: Tuesday and Thursday, 10 a.m. - 8 p.m.; Saturday, 10 a.m. to 4 p.m.

Hamlin Memorial Library, Paris Hill: Tuesday-Friday, 11:30-5:30; Saturday, 10-2; Wednesday evening, 7-9 p.m. Tel. 743-2980.

West Paris Library, West Paris: Monday 1:30-5 p.m.; Wednesday, 1:30-7 p.m.; Friday, 1:30-5 p.m.

Gardner Roberts Memorial Library, Hanover: Wednesday, 10-12 through July and August. Story Hour, 10:30 a.m.

Upton Public Library: First and third Thursday of each month, 6:30-8 p.m.

Church Services

Bethel

West Parish Congregational-- Rev. Brendon Bass and Rev. Jean Bass, 10:30 a.m. worship and Sunday School. Nursery care provided. Prayer, Monday, 8 a.m.

Church of the Nazarene-- Rev. John Grant, 9:30 a.m. Sunday school. 10:30 a.m. morning worship. 6 p.m. evening service.

Our Lady of the Snows-- Rev. Lawrence Conley, Mass--Saturday, 4:30 p.m.

Bethel Alliance Church-- Rev. Richard Mowery, 9 a.m. Sunday school. 10 a.m. worship service. 6 p.m. evening service.

United Methodist-- Rev. Henry S. Nickerson, Pastor, 4:30 p.m. Saturday worship service; 10 a.m. Sunday worship and Sunday School. Nursery care provided.

West Bethel Union-- Pastor Joyce Scott, 9 a.m. worship and church school.

Pleasant Valley Bible-- Pastor Clifford McMullen, 9 a.m. Sunday school. 10 a.m. worship.

Episcopal House Church-- at Bohrs' on 38 Chapman Street, 4 p.m., third Sunday of each month (Dec. service at 5:15) 824-2913.

Church of Christ-- at home of Keith Hamel, minister, 507 Walker's Mill Road (Rt. 26), Bethel. Worship at 10 a.m. Sunday, Bible study at 11 a.m. 824-3577.

Woodstock
Bryant Pond Baptist-- Rev. Linwood Hanson, 9:15 a.m. Sunday school. 10:30 a.m. worship service, 6 p.m. evening service.

Woodstock Seventh-day Adventist-- Pastor Richard Wright (207-797-9678), Saturday: 9:20 a.m. Sabbath school. 11 a.m. worship service.

Andover

First Congregational Church-- Pastor Jane Rich, 10 a.m. Sunday worship service. Religious education: Monday-Sunday School 2:45-4:15 p.m. beginning Oct. 21.

Calvary Congregational Church-- Winter hours: worship service 10:45 a.m., fellowship brunch following, Sunday School 9:30-10:30 a.m. Wed. nights, Bible study and prayer meeting, 6:45 p.m. Rev. Duane Waite.

Locke Mills

Union-- Rev. Deborah M. Jenks, 9 a.m. worship and Sunday school.

East Stoneham

East Stoneham Congregational-- Rev. Janice Wilcox, 10 a.m. worship in February, April, June, August, October and December. 9 a.m. church school (Oct.-June).

Newry

Newry Community Church-- Rodney H. Hanscom.

Albany

Congregational Church - Hunt's Corner, 9:30 a.m. Sunday summer worship, June 2 through September 29. Pastor Eddie Gammon.

Norway/Paris

Christian Science Society (9 Stevens St.)-- Sunday Service 10 a.m., Wed. Testimony Service 7:30 p.m. Call 824-4099 for info.

Trinity Evangelical Lutheran Church-- Route 117N, S. Paris, 9 a.m. Sunday school, 10:15 a.m. worship followed by coffee fellowship. Summer service 9 a.m.



Reach

Rape Ed. and Crisis Hotline 1-800-622-2365. Sexual abuse helpline, 743-9777. Past or present victims of abuse.

Exchanges

District Exchange-- Open every Monday 1-4 p.m., Thursday, 4-6 p.m. and the first Saturday of each month from 10 a.m. to 1 p.m. at the Ethel Bisbee School, Bethel. Clothing on sale, food available for those in need.

Community Service Center-- Supplies available for emergencies and disaster relief at Thurlow Hall, Perkins Valley Road, South Woodstock. For aid or information call 674-2663.

Safe Hangouts

After school safe hangout in the multi-purpose room of the United Methodist Church in Bethel from

2:30 to 5:30 p.m., Mon.-Fri. Music, computer access, help with homework. Telstar students welcome. For more info, see Tim Nickerson or Jessica Coolidge.

Abused Women's Advocacy Project

AWAP serves all of Oxford County and provides emergency shelter, court advocacy and support groups with child care. Rumford office 369-0750; Norway office 743-5806; 24-hour hotline 1-800-559-2927.

Veterans' Services

(State/VA Benefits)
Maine Veterans Home, S. Paris, first and third Wednesday each month, 9 to 12 a.m.; Rumford Employ. Sec. Bldg. (364-3718), second and fourth Thursday, 9 to 12 a.m.; Lewiston (795-4590), 200 Main St., 7:30 a.m. to 4 p.m., Monday thru Friday.

Monthly Meetings

Every Sunday: Western Mountains Meditation Group, Center for Natural Healing, 47 Pioneer Street, West Paris, 9:30 a.m. 674-3961.

First Monday: Bethel Conservation Commission meets at the Town Office at 7 p.m.

First Monday: Newry Community Ladies' Circle, 12:30 p.m. V.F.W., Lions' Hall, Bethel, 7 p.m. 824-2587.

First and Third Monday: Bethel Board of Selectmen meets at the Town Office, 7 p.m.

Second Monday: Newry Mother's Club meets, 7:30 p.m.

Daughters of Union Veterans of the Civil War, J. Grover Tent #17, Bryant Pond, JR Grange Hall, 7 p.m. For more info. call 665-2460.

Second and fourth Monday: SAD44 Board of Directors meets in Bethel, Woodstock or Andover at 7:30 p.m. Call 824-2185 for meeting place.

The Gilead Fire Department meets at the Fire Station at 7 p.m. Bethel Airport Authority, 7 p.m. Call town office for meeting place in Feb. and March.

Every Monday: Mahoosuc Music Makers rehearsal, 7-9 p.m., West Parish Congregational Church.

First Tuesday: Woodstock Planning Board meets at 7 p.m. at Town Office.

First and Third Tuesday: Woodstock Board of Selectmen meets at the Town Office, 5 p.m.

The Greater Rumford Alliance for the Mentally Ill-Children and Adolescent Network (GRAMI-CAN) Support, education and advocacy. Meets in the former St. John's rectory from 6:30-8 p.m. in Rumford. Contact Diane at 369-0542.

The Bethel Lions Club meets at the Lions Den on Main Street at 7 p.m.

Second Tuesday: Mundt-Allen Post, American Legion, meeting at 7:30 p.m. Supper starts at 6:30 p.m.

Telstar Alumni Association meets at 6:30 p.m. at the Telstar Library.

Second and Fourth Tuesday: Woodstock Planning Board meets at 7 p.m.

Third Tuesday: Pine Tree Legal Assistance at Bethel Area Health Center, starting at 10 a.m.

Every Tuesday: Bethel Rotary Club meets at The Bethel Inn, 7:30 a.m.

Greenwood Board of Selectmen meets at the Town Office, 7 p.m.

Andover Board of Selectmen meets at the Town office, 7 p.m.

Newry Board of Selectmen meets at the Town Office, 9 a.m.

Cross-Country Quilters meet at the Bethel Library from 8:30 to 10:30 a.m.

First Wednesday: Purity Chapter 102, OES, 6:30 supper, 7:30 meeting.

Greenwood Historical Society meets at the Society Building, Main St., Locke Mills, 7:30 p.m.

Gilead selectmen meet at the Town Office, 7 p.m.

Bethel Area Arachnes Spinning

Group, 10 a.m. to 3 p.m., West Parish Congregational Church. Potluck luncheon.

Second Wednesday: Single parent support group meets at the West Parish Congregational Church, 7-9 p.m.

CPS/PTA meets from 6:30 - 8 p.m. Babysitting provided.

First and Third Wednesday: Newry Planning Board, Town Office, 7 p.m.

Bethel Area Arachnes Spinning Group, West Parish Congregational Church, 7 to 9 p.m.

Second and Fourth Wednesday: Bethel Planning Board meets at the Town Office, 7 p.m.

Fourth Wednesday: Daughters of Union Veterans of the Civil War, H.F. Richardson Tent #19, East Stoneham, K of P Hall, 7 p.m. For more info. call 928-2611.

Women's Fellowship, West Parish Congregational Church, Garland Chapel, Bethel, 9:30 a.m.

Every Wednesday: TOPS (Take Off Pounds Sensibly), 5:45-7 p.m., Telstar H.S. cafeteria.

First Thursday: United Methodist Women meet at the Bethel Methodist Church at 1 p.m.

Upton Board of Selectmen meets, 6 p.m.

Bethel Historical Society, Dr. Moses Mason House, 7:30 p.m.

Second Thursday: Board of Directors of Bethel Area Chamber of Commerce meets at Chamber Park School conference room, 7:30 a.m.

Newry Fire Auxiliary meets at the Town Office, 7 p.m.

Bethel Lodge No 97, AF & AM.

Bethel Lodge #97 meets.

The Bethel VFW Memorial Post 11363 meets at the Lions Hall on Main Street at 7 p.m.

First and Third Thursday: Jackson-Silver Post, Locke Mills, 7 p.m.

Fourth Thursday: Bethel Area Poets Society Reading, 7 to 9 p.m., Bethel Bagel and Deli. Call 824-3427 for more info.

Every Thursday: Andover Water District Board of Directors meets at 7 p.m. at Town Hall.

West Paris Board of Selectmen meet at the Town Office, 6:30 p.m.

First Friday: The Oxford County Mineral and Gem Association meets at 7 p.m. at the Newry home of Norman and Eleanor Davis, 824-2844.

Third Friday: Mt. Abram Lodge, IOOF, 7:30 p.m.

Last Saturday: Upton Planning Board meets at 9 a.m. at the Town Office.

Every Friday: Game Party at Jackson-Silver Post No. 68, Gore Road, Locke Mills, 6 p.m.

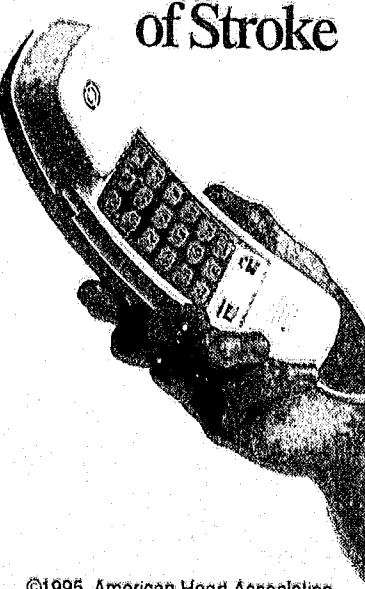
First Saturday: Western Maine Mountain Jeepers meet at 7 p.m. at Bethel Fire Station.

Second Saturday: Woodstock Historical Society meets at 7 p.m. in historical society museum. Open to public.

Items for the Community Calendar may be brought to The Bethel Citizen office or mailed in or phoned in at 824-2444.

American Heart Association
Fighting Heart Disease and Stroke

The Most Important Instrument in the Treatment of Stroke



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Volunteers

Please call 623-2232

American Diabetes Association
Maine Affiliate, Inc.

Safe Hangouts

After school safe hangout in the multi-purpose room of the United Methodist Church in Bethel from

THURSDAY EVENING JANUARY 2, 1997										
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(3)	NHL Hockey: Boston Bruins at Hartford Whalers						News	Martin	Mad-You	Real TV
(5)	Waltons		Highway to Heaven	Rescue 911			700 Club		Carson	Carson
(6)	Home Imp.	Seinfeld	Friends	Caroline	Seinfeld	Suddenly	ER		News	
(8)	Fortune	Jeopardy!	College Football: Sugar Bowl -- Florida vs. Florida State							News
(10)	News-Lehrer		Maine	Maine	Mystery!		America on Wheels		Manor Born	Red Green
(11)	Sportsctr.	Gameday	Cheerlead	Aerobics Ch.			Fitness America Pageant	Bodybuilding		Sportsctr.
(12)	Dukes of Hazzard		Championship Rodeo	Prime Time Country			Country Music		Dallas	
(13)	Ent. Tonight!	Real TV	Diagnosis Murder	Grand Ole Opry 70th Anniversary Celebration					News	
(14)	College Basketball		College Basketball: Miami at Boston College	Celtics	Football	Hockey			Planet X	
(15)	Malcolm X	Movie: "Dunston Checks In"					Movie: "Persons Unknown"		Relic	Inside the NFL
(17)	Movie: "Pete's Dragon"						Movie: "Pufnstuf"		Avonlea	Bing!
(18)	Mighty Morphin Power		Movie: "The Bridges of Madison County"						Movie: "Beyond Desire"	
(20)	Front Row	Snow	Ski Stories	Adventures	Winter	Front Row	Sports		College Basketball: Cal. at Ariz.	
(21)	Designing	Designing	Unsolved Mysteries				Movie: "Aftermath: A Test of Love"		Living	Mysteries
(22)	Videos	Videos	Movie: "Missing in Action"				Movie: "Missing in Action 2: The Beginning"			
(24)	Doug	Rugrats	Alex Mack	Happy D	I Love Lucy	Munsters	M.T. Moore	Rhoda	Taxi	Odd Couple
(25)	"The Left-Handed Gun"		Movie: "Man of a Thousand Faces"				Movie: "The Phantom of the Opera"			
(26)	Highlander: The Series		Murder, She Wrote				Movie: "Star Trek II: The Wrath of Khan"			Stalkings
(27)	Equalizer		Biography of the Year				Ancient Mysteries		Unexplained	Law & Order
(32)	Night Heat		Movie: "Gorky Park"						News	Fugitive
(34)	Fam. Mat.	Bzzz!	Brotherly	Nick Freno	Savannah				News	Wiseguy
(39)	Moneyline	Crossfire	Prime News	Politics	Larry King Live		World Today		Sports Illus.	Moneyline

FRIDAY EVENING JANUARY 3, 1997										
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(3)	Seinfeld	Mad-You	Movie: "The Package"				News	Martin	Mad-You	H. Patrol
(5)	Waltons		Highway to Heaven	Rescue 911			700 Club		Carson	Carson
(6)	Home Imp.	Seinfeld	Unsolved Mysteries	Dateline			Homicide: Life		News	
(8)	Fortune	Jeopardy!	Fam. Mat.	Boy-World	Sabrina	Clueless	20/20		News	
(10)	News-Lehrer		Wash. Wk.	Wall St.	Keeping Up	Mr. Bean	Wait God	'Allo, 'Allo!	Served	Red Green
(11)	Sportsctr.	Outside the Lines	Sportslight	Billiards			Superbouts		Sportscenter	
(12)	Dukes of Hazzard		Demolition Derby Showdown				Auto Racing: Fall Classic		Dallas	
(13)	Ent. Tonight!	Real TV	Dave's	Raymond	JAG		Nash Bridges		News	
(14)	NBA Basketball: Minnesota Timberwolves at Boston Celtics						NBA Action		Women's College Basketball	
(15)	Inside the NFL		Movie: "Something to Talk About"				Movie: "The Beneficiary"			
(17)	Top Cat and the Beverly Hills Cats		Movie: "Felix the Cat"				Movie: "Gay Purr-ee"			Celine Dion
(18)	"Short Time" Cont'd		Movie: "White Man's Burden"				Movie: "Braveheart"			
(20)	College Hockey: New Hampshire at Boston University						Hockey Wk.	FOX Sports News	FOX Sports News	
(21)	HopeGlori	Designing	Intimate Portrait				Movie: "The Killing of Randy Webster"		Living	Mysteries
(22)	Videos	Videos	Movie: "Look Who's Talking Too"				Movie: "My Stepmother Is an Alien"			
(24)	Doug	Rugrats	Kablarn!	Happy D	I Love Lucy	Munsters	M.T. Moore	Rhoda	Taxi	Odd Couple
(25)	"Golden Earrings" Cont'd		Movie: "Beau Geste"				Movie: "Jane Eyre"			
(26)	Highlander: The Series		Renegade				Movie: "Outrageous Fortune"			Big Easy
(27)	Equalizer		Biography				Movie: "The Lords of Flatbush"			Law & Order
(32)	Night Heat		Baretta				Kojak		News	Fugitive
(34)	Fam. Mat.	Bzzz!	Hercules-Jmns.				Xena: Warrior Princess	H'mooner	News	Wiseguy
(39)	Moneyline	Crossfire	Prime News	Politics	Larry King Live		World Today		Sports Illus.	Moneyline

SATURDAY EVENING JANUARY 4, 1997										
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(3)	Seinfeld	Mad-You	Malcolm	In House	Sparks	Sparks	News	M*A*S*H	Star Trek: Voyager	
(5)	Super Bloopers & Jokes		Movie: "Papillon"						Movie: "The Seven-Ups"	
(6)	Home Imp.	Seinfeld	Dark Skies		Pretender		Profiler		News	Sat. Night
(8)	Fortune	Jeopardy!	Movie: "Lassie"				Relativity		News	Psi Factor
(10)	Maine	True North	Pallisers				Movie: "The Scarlet Pimpernel"	Bickadder	Detectives	Detectives
(11)	Sportsctr.	NFL	College Basketball: North Carolina at Wake Forest				College Basketball: Kansas at Kansas State			
(12)	Hee Haw		Opry	Grand Opry	Stallor Bros.		Louise Mandrell Shoot	Opry	Grand Opry	
(13)	Star Trek: Deep Space 9		Figure Skating: Too Hot to Skate 2				Walker, Texas Ranger		News	
(14)	NHL Hockey: Washington Capitals at Hartford Whalers						Hockey Wk.	Celtics	Snowbrd	Board Wild
(15)	Movie: "Gung Ho" Cont'd		Movie: "Broken Arrow"				Comedy Hour: Bill Maher		Taxicab Conf.	
(17)	Jeltons Meet the Flintstones		Movie: "Close Encounters of the Third Kind -- The Special Edition"						"Planet of the Apes"	
(18)	Mom and Dad		Movie: "Unlawful Entry"				Movie: "The Silencers"			
(20)	NHL Hockey: Dallas Stars at Boston Bruins						FOX Sports News		FOX Sports News	
(21)	Movie: "Infidelity" Cont'd		Movie: "Married to It"					Comics in Search	Designing	
(22)	WCW Saturday Night		Movie: "For a Few Dollars More"						"The Comancheros"	
(24)	Doug	Rugrats	KenanKel	All That	Shelby Woo	You Afrad?	I Love Lucy	Lucy and Desi	Happy D	
(25)	Movie: "Unconquered" Cont'd				WENN		Movie: "Magnificent Obsession"			All Heaven
(26)	Lost-Earth	Duckman	Movie: "Hello Again"				Movie: "The Substitute"			
(27)	Mysteries of the Bible		Biography This Week				Investigative Reports		Pablo Casals Festival	
(32)	Night Heat		Baretta				Kojak		News	Dragnet
(34)	Fam. Mat.	Riches	Music-America				In the Heat of the Night		News	Night Court
(39)	Capital	Politics	Prime News	Sports Illus.	Larry King Weekend		World Today		CNN/Sports Illustrated	

BETHEL CITIZEN TV LISTINGS

2 C-SPAN	24 Nickelodeon
3 WSBK-TV 38, Boston	25 American Movie Classics (AMC)
4 Channel IV, Bethel	26 USA Network
5 TBS	27 Arts & Entertainment (A&E)
6 WCSH, NBC Portland	28 QVC Home Shopping
7 Sunday River Ski TV	29 History
8 WMTW, ABC, Auburn	30 Inspirational Network
9 WPXT, FOX, Portland	31 Sci-Fi
10 WCBB, PBS, Lewiston	32 FAM
11 WWOR - NY	33 CNN Headline News
12 WBN - Chicago	34 TNN
13 WGME, CBS, Portland	35 Video Hits - 1 (VH-1)
14 SHOWTIME	36 Country Music Television (CMT)
15 HBO*	37 Discovery Channel
16 Encore	38 MTV Music Television
17 The Disney Channel*	39 Cable News Network (CNN)
18 Cinemax*	40 TNT
19 FLIX	41 Sports Channel
20 NESN*	42 TLC
21 STARZ	43 Weather
22 ESPN	44 Lifetime
23 Financial	* Premium Channels

Bethel Selectmen's Meetings

On weeks in which the Bethel selectmen meet (usually the weeks of the first and third Mondays in the month) the meetings will be televised on Channel IV. The broadcasts will normally be at 7 p.m. on Friday, but schedule modifications will occasionally be necessary, so please check the on-air calendar for up-to-date information.

Broadcast of the selectmen's meeting is a cooperative effort of Channel IV and The Bethel Citizen.

SUNDAY EVENING JANUARY 5, 1997										
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(3)	Movie: "Blue Steel"				Viper		News	M*A*S*H	Babylon 5	
(5)	Movie: "The Face on the Milk Carton"				Movie: "Columbo: Butterfly in Shades of Grey"				Remington Steele	
(6)	Dateline		3rd Rock	Boston	Movie: "In the Line of Duty: Blaze of Glory"				News	Outer Limits
(8)	Videos	Videos	Lols & Clark-Superman		Movie: "Echo"				News	Paid Prog.
(10)	National Geographic		Nature		Masterpiece Theatre				Movie: "The Third Man"	
(11)	Sportsctr.	NFL	NHL Hockey: Detroit Red Wings at Chicago Blackhawks						Sportscenter	
(12)	In-Fish	Bill Dance	Go Fish!	Back Road	Championship Rodeo		Raceday	NHRA	Trucks	Road
(13)	60 Minutes		Touched by an Angel		Movie: "Keeping the Promise"				News	
(14)	Game Time		NBA Basketball: Phoenix Suns at Boston Celtics				ABL Basketball: Richmond Rage at San Jose Lasers			
(15)	"Empire Records" Cont'd		Movie: "Urban Cowboy"				Movie: "Grumpier Old Men"			
(17)	Movie: "Splash"				Avonlea		Movie: "Oh, God!"			
(18)	"A Dangoous Place"		Movie: "Die Hard With a Vengeance"				Movie: "Timecop"			
(20)	College Hockey: Boston University at New Hampshire				Skiing		FOX Sports News		FOX Sports News	
(21)	Where Are My Children?		Movie: "Schemes"				Intimate Portrait		One West Walkiki	
(22)	National Geographic Explorer				Colorado River		Playing the Odds		National Geo.	
(24)	My Brother	Monsters	Wubbulous	Nick News	Happy D	Munsters	Odd Couple	Taxi	Van Dyke	Newhart
(25)	In Like Flint	Attractions	Movie: "The Agony and the Ecstasy"						"The Private War of Major Benson"	
(26)	Claude	Weird Sci.	Pacific Blue		Silk Stalkings		Big Easy		Silk Stalkings	
(27)	Ancient Mysteries		Biography				America's Castles		Best of Comic Relief	
(32)	Night Heat		Baretta		Kojak		News	PublicAffr	Fugitive	
(34)	Brotherly	Brotherly	Parent	Harvey	Unhappily	With Roger	News	Replay	Night Court	Sinbad
(39)	Capital	Crossfire	Prime News	Sport Sun.	CNN Presents		World Today		Sports Illus.	NBA Wk.

MONDAY EVENING JANUARY 6, 1997										
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(3)	Seinfeld	Mad-You	In House	Malcolm	Sparks	Goode Beh.	News	Martin	Mad-You	Real TV
(5)	Waltons		Highway to Heaven	Rescue 911			700 Club		Carson	Carson
(6)	Home Imp.	Seinfeld	Foxworthy	Mr. Rhodes	Movie: "The Secret"				News	
(8)	Fortune	Jeopardy!	Dangerous Minds		Movie: "Badge of Betrayal"				News	
(10)	News-Lehrer		True North	Eyewitness	Masterpiece Theatre				Manor Born	Red Green
(11)	Sportsctr.	College Basketball: Villanova at Providence			College Basketball: Texas at Kansas				Sportsctr.	
(12)	Dukes of Hazzard		Today's Country		Prime Time Country		CMT Presents-Concerts		Dallas	
(13)	Ent. Tonight!	Real TV	Cosby	Ink	Murphy	Cybill	Chicago Hope		News	
(14)	Skiing		NHL Hockey: Hartford Whalers at Montreal Canadiens				Hockey Wk.		In Their Prime	
(15)	Clash	Testament	Movie: "The Net"				A Kill for a Kill		First Look	"Sabrina"
(17)	Movie: "The Big Green"				Movie: "Short Circuit"			Avonlea		Anderson
(18)	"Look Who's Talking"		Movie: "Mo' Money"				Movie: "Out for Justice"		Movie: "Kiss of Death"	
(20)	Front Row	Skiing USA	Skiing Magazine on TV	Local	Front Row	FOX Sports News			FOX Sports News	
(21)	HopeGlori	Designing	Unsolved Mysteries				Movie: "The Disappearance of Nora"		Intimate Portrait	
(22)	Videos	Videos	Movie: "Malice"						Movie: "Blow Out"	
(24)	Doug	Rugrats	Hey Arnold!	Happy D	I Love Lucy	Munsters	M.T. Moore	Rhoda	Taxi	Odd Couple
(25)	"The Accused" Cont'd		"Those Daring Young Men in Their Jaunty Jalopies"				Movie: "The Best of Everything"			
(26)	Highlander: The Series		Wrestling				Movie: "Rambo III"			Silk Stalkings
(27)	Equalizer		Biography				Poirot			Law & Order
(32)	Night Heat		Baretta				Kojak		News	Fugitive
(34)	Fam. Mat.	Bzzz!	7th Heaven				Savannah		News	Wiseguy
(39)	Moneyline	Crossfire	Prime News	Politics	Larry King Live		World Today		Sports Illus.	Moneyline

TUESDAY EVENING JANUARY 7, 1997										
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(3)	Seinfeld	NHL Hockey: Boston Bruins at Philadelphia Flyers						News	Mad-You	Real TV
(5)	Waltons	Highway to Heaven			Rescue 911		700 Club	Carson Carson		
(6)	Home Imp.	Seinfeld	Mad-You	Something	Frasier	Caroline	Dateline	News		
(8)	Fortune	Jeopardy!	Roseanne	Life's Work	Home Imp.	Spin City	NYPD Blue	News		
(10)	News-Lehrer		Nova		Masterpiece Theatre				Manor Born	Red Green
(11)	Sportsctr.	College Basketball: Iowa at Purdue				College Basketball: Mississippi State at Kentucky			Sportsctr.	
(12)	Dukes of Hazzard	Country Music		Prime Time Country		Emery-Waylon Jennings		Dallas		
(13)	Ent. Tonight	Real TV	Promised Land		Movie: "Heart of Fire"			News		
(14)	Board Wild	College Basketball: Notre Dame at Georgetown				Skiing		Women's College Basketball		
(15)	"Made In America"		Movie: "Broken Arrow"				Movie: "No Way Back"			
(17)	Movie: "The Hobbit"			Movie: "20,000 Leagues Under the Sea"				Avonlea		Proud Reb
(18)	Far From Home		Movie: "Man With a Gun"			Movie: "White Man's Burden"			Movie: "Bodily Harm"	
(20)	Front Row	Ski Prime	Skiing	Skiing	Skiing: U.S. Men's Pro	FOX Sports News		FOX Sports News		
(21)	HopeGlori	Designing	Unsolved Mysteries		Movie: "Little Man Tate"				Living	Mysteries
(22)	Videos	Videos	Movie: "Grease 2"						Movie: "Streets of Fire"	
(24)	Doug	Rugrats	Alex Mack	Happy D	I Love Lucy	Munsters	M.T. Moore	Rhoda	Taxi	Odd Couple
(25)	"Greenwich Village"		Movie: "The Tarnished Angels"			Hollywood	Movie: "Top Secret Affair"			
(26)	Highlander: The Series		Murder, She Wrote		Boxing			Silk Stalkings		
(27)	Equalizer		Biography		Movie: "Inspector Morse: The Sins of the Fathers"				Law & Order	
(32)	Night Heat		Baretta		Kojak			News		Fugitive
(34)	Fam. Mat.		Bzzz!		Movie: "Family Business"			News		Wiseguy
(39)	MovieLine	Crossfire	Prime News	Politics	Larry King Live	World Today		Sports Illus	MovieLine	

Pennacook folks from hereabouts

By STUART MARTIN

When Deacon John Cushman of Bethel came to Rumford for his bride (1809), Parazina Howe, he became the first of many Bethel young men to do likewise. At about the same time Parazina's sister, Lois, married Enoch Abbott of Upton and settled there. All through the 19th century there were many marriages between the young men and women of Bethel and Rumford as shown by the records of both towns. The lineage of hundreds of the present population of these two towns reach back into the ancestry of these people.

In 1812 Elijah Bartlett chose for his wife, Nancy Graham, the daughter of Joshua, Rumford's first town moderator. Moses Cummings married Juliette Barker and Phineas Stearns wed Betsey Martin. Peter Kimball, son of Samuel, chose for his wife the daughter of the celebrated school teacher, Abel Wheeler. Elias Bartlett went to Rumford for both of his wives, first Eliza Adams, who died young, and then Judith Bartlett. Another Bartlett, Ephraim, wed Hulia Richmond in 1835.

Major Gideon Hastings, one of Bethel's celebrated citizens, in 1847 wed Dolly Kimball and a few years later Richard Frye, son of the Honorable William and Lois, chose Esther Martin for his bride. Others were Alvan Godwin and Arabella Kimball; Eliphaz Bean and Sarah Farnum; William Goddard and Joanne Curtis; Loretta Bartlett and Charles H. Kimball. Another Hastings, Timothy, entered matrimony with Betsey Smith in 1872. It is also noted that many Rumford young men went to Bethel for their wives. James Godwin in 1814 married Apphia Segar. In 1817 Otis Howe chose Elsie Andrews, one of the 13 children of Jeremiah and Elizabeth. There were many other such instances.

During the early years of the 19th century the area consisted of the villages of Rumford Point, Rumford Center, Rumford Corner and a settlement nearer the Great Falls, where the paper mill is now located. From these villages and farms young men also went to Andover for their mates.

One of the first weddings was Moses Adams of Andover to Dorcas Farnum in 1812. In 1817 another Farnum daughter, Azubah, became the wife of Edward Poor, and a little later her sister, Asenath, wed Samuel Poor. Other marriages were Polly Martin to Philander Farrington (1827); Nathan Adams of Rumford to Susan Adams (1817); Martha Wood of Rumford to Amos Jordan (1829); and Marcia Ripley to Aaron Abbott of Andover. Other young ladies marrying Andover men were: Lydia Moody to Enoch Abbott (1802); Maria Newton to Thomas Abbott (1856); Clara Howe to Lyman Abbott (1856); Frances Howe to Lambert Newton (1854); Nathan Adams Jr., Rumford's first postmaster (1815) married Susan Merrill of Andover (1817). Like Bethel, Andover's present population has genealogical ties to Rumford.

In his book "New Pennacook Folks, Early Rumford with Genealogy of First Families," first published in 1980 after seven years of research, Stuart Martin traces the ancestry of these first families and how they are interwoven with those of Bethel and Andover.

The work of a good friend, the late Eva Bean, entitled "East Bethel Road," published in 1959, was the motivating force for Martin in his portrayal of early life in Rumford. He refers to the families, farms, tradesmen and the rigors of life in the 19th century.

Out of print since 1984, "New Pennacook Folks" has been reprinted with additions to the first edition.



Rotary Club notes:

This is an extremely busy time of year for the Bethel Rotary Club as the club members actively demonstrate the mission of Rotary in our community. It is important to note that nearly all of the 40-plus members of Rotary participate in these community projects. Club president Dan Hart has been great at encouraging 100-percent participation. "Service above self" is the Rotary motto.

The Christmas for Children campaign, chaired by Rotarian David Murphy, has raised more than \$8,000 to serve 120-plus needy children in the SAD44 area. These monies were raised from a variety of sources including a mail appeal, a contribution from the Taste of Bethel, the Gould Academy student and staff cookie walk; Telstar Middle School student penny collection and two weekends of bell ringing outside of Bethel Foodliner. Many, many thanks to everyone who contributed funds for this great program that means so much to so many families.

The Community Service committee, chaired by Rene McGrew, organized and held the very popular Senior Citizen Christmas Dinner, serving 119 Bethel area seniors. This event is a lot of fun. Many thanks to all those Rotarians who helped and who donated gifts.

The biannual Rotary Pancake Breakfast, held this past month on Dec. 1 at the Gould Academy dining hall, served 161 hungry folks. Many thanks to Gould Academy for the use of their facilities and to all those who came and ate and at the same time helped to support the many Rotary programs. Club participation in this event was awesome.

Rotarian David Preble once again chaired the annual Rotary Club Citrus Sale. Rotarians successfully sold \$6,600 in fruit, an all-time record. Profits from this sale go toward Rotary Scholarships. Many thanks to all the Rotarians who were great salespeople and also to those who purchased citrus.

One of Rotary's holiday traditions is to make Christmas food baskets for 20-25 needy families throughout the SAD44 area. Rotarian Ted Davis has organized this project for many years and the SAD44 bus drivers are the messengers. Many thanks to all who help with this project. Another of Rotary's traditions is to set up, take down, maintain and store the "Manger Scene" for the Living Nativity. Thanks to all who pitched in on this project.

The members of the Bethel Rotary Club would like to wish everyone the very happiest of Holiday Seasons.

RURAL HOUSING FUNDS

The Rural Housing Service (RHS), an agency of the Rural Development Mission Area of the United States Department of Agriculture (USDA), has guaranteed loan money available for rural housing loans, according to Rural Development state director Seth Bradstreet.

"Our fiscal year allocation for these loans is \$25 million for the state of Maine," Bradstreet said. There are more than 30 private lenders throughout the state currently making guaranteed rural housing loans for up to 100-percent financing. Low interest rates and 30-year terms can make home ownership affordable to persons who could not otherwise obtain mortgage financing. Since RHS guarantees the loans, lenders have less risk, and the cost to taxpayers is substantially reduced.

"Houses must be in rural areas, but there are very few areas in Maine which are ineligible," said Dale Holmes, RHS program director. The agency expects to utilize the full \$25 million for the program. In addition, it expects to obtain additional funding from other states which do not fully utilize the program. RHS processed in excess of \$37 million in guaranteed rural housing loans in this program last year.

Interested persons can contact the RHS office in Lewiston at 784-9391.

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Matters of Health

From Boston University Medical Center

COUMADIN: An effective anti-coagulant requiring careful monitoring

I was recently diagnosed with a heart rhythm disturbance called atrial fibrillation, and now have to take an anti-coagulant medication called Coumadin every day, perhaps for the rest of my life. What does this drug do, and why must I have my blood checked so often?

Coumadin, one of the most widely prescribed drugs in the United States, is used by patients with certain medical conditions to prevent or treat the formation of dangerous blood clots in the arteries or heart. It works by blocking the action of vitamin K, which plays a major role in bleeding.

While Coumadin is a very effective drug, it poses some serious risks for uncontrolled bleeding, and therefore its use must be monitored carefully by a physician, according to hematologist Jack Ansell, MD, of the Department of Medicine at Boston University Medical Center.

Blood clotting is essential for human life, as it allows the body to defend itself against blood loss from injury. When a blood vessel is severed, the blood thickens, or coagulates (clots), thereby plugging up the vessel and preventing too much blood from escaping. If blood did not clot in this fashion, even the most insignificant cut or internal injury could lead to fatal blood loss.

However, blood clotting can create problems for certain individuals, particularly those with conditions that put them at risk for "emboli," blood clots that form in the arteries or the heart. Depending on where these clots form or lodge, they can create roadblocks that prevent oxygen-rich blood from reaching essential organs, such as the brain or heart, and lead to life-threatening heart attacks and strokes.

People with heart rhythm disturbances, artificial heart valves, phlebitis (blood clots in the legs) or, in some cases, those who have had a stroke or heart attack, are particularly susceptible to developing emboli. For such patients, Coumadin can be lifesaving.

The danger of Coumadin is that, at certain dosages or under certain conditions, it can prevent blood from clotting when it should. "Because Coumadin's effect varies among individuals, and even in the same individual over time, it must be monitored closely and frequently to ensure that the proper dosage is always being taken," says Ansell.

Many factors can alter the delicate balance of Coumadin's effect on the blood, so patients must keep their doctor informed about virtually any changes in their daily habits or health. These include changes in their diet or consumption of alcohol, illnesses, use of other medications (including over-the-counter drugs), and weight loss or gain.

"Even something as ostensibly healthy as going on a weight-reduction diet (which often includes eating copious amounts of vitamin K-rich foods, such as salads), must be reported to the patient's physician," says Ansell. Patients must also avoid activities that could put them at risk for bleeding, such as contact sports or even skiing.

Coumadin's action is monitored with a blood test that checks the time it takes for the blood to clot. Normal clotting time is about 12 seconds. The optimum time for a patient taking Coumadin should be about twice that, says Ansell.

To ensure that the prescribed dosage is within this therapeutic range, patients just starting the drug must have their blood checked at least once a week for several weeks, every two or three weeks once they are stabilized and, eventually, once a month (if they are stable) for as long as they take the medication.

The most serious risk posed by Coumadin is major (often internal) bleeding, which may require transfusions and sometimes hospitalization. Between five and 10 percent of patients suffer such an episode, which, on rare occasion, is fatal. However, says Ansell, "With good, systematic, well-coordinated care, the rate of major bleeding drops to an average of about two percent."

Symptoms of bleeding that should be brought to a physician's attention immediately include obvious external bleeding from a cut or other injury, as well as signs of internal bleeding, such as black and tarry or blood-tinged stools, pink urine, bleeding gums, or nosebleeds.

Many major medical centers (including Boston University Medical Center, now have anti-coagulation clinics to educate patients about Coumadin and to monitor their doses very closely.

This "Matters of Health" was written in cooperation with Jack Ansell, MD, a hematologist in the Department of Medicine at Boston University Medical Center. Readers with questions about Coumadin, or those who wish to discuss other health issues, may contact the BUMC Health Connection, at 617-638-6767. Readers may suggest topics for future "Matters of Health" by writing to Boston University Medical Center Hospital, Department of Public Relations, 88 East Newton Street, Boston, MA 02118.



DOING SOME MINING—Jim Mann of Mt. Mann Jewelers in Bethel recently opened the "Crystal Cave" in the basement of his shop. Children can pick quartz, feldspar, mica and other area rocks and minerals from a trough in the cave, which is dimly lit to simulate a mine. Here, Patricia Blachut, 9, and Paul Gaudreau, 7, of Bethel check their finds against an identification chart at the cave entrance. (Photo by Alison Aloisio)

Drivin' to rock at Snow Ball

Drivin', a dance band from Ipswich, Mass., will be featured at the first annual Gould Academy/Sunday River Snow Ball on Jan. 18.

The band specializes in 1960s and 1970s rock 'n roll.

All the members of the band were formerly with the Fools, a popular band in the 1980s. The Fools had a number of hit songs, including "It's a Night for Beautiful Girls."

The Snow Ball will take place at the Summit Hotel, and begins at 5:30 p.m. For more information call 824-7707.

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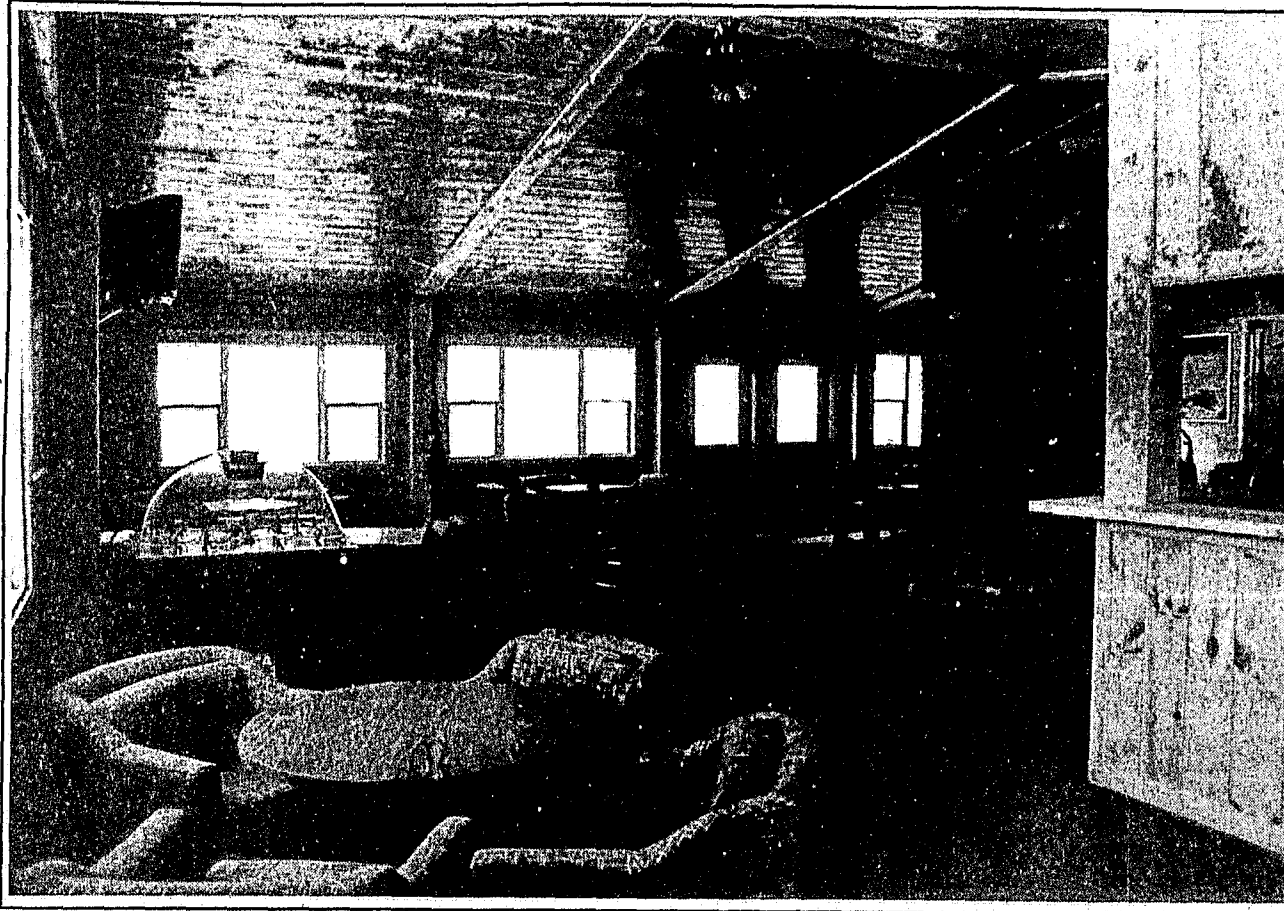
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Mt. Abram's
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(Photo by Michael Daniels)

From the UM Cooperative Extension:

Traditional Goes Healthy

Do you want to learn how to alter your favorite recipes to make them healthier? "Traditional Goes Healthy" is a two-part program, offered by the University of Maine Cooperative Extension in Oxford County, designed to help participants reduce fat, salt, sugar, and calories, and increase other valuable nutrients.

"Many people have recipe boxes stuffed with their old family favorites, but these traditional recipes are typically very high in fat, salt, sugar and calories," said Wendy Legg Pollock, Extension educator and presenter of the workshop. "With today's focus on nutrition, people often want to alter the recipes they

know and love rather than use new cookbooks full of unfamiliar foods. Traditional Goes Healthy is designed to help people make those healthier alterations."

The program will be held on Thursdays, Jan. 23 and 30 at the Extension Office on Olson Road in South Paris. Two time slots are offered: 9:30 to 11:30 a.m. or 6:30 to 8:30 p.m.

The workshop is open to the public, free of charge, but preregistration is required. Call the Extension office at 743-6329 or 1-800-287-1482 to register by Jan. 17.

FRUIT ORDERS

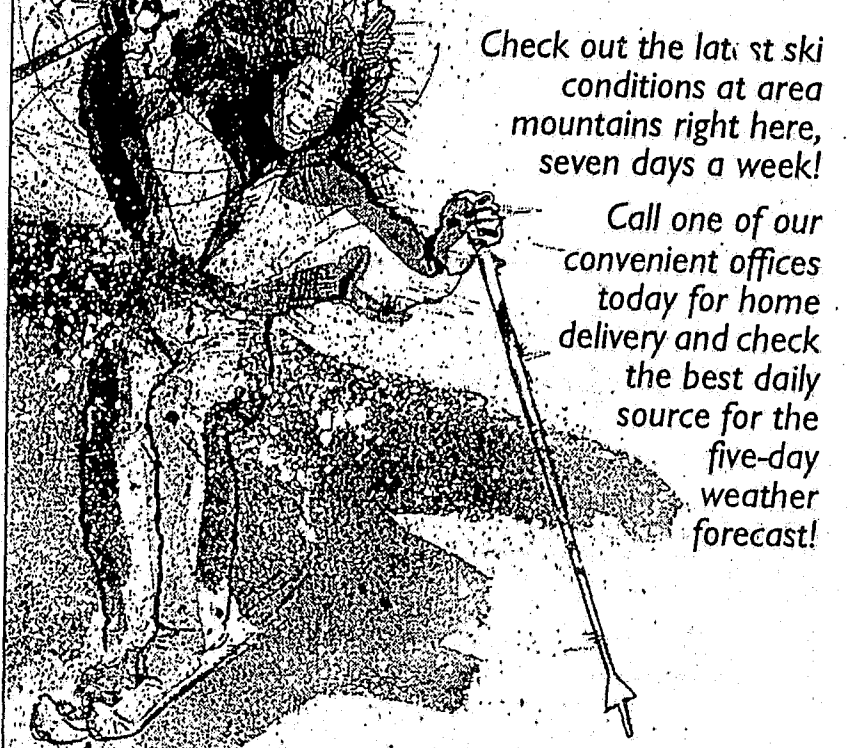
The second fruit order of the season, offered by Rumford Point Church, must be placed by Jan. 5, with the expected pick-up date from 3:30 to 6 p.m. on Jan. 15 at the Rumford Point parsonage. Prices: navel oranges, \$18.25 (case), \$9.50 (half case); grapefruit, \$15.75 (case), \$8.25 (half case); Honeybell Tangelos, \$12.50 (half case only).

The third order must be placed by Feb. 2 for expected pick-up on Feb. 12.

The fourth and final order must be placed by March 2 for expected pick-up on March 12.

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1990 Nissan PU 4 cyl, 5 spd, am/fm, cruise, chrome wheels, bed liner, cloth int, rear sliding window, nice clean like truck, red. \$136.92 mo Sale price \$4925. Pmts: \$800 down cash or trade at 13.9% APR for 36 months.		1989 Dodge Dakota P/U 6 cyl, auto, a/c, am/fm, rear sliding window, cloth int, bronze. \$143.58 mo Sale price \$4975. Pmts: \$800 down cash or trade at 13.9% APR for 36 months.		1988 Dodge Ram 50 4x4 4 cyl, 5 spd, am/fm, rear sliding window, gray. \$153.18 mo Sale price \$3950. Pmts: \$800 down cash or trade at 14.25% APR for 36 months.		1987 Chevy S10 Ex-Cab 4x4 6 cyl, auto, p/w, p/t, tilt, am/fm, cruise, styled wheels, bedliner, gray. \$166.51 mo Sale price \$4950. Pmts: \$800 down cash or trade at 14.25% APR for 36 months.	
1988 Chevy S10 Blazer 4x4 6 cyl, auto, am/fm, cruise, two tone, black/td. \$143.43 mo Sale price \$4950. Pmts: \$800 down cash or trade at 14.25% APR for 36 months.		1991 Chevy Lumina Euro 4 Dr 6 cyl, auto, a/c, p., windows/locks, tilt, cruise, am/fm, cloth int, only 62K miles, white. \$211.06 mo Sale price \$4950. Pmts: \$800 down cash or trade at 12.9% APR for 48 months.		1991 Pontiac Lemans 4 dr, 4 cyl, auto, a/c, am/fm, 65K miles, blue. \$136.40 mo Sale price \$4250 Pmts \$800 cash down or trade at 12.9% APR for 36 months.		1990 Chevy Lumina Euro 2 dr, 6 cyl, auto, a/c, p/w, p/t, tilt, cruise, alum wheels, cloth int. Only 68K miles, perfect car White. \$167.38 mo Sale price \$4950. Pmts: \$800 down cash or trade at 13.9% APR for 36 months.	
1989 Chevy Celebrity 4 dr, 6 cyl, auto, a/c, p/t, tilt, cruise, am/fm, cloth int. Just 63K miles, white. \$128.22 mo Sale price \$4850. Pmts: \$800 down cash or trade at 13.9% APR for 36 months.		1989 Toyota Celica GT 2 dr, 4 cyl, 5 spd, a/c, tilt, am/fm, cloth int. \$165.81 mo Sale price \$4950. Pmts: \$800 down cash or trade at 13.9% APR for 36 months.		1989 Dodge Colt 4x4 Wagon 4 cyl, 5 spd, am/fm, styled wheels, cloth int., blue. \$134.99 mo Sale price \$2,950. Pmts: \$800 down cash or trade at 13.9% APR for 36 months.		1989 Pontiac Sunbird SE 4 dr, 4 cyl, 5 spd, am/fm, cruise, alum wheels, cloth int. Maroon. \$125.71 mo Sale price \$2500. Pmts: \$500 down cash or trade at 13.9% APR for 18 months.	
1988 Ford Tempo 4x4 4 dr, 4 cyl, auto, a/c, am/fm, styled wheels, cloth int, gray. \$145.93 mo Sale price \$3600. Pmts: \$600 down cash or trade at 14.25% APR for 36 months.		1988 Chrysler Lebaron 2 dr, 4 cyl, turbo, auto, a/c, p/w, p/t, tilt, cruise, am/fm, cruise, alum wheels, cloth int, two tone, only 74K miles, maroon/silver. \$133.96 mo Sale price \$3550. Pmts: \$800 down cash or trade at 14.25% APR for 36 months.		1988 Nissan Sentra SE 2 dr, 4 cyl, auto, tilt, am/fm, cruise, sun roof, aluminum wheels, cloth int, white. \$123.71 mo Sale price \$4,375. Pmts: \$800 down cash or trade at 14.25% APR for 36 months.		1989 Mercury Grand Marquis 4 dr, 8 cyl, auto, a/c, p/w, p/t, p/m, p/s, tilt, cruise, am/fm, power sun roof, cloth int. Nice care. White. \$148.87 mo Sale price \$5130. Pmts: \$800 down cash or trade at 13.9% APR for 36 months.	
1988 Ford Escort 2 dr, 4 cyl, 5 spd, am/fm, cloth int. 1 owner, only 81K miles, Nickel Blue. \$150.86 mo Sale price \$3,000. Pmts: \$600 down cash or trade at 14.25% APR for 36 months.		1987 Ford Tempo GL 4 dr, 4 cyl, auto, a/c, tilt, am/fm, cloth int. Only 71K miles, blue. \$147.76 mo Sale price \$2,950. Pmts: \$800 down cash or trade at 14.25% APR for 36 months.		1987 Buick Century 4 dr, 4 cyl, auto, a/c, am/fm, cruise, cloth int, blue. \$151.21 mo Sale price \$4,250. Pmts: \$800 down cash or trade at 14.25% APR for 36 months.		DEAL OF THE WEEK! 	

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1988 Hyundai Excel GLS auto, low miles.....\$2,695	1986 Ford Tempo LX, 2dr, sunroof, silver.....\$1,995	1984 Plymouth Reliant Wagon only 64K miles.....\$1,995
1988 Ford Festiva 2 door, maroon.....\$1,495	1986 Chevy Caprice Wagon silver.....\$ 895	1982 Cadacy Eldorado Black, Nickel.....\$2,995
1988 Dodge Dynasty V-6, auto, a/c, green.....\$2,995	1986 Ford Ranger 4x2, only 61K miles, red.....\$1,950	1981 Pontiac Firebird 2 dr, red.....\$1,695
1988 Chevy Beretta Maroon.....\$ 995	1986 Ford F150 4x2, p/u, red.....\$1,495	1979 Chrysler Cordoba T-tops, NH Inspected, black.....\$1,495

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1990 Plymouth Grand Voyager SE V6, auto, air, am/fm radio, 79k miles... \$6,795
1990 Dodge Pickup V-8, auto, 4x4, 72k miles... Was \$7,995 Now \$7,495
1989 Ford Bronco Two 4x4 XLT, air, 69k miles... \$6,995
1988 Toyota Corolla All Track Station Wagon, 4 cyl, 5 spd, am/fm radio, 94k miles... \$4,195
1987 Chevy Caprice Classic V8, auto, air, am/fm radio, 104k miles... \$2,495
1986 Ford Mustang V6, auto, am/fm radio, 73k miles... \$1,995

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TRUCKS & SPORTS UTILITIES

1994 Ford Ranger XLT P/U 4 cyl, 5spd, am/fm cass, anti-lock brakes, dual fuel tanks, cloth int, bedliner. Clean truck! Green. \$192.03 mo Sale price \$9,500. Pmts: \$800 down cash or trade at 11.5% APR for 60 months.	1994 Toyota Ex-Cab 4x2 4 cyl, 5 spd, tilt, am/fm, cloth int, 5 pass, rear sliding window, blue. Nice truck! \$236.02 mo Sale price \$11,500. Pmts: \$800 down cash or trade at 11.5% APR for 60 months.	1994 Ford F150 XL P/U 6 cyl, 5 spd, a/c, am/fm cass, driver's air bag, dual fuel tanks, cloth int, red, only 47k miles Green/silver. \$224.47 mo Sale price \$10,975. Pmts: \$800 down cash or trade at 11.5% APR for 60 months.	1994 Chevy S10 LS Pickup 4 cyl, 5 spd, am/fm cass, anti-lock brakes, cloth int, two-tone, bedliner, nice, nice, nice Green/silver. \$201.93 mo Sale price \$9,950. Pmts: \$800 down cash or trade at 11.5% APR for 60 months.	1993 Chevy S10 Blazer LT 4x4 6 cyl, auto, a/c, p/w, p/t, tilt, cruise, am/fm cass, anti-lock brakes, alum wheels, leather int, two tone, only 56k miles, green/tan. \$339.40 mo Sale price \$14,950. Pmts: \$800 down cash or trade at 11.5% APR for 60 months.	1993 Nissan Ext Cab 4x4 P/U 4 cyl, 5 spd, am/fm cass, chrome wheels, cloth int, bedliner. Just like new! Red. \$269.44 mo Sale price \$12,950. Pmts: \$800 down cash or trade at 11.5% APR for 60 months.
1993 GMC Sonoma Ext Cab 4x4 P/U 6 cyl, auto, a/c, p/w, p/t, tilt, cruise, am/fm cass, anti-lock rear brakes, alum wheels, cloth int, two tone, bedliner. Clean Truck! White. \$280.77 mo Sale price \$12,600. Pmts: \$800 down cash or trade at 11.5% APR for 60 months.	1993 Chevy 1500 Sportside 4x4 8 cyl, 350, auto, a/c, p/w, p/t, tilt, cruise, am/fm cass, anti-lock rear brakes, alum wheels, cloth int, 271 pig, only 57k miles, steel! Black/silver. \$325.04 mo Sale price \$13,500. Pmts: \$800 down cash or trade at 11.5% APR for 60 months.	1993 Chevy 1500 P/U 8 cyl, auto, a/c, p/w, p/t, tilt, cruise, am/fm cass, anti-lock rear brakes, alum wheels, cloth int, two tone, bedliner. Silverado pig. Blue/blue. \$264.02 mo Sale price \$11,850. Pmts: \$800 down cash or trade at 11.5% APR for 60 months.	1993 Ford F150 w/Plow 4x4 6 cyl, 5 spd, am/fm, anti-lock rear brakes, bedliner, dual fuel tanks, Fisher Plow, gray. \$308.84 mo Sale price \$12,950. Pmts: \$800 down cash or trade at 11.5% APR for 60 months.	1992 Toyota 4x4 P/U 4 cyl, 5 spd, am/fm, anti-lock rear brakes, bedliner, sliding window, only 48k miles, nice truck! White. \$268.13 mo Sale price \$10,950. Pmts: \$800 down cash or trade at 12% APR for 48 months.	1992 Isuzu Rodeo 4x4 4dr, 6cyl, 5spd, a/c, am/fm cass, sun roof anti-lock rear brakes, alum wheels, cloth int. Black. \$268.78 mo Sale price \$10,975. Pmts: \$800 down cash or trade at 12% APR for 48 months.
1992 Geo Tracker Conv. 4x4 4 cyl, auto, am/fm cass, styled wheels, cloth int, only 52k miles, blue. \$227.31 mo Sale price \$9,400. Pmts: \$800 down cash or trade at 12% APR for 48 months.	1992 Chevy 1500 Ext. Cab 4x4 P/U 6cyl, 5 spd, am/fm, anti-lock brakes, cloth int, bedliner, red, only 28k mil \$215.46 mo Sale price \$9,950. Pmts: \$800 down cash or trade at 12% APR for 48 months.	1992 Chevy 1500 P/U 6cyl, 5 spd, a/c, p/w, p/t, tilt, cruise, am/fm cass, anti-lock rear brakes, alum wheels, cloth int, bedliner. Silverado. A must see truck! White. \$291.63 mo Sale price \$11,850. Pmts: \$800 down cash or trade at 12% APR for 48 months.	1992 Chevy 1500 P/U 8cyl, 5spd, a/c, p/t, tilt, cruise, am/fm cass, anti-lock rear brakes, alum wheels, cloth int, Silverado, blue/silver. \$268.78 mo Sale price \$10,975. Pmts: \$800 down cash or trade at 12% APR for 48 months.	1992 GMC 1500 4x4 8cyl, auto, am/fm cass, rear anti-lock brakes, cloth int, blue \$256.28 mo Sale price \$10,500. Pmts: \$800 down cash or trade at 12% APR for 48 months.	1992 Ford F150 4x4 P/U 8cyl, auto, a/c, p/w, p/t, tilt, cruise, am/fm cass, anti-lock rear brakes, chrome wheels, cloth int, bedliner, rear sliding window. XLT, red/gray. \$291.17 mo Sale price \$11,825. Pmts: \$800 down cash or trade at 12% APR for 48 months.
1992 Ford Explorer 4x4 4dr, 6cyl, auto, a/c, p/w, p/t, tilt, cruise, am/fm cass, anti-lock brakes, alum wheels, cloth int, two tone, Nice and Clean! Silver/blue. \$369.51 mo Sale price \$14,800. Pmts: \$800 down cash or trade at 12% APR for 60 months.	1992 Dodge Dakota LE PU 6 cyl, auto, a/c, am/fm cass, styled wheels, cloth int, 2-tone, bedliner, rear sliding window, clean truck! Gray/silver. \$214.80 mo Sale price \$9,925. Pmts: \$800 down cash or trade at 12% APR for 48 months.	1992 Ford Ranger Ext-Cab 4x4 P/U 6 cyl, 5spd, am/fm cass, anti-lock rear brakes, alum wheels, cloth int, bedliner, rear sliding window, XLT, maroon. \$237.33 mo Sale price \$10,975. Pmts: \$800 down cash or trade at 12% APR for 48 months.	1991 Isuzu Trooper 4x4 4dr, 5cyl, a/c, cloth int, styled wheels, blue. \$215.46 mo Sale price \$9,950. Pmts: \$800 down cash or trade at 12% APR for 48 months.	1991 Ford Explorer 4x4 w/plow 4dr, 6cyl, auto, a/c, p/w, p/t, tilt, cruise, am/fm cass, anti-lock rear ABS brakes, alum wheels, cloth int, XLT, new min. Fisher Plow. Blue. \$338.41 mo Sale price \$12,500. Pmts: \$800 down cash or trade at 12.5% APR for 48 months.	1991 Ford Ranger Ext. 4x4 4cyl, auto, tilt, cruise, am/fm cass, anti-lock rear brakes, chrome wheels, cloth int, bronze \$245.87 mo Sale price \$9,950. Pmts: \$800 down cash or trade at 12.9% APR for 48 months.
1990 GMC 2500 4x4 P/U 8 cyl, auto, am/fm, anti-lock rear brakes, styled wheels, cloth int, rear sliding window, black \$276.36 mo Sale price \$10,975. Pmts: \$800 down cash or trade at 11.5% APR for 60 months.	1990 Chevy S-10 Blazer 4x4 6cyl, 5 spd, tilt, cruise, am/fm cass, alum wheels, cloth int, rear sliding window, brown. \$194.16 mo Sale price \$7,950. Pmts: \$800 down cash or trade at 13.5% APR for 48 months.	1990 Ford Ranger Ext-Cab 4x4 8cyl, 5spd, anti-lock rear brakes, alum. whls., cloth int, bedliner, am/fm, blue. \$221.53 mo Sale price \$8,950. Pmts: \$800 down cash or trade at 13.5% APR for 48 months.	1988 Ford F150 Ext Cab PU 8cyl, 5spd, tilt, cruise, am/fm cass, anti-lock brakes, cloth int, two tone, bedliner. 85 K miles, blue/white. \$246.33 mo Sale price \$7,950. Pmts: \$800 down cash or trade at 14.25% APR for 36 months.	1988 Ford F150 4x4 P/U 8cyl, 4 spd, tilt, cruise, am/fm cass, cloth int, blue/blue. \$143.43 mo Sale price \$4,950. Pmts: \$800 down cash or trade at 14.25% APR for 36 months.	1988 Jeep Wrangler Laredo 4x4 6 cyl, auto, a/c, tilt, cruise, am/fm cass, alum wheels, cloth int, 87K mi, Fun, Fun, Fun, Maroon. \$263.48 mo Sale price \$8,450. Pmts: \$800 at 14.25% APR for 36 months.

Cars • Cars

DEAL OF THE WEEK!
1993 Ford Escort Wgn
4 cyl, 5 spd, a/c, p/m, am/fm cass, cloth int, only 55K miles, roof rack, red.
Sale price \$6351. Pmts: \$800 down cash or trade at 11.75% APR for 54 months. **\$133.61 mo**

1995 Buick Skylark 4dr, 6cyl, auto, a/c, p/w, p/t, tilt, cruise, am/fm cass, driver's air bag, anti-lock brakes, styled wheels, cloth int. Nice car, green. \$219.20 mo Sale price \$10,860. Pmts: \$800 down cash or trade at 11% APR for 60 months.	1995 Hyundai Accent 4 dr, 4 cyl, 5 spd, am/fm, dual air bag, cloth int, only 70K miles, dusty rose. \$172.46 mo Sale price \$8,700. Pmts: \$800 down cash or trade at 11% APR for 60 months.	1995 Eagle Summit 2dr, 4cyl, 5spd, cloth int, green. \$145.28 mo Sale price \$7,450. Pmts: \$800 down cash or trade at 11% APR for 60 months.	1995 Chevy Beretta 2 dr, 4 cyl, auto, a/c, p/w, p/t, tilt, cruise, am/fm cass, anti-lock brakes, cloth int, black. Only 19K miles. \$220.29 mo Sale price \$10,900. Pmts: \$800 down cash or trade at 11% APR for 60 months.	1995 Neon Highline 4dr, 4cyl, 5spd, a/c, am/fm, dual air bag, cloth int. Only 7K miles. Green. \$188.76 mo Sale price \$9,450. Pmts: \$800 down cash or trade at 11% APR for 60 months.	1995 Ford Escort 2 dr, 4 cyl, 5 spd, a/c, p/m am/fm cass, dual air bags, anti-lock brakes, cloth int. Just like new! Only 15K miles. Green. \$200.82 mo Sale price \$10,950. Pmts: \$800 down cash or trade at 11% APR for 60 months.
1994 Hyundai Excel 2dr, 4cyl, auto, am/fm cass, cloth int. Only 27K miles, silver. \$123.37 mo Sale price \$9,925. Pmts: \$800 down cash or trade at 11.5% APR for 54 months.	1993 Pontiac Grand Am 4 Dr 4 cyl, auto, a/c, p. locks, tilt, cruise, am/fm cass, anti-lock brakes, cloth int, maroon. \$195.81 mo Sale price \$8,950. Pmts: \$800 down cash or trade at 11.75% APR for 54 months.	1993 Suzuki Swift GT 2dr, 4 cyl, 5 spd, am/fm cass, sun roof, cloth int. Only 28K miles, red. \$154.53 mo Sale price \$7,225. Pmts: \$800 down cash or trade at 11.75% APR for 54 months.	1993 Ford Probe 2dr, 4 cyl, 5 spd, a/c, p/w, p/t, tilt, cruise, am/fm cass, pwr sun roof, driver's air bag, cloth int, aqua. \$183.84 mo Sale price \$8,950. Pmts: \$800 down cash or trade at 11.75% APR for 54 months.	1994 Mercury Tracer LTS 4 dr, 4 cyl, auto, a/c, p/w, p/t, tilt, cruise, am/fm cass, driver's air bag, alum wheels, cloth int. Only 27K miles, sporty looking, red. \$201.93 mo Sale price \$9,950. Pmts: \$800 down cash or trade at 11.5% APR for 60 months.	1994 Dodge Grand Caravan Sport Van 6 cyl, auto, a/c, p/w, p/t, tilt, cruise, am/fm cass, dual air bag, alum wheels, cloth int, 7 pass, deep tinted glass, A Beauty Maroon. \$266.81 mo Sale price \$12,400. Pmts: \$800 down cash or trade at 11.5% APR for 60 months.
1993 Nissan Sentra XE 4 dr, 4 cyl, 5 spd, a/c, p/m, tilt, cruise, am/fm cass, cloth int. Neat Car! Only 42K miles. Gray. \$183.24 mo Sale price \$9,425. Pmts: \$800 down cash or trade at 11.75% APR for 54 months.	1993 Chevy Lumina Euro 2 dr, 6 cyl, auto, a/c, p/w, p/t, tilt, cruise, am/fm cass, sun roof, anti-lock brakes, alum wheels, cloth int, black. \$240.08 mo Sale price \$10,800. Pmts: \$800 down cash or trade at 11.75% APR for 54 months.	1993 Mazda Protege 4dr, 4cyl, auto, cloth int. Only 61K miles, am/fm, green. \$147.94 mo Sale price \$6,850. Pmts: \$800 down cash or trade at 11.75% APR for 54 months.	1993 Subaru Legacy 4dr, 4cyl, auto, a/c, p/w, p/t, tilt, cruise, am/fm cass, driver's air bag, cloth int. Only 42K miles, white. \$219.74 mo Sale price \$9,950. Pmts: \$800 down cash or trade at 11.75% APR for 54 months.	1992 Geo Storm 4 cyl, auto, a/c, am/fm, driver's air bag, cloth int, 44k miles, green. \$149.31 mo Sale price \$6,975. Pmts: \$800 down cash or trade at 12% APR for 54 months.	1992 Buick Regal Limited 4 dr, 6 cyl, auto, a/c, p. widows/mirrors/seat, tilt, cruise, am/fm cass, anti-lock brakes, alum whls, cloth int, deep tinted glass, red. \$238.50 mo Sale price \$9,825. Pmts: \$800 down cash or trade at 12% APR for 60 months.
1992 Mercury Cougar LS 2dr, 6 cyl, auto, a/c, p/w, p/t, p/m p/s, tilt, cruise, am/fm cass, alum wheels, cloth int, white. \$189.12 mo Sale price \$7,950. Pmts: \$800 down cash or trade at 12% APR for 48 months.	1992 Ford Extended Aerostar 4x4 Van 6cyl, auto, a/c, tilt, cruise, am/fm cass, driver's air bag, anti-lock brakes, cloth int, 7 pass, deep tinted glass. XL pkg. Green. \$233.89 mo Sale price \$8,950. Pmts: \$800 down cash or trade at 12% APR for 48 months.	1992 Dodge Dynasty 4dr, 6 cyl, auto, a/c, p/w, p/t, tilt, cruise, am/fm cass, cloth int, Brougham addition, Gold. \$175.96 mo Sale price \$7,450. Pmts: \$800 down cash or trade at 12% APR for 48 months.	1992 Geo Storm Hatchback 2 dr, 4 cyl, auto, a/c, am/fm, driver's air bag, cloth int, only 44K miles, green. \$150.94 mo Sale price \$6,500. Pmts: \$800 down cash or trade at 12% APR for 48 months.	1991 Mazda 626LX 4 dr, 4 cyl, auto, a/c, p/w, p/t, tilt, cruise, am/fm cass, alum wheels, cloth int. Power moon roof! Only 65K miles. Blue. \$211.06 mo Sale price \$8,850. Pmts: \$800 down cash or trade at 12.9% APR for 48 months.	1991 OMC Safari Extended 4x4 Van 6 cyl, auto, a/c, p/w, p/t, tilt, cruise, am/fm cass, styled wheels, cloth int, 7 pass, two tone, deep tinted glass. Only 68K miles. SLT pkg. Blue/blue. \$273.32 mo Sale price \$10,975. Pmts: \$800 down cash or trade at 12.9% APR for 48 months.
1991 Isuzu Trooper 4x4 4 Dr 4 cyl, 5 spd, a/c, p/w, p/t, tilt, cruise, am/fm cass, alum wheels, cloth int, maroon \$234.49 mo Sale price \$9,925. Pmts: \$800 down cash or trade at 12.2% APR for 48 months.	1991 Pontiac Bonneville 4dr, 6cyl, auto, a/c, p/w, p/t, tilt, cruise, am/fm cass, alum wheels, cloth int, maroon \$162.88 mo Sale price \$6,950. Pmts: \$800 down cash or trade at 12.9% APR for 48 months.	1991 Buick Regal 4 dr, 6 cyl, auto, a/c, p/w, p/t, tilt, cruise, am/fm cass, cloth int, deep tinted glass, maroon. \$186.96 mo Sale price \$7,750. Pmts: \$800 down cash or trade at 12.2% APR for 48 months.	1991 Dodge Caravan 6 cyl, auto, cloth int., 7 pass, pwr/mirror, gray. \$219.09 mo Sale price \$8,950. Pmts: \$800 down cash or trade at 12.2% APR for 48 months.	1990 Ford Aerostar Extended 4x4 6 cyl, auto, a/c, p/w, p/t, tilt, cruise, am/fm cass, rear anti-lock brakes, al whls, cloth int, 7 pass, 2 tone, dip tint glass, l/r w/a/c, black/tan \$221.53 mo Sale price \$8,950. Pmts: \$800 down cash or trade at 13.5% APR for 48 months.	1990 Lincoln Town Car 4dr, 8 cyl, auto, a/c, p/w, p/t, tilt, cruise, am/fm cass, driver's air bag, alum wheels, cloth int, silver. \$203.50 mo Sale price \$7,500. Pmts: \$800 down cash or trade at 13.9% APR for 48 months.

Credit Problems? No Credit - Slow or Bad Credit? We Might Be Able To Help!

Hours: Mon-Fri 9-6; Sat. 9-5
Sunday 12-5
Route 16, Gorham, NH
603-466-2267

PAT'S AUTO SALES ANNEX

Conway Route 16
MAINE Route 2
PAT'S AUTO SALES ANNEX
Gorham, Route 16
PAT'S AUTO SALES ★

Classifieds ~ Call 824-2444

TOPS (Take Off Pounds Sensibly). Wed. 5:45-7 pm, Telstar Cafeteria, 11th
S.H.A.R.E., a support group for parents who have suffered an infant loss, stillborn birth or miscarriage. Stephens Memorial Hospital, first Thursday of each month, 7 pm. For information, call 824-2913. 24th

Bethel Freedom Group AA, which meets at Bethel Fire Station, Sunday 6-7:30, CBB; Tuesday 7-8:00 OD; O-Literature; Friday 7:30-9C 12x12. 23th
AL-ANON, Wednesday, 8 pm Telstar Regional High 28th

AA MEETS Wednesday, 8 pm, at Telstar Regional High School. 21th
JOHN 4:23 Worship the Father in spirit. If the Holy Spirit is showing you a worship center, Write Christian Worship, Box 1426, Mesa, AZ 85211 01th

Buy Direct and Save! Commercial/home units from \$199. Low monthly payments. Free color catalog. Call Today 1-800-842-1305. 1st
TV'S COLOR - USED. \$75 and up. Discount when you buy quantity. Call 364-7520 29th
DRY, SEASONED ONE YEAR, mixed hardwood firewood. Tree length. Sold by the load. Approximately \$80 a cord. Delivered. 364-7520 48th
SUPER NES + 8 Games \$200. 824-2148 leave message. We'll get back to you. 1-2th

For Sale General

WOLFF TANNING BEDS. Tan at home.

HELP WANTED

The Lewiston Sun-Journal is seeking to fill the following full-time positions:

REPORTER for the bureau covering the Rumford and Bethel areas. Experience working for daily or weekly newspaper preferred. Must be willing to live in the area and work irregular hours. Send resume with cover letter, clips to Heather McCarthy, P.O. Box 4400, Lewiston, ME 04243-4400
COPY EDITOR to work in the Lewiston office. Must be able to work quickly and accurately under deadline pressure. Excellent language skills and a strong commitment to quality community journalism required. Quark Xpress skills a definite plus. Need a team player willing to work nights. Send resume with cover letter to Carol Coultas, P.O. Box 4400, Lewiston, ME 04243-4400

Tools

RINSENVAC carpet cleaner, rug shampooers, sewer snakes, sump pumps, space heaters, chipper-shredder at Brooks Bros., Inc., Main St., Bethel. 824-2158 16th

THE CROWN MUSEUM & ANTIQUE SHOP
 Bryant Pond

Lost & Found

LOST FROM THE MAYVILLE AREA a large neutered male cat. Grey tiger with white chest, paws and legs. Last seen Nov. 18th. Please call Beverly with any information. 824-3397 or 824-2166. 48th
FOUND IN SOUTH POND AREA. Neutered male tiger cat. About 10-12 years old. Looks thin and hungry. Call Bethel Animal Hospital. 824-2212 1-2th

Health & Fitness

DIABETICS! (using insulin) Did you know Medicare or insurance covers most supplies? Save money - call 1-800-633-2001. Library Medical - Satisfaction Guaranteed. No HMO members. Mention 251910. 01th

Town of West Paris

is accepting bids for the Town Report. All bids are to be in on Jan. 16th by 4 pm. Please contact office at 674-2701 for details.

Financial Services

BEHIND ON BILLS? Get immediate relief! Free debt management/consolidation... reduced payments... lower interest. Stop collection calls, restore credit. Non-profit, bonded CCCI tollfree 1-888-455-2227. 01th
HOME LOANS, NO CREDIT, Debt consolidations, non income, refinance purchase. We buy mortgages, business notes, insurance settlements, annuities, lotteries. 1-800-391-CASH. 1-800-866-WANT?? 24 hr. hotline. 01th

Services

BENNETT'S UPHOLSTERY - Home and office furniture, antique and modern. Call for free estimates, quality workmanship at very reasonable prices. 824-2336. 15th
RECYCLING - Old lawn mowers, engines, chain saws, lawn tractors, shredders, water pumps, trimmers. Bailey's Outdoor Power. 824-2403. 11th
ADULT EDUCATION: Academic Brush-up, GED, Career Guidance. Day & Evening. Get started on new direction NOW. Call 824-2780. SAD 44 Adult & community Education. 19th
STOP YOUR ROOF DAMAGE NOW! Snow removal from roofs * Valleys & Eaves De-iced. Best Rates in Town, References Available. 836-6001 - Tony 48-8
IF YOU WOULD LIKE YOUR HOME CLEANED by a reliable, thorough, experienced cleaner call 824-4343. 1-4p

Business/Commercial Opportunities

FOR MORE INFORMATION AND ASSISTANCE regarding the rules of financing, business opportunities and work at home opportunities. The Bethel Citizen urges its readers to contact the Better Business Bureau, Inc., Maine Division, 812 Stevens Avenue, Portland, ME 04103-2648
GLOBAL BUSINESS OPPORTUNITY. Direct Marketing. Outstanding support. Knowledge Systems. Start up under \$10,000. 90% profit margin. Potential six figures within 6 months. 1-800-432-0018 ext. 1554. 01th

Commercial For Rent

700 SQ. FT. HEATED ideal for hair dressing, office space, retail etc. Excellent exposure. Rt. 26 Bryant Pond \$300 month 665-2508 41th
PRIME RETAIL SPACE on busy Route 2 West Bethel location. Jeff or Patie Parsons. (207) 836-3607 18th

Room Wanted

1 PERSON SEEKING place to stay in Bethel or near Sunday River. Matt (508) 746-0853. 52-1p

Vacation Rentals/Properties

SONGO POND CAMPS For rent by the week. Call (207) 824-3191 leave message 21th

When it comes to Slopeside vacation homes... We're the experts!

Sunday River Realty, the area's only realty service specializing in slopeside properties, offers the most comprehensive selection of ski-in/ski-out townhouses and condominiums.

Find the slopeside vacation home of your dreams—pre-owned and new construction. Visit Sunday River Realty, 2nd floor at South Ridge Center, or call the on-mountain specialists at 207-824-5051.

Slopeside condominiums starting in the mid-\$40,000's

South Ridge Center
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 207-824-5051

HUD logo here

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We must move out ALL of our inventory to avoid paying high inventory taxes! Help us take it all away!!

BE THE FIRST TO SAVE UP TO 60% OFF

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OPEN SUNDAY 10-4
 MON. thru FRI. 9-8
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 OPEN EVERY EVENING

"Find your vacation home with us!"

Sun-drenched serenity!
 High on a knoll overlooking the mountains west of town sits this spectacular cape with over 2,800 sq. ft. of luxury on 5+/- acres featuring a lap pool, quality construction, oversized 2 car garage, shop, meticulous gardens and more! Unsurpassed views from your private retreat - \$289,000!

Wild River Realty
 Corner of Main & Vernon, P.O. Box 997, Bethel, ME 04217-0997
 (207) 824-3999

Great Land Deals!
Taylor Woods Subdivision - Bethel
 Lots - Offered from only \$13,500!!
Powder Ridge Lots
 Lot #90 - A great buy at \$29,950!
 Lot #91 - A great buy at \$33,000!
 Lot #76 - \$58,900! NOW ONLY \$39,900!
 Lot #7 - \$59,900!
 Lot #8 - \$79,500!
Rumford Point Lots
 Lot #1 (\$5+/-) - \$19,900!
 Lot #2 (40+/-) - \$49,900!
Andover - Mountain Lots
 Lot #1 (23+/-) - \$19,900!
 Lot #1 (20+/-) - \$18,900!
Woodstock (Rt. 26) Lots
 Lot #1 (11+/-) - \$35,900!
 Lot #2 (41+/-) - \$28,000!
 Lot #3 (46+/-) - \$32,900!
 Lot #4 (41+/-) - \$39,900!
 Lot #6 (45+/-) - \$9,500!

The Lindal Cedar Home at Powder Ridge. This beautiful home features over 3,000 sq. ft. of luxury with 5 bdrms, 3 ba, stone fireplace, gourmet kitchen and views - All for only \$249,000!

The beautiful Abbott House! - A rare opportunity to run one of Bethel's finer, small bed and breakfast homes. Super location with established business! Only \$189,900!

Area Condos
 Opera House from \$44,900!
 Pleasant River from \$44,900!
 Mt. Abram from \$47,000!
 Eden Ridge from \$99,000!
 Chamberlain from \$69,000!
 Powder Ridge from \$150,000!

Bogg Rd., Gilead - 3 bdrm, 2.5 ba., 2 car garage, beautiful red oak floors, 3,000+ sq. ft. ranch, spectacular views on 4+ ac. An unbelievable buy at only - \$149,000!

Middle Intervale Rd, Bethel - 2 bdrm, mobile home on over an acre. Nice clean property, ready for the ski season and very motivated seller! Now only - \$19,900!

Mill Hill Rd, Bethel - Very nice, well maintained, in-town mobile home. Town services, 2 bdrm, great location and priced right at \$54,000!

Waterfront on Hicks Pond, Greenwood - 2 bdrm, nice starter/retirement home and priced to sell! - Reduced to only \$79,900!

Truly a "Grand" Listing! - Mason St. - This grand home of distinction featuring 11 rms, 5-6 bdrm, great features throughout. Priced to be brought back to original charm! Reduced to sell at only \$149,900!

Indian Pond, Greenwood: Boasting lovely views; privacy and 100+/- waterfront, this nearly new 2 BR plus loft cottage is spacious, has fireplace, deck, full basement. \$97,900

Locke Mills: Former Market Place boasts 10,000+ sq. feet of retail space and is situated on highly travelled Route 26 en route to skitways/Bethel. Good visibility, endless possibilities. \$250,000

Harrison: Situated on 19+/- acres with a large private pond, this log cabin offers 1 BR plus a loft. Spacious garage (w/loft), long road frontage, residential and/or commercial potential. \$99,000

Greenwood: 3 BR ranch home boasts very spacious living areas, 2 1/2 baths (jacuzzi), lovely kitchen. Fireplaces, beautiful views of Mt. Abram slopes, privacy. NOW \$99,000

Concord Pond, Waterville: 1 BR, full bath in this cozy log cabin. Upper level, full bsmt. offer expansion potential. Frontage on Concord Pond! Privacy. Your choice - cabin/10+/- acres at \$59,900 or with 97+/- acres at \$89,000

West Paris: Affordably priced 3 unit apt. bldg. conveniently located. Offers easy commute to Bethel, Norway & Paris areas. Positive cash flow, good investment. FHA assumable. \$69,900-67,900

Round/South Ponds: Greenwood! Incredibly near round 3+ BR home boasts spacious living areas, 2 car garage, frontage on both ponds, privacy, quality construction. \$245,900

Bethel: Conveniently located on Route 26 en route to Bethel Village/Sunday River. Cozy 3 BR home needs your TLC. Take a look! Reduced to \$24,900

HOUSE LOTS & LAND
Howe Hill, Greenwood
 9+/- acre building lot en route to Mt. Abram. \$15,000
Johnson Park, East Bethel
 1/2 acre building lot. Convenient location, privacy, affordable, owner financing. \$11,900
Off Route 26, Woodstock
 1+/- acre building lot \$11,900
Mt. Abram
 Building lot awaits your blue prints! Walk to slopes. \$15,000
Curtis Hill, Bryant Pond
 64+/- private acres. Surveyed, tree growth, ROW to property, views. \$29,900
Rowe Hill Road, Greenwood
 Greenwood 7+/- acre, convenient loc. **SOLD** NOW \$10,900
Martin Road, Greenwood
 1+/- acre buildable lot in prime convenient location. \$11,900

CONDOS
Lake Christopher: 3 BR unit boasts spectacular lake & mountain views. Year round enjoyment at a reasonable price. \$74,900 NOW \$62,900
Mt. Abram: Furnished 1 BR unit only a short walk to the slopes! Comfort and affordability. \$43,900
Bethel Inn: Visit Bethel Village & Sunday River nearby while stay! **SOLD** R. 2 bath townhome overlooking golf course. \$115,000

SEASONAL OR SHORT TERM RENTALS!

FOUR SEASONS REALTY
 "For all your real estate needs"
 Route 26 • PO Box 119 • Locke Mills, ME 04255 • 207-875-2414 • 207-665-2883
 See us on the Internet at: [HTTP://WWW.NEWMARKETS.COM/4SEASONS.HTM](http://WWW.NEWMARKETS.COM/4SEASONS.HTM)

Rt. 26, Bryant Pond: Commercial space, residence or rental potential! This 4 BR ranch offers attractive living area (recently renovated). Ample parking, conveniently located en route to Bethel/Sunday River. \$89,900 \$67,000!

Mt. Abram: Immaculate home boasts quality workmanship and offers two units (2 BR/3BR) or may be utilized as one (owner occupy and/or rent). HW, heat, deck, paved drive, 2-car garage, slope views, walk to lift access. Was \$145,000 - Reduced to \$129,500

South Pond: Nearly new 3 BR ranch in secluded area offers privacy, views & ROW to beach. Large 5+/- acre lot. Fully furnished. \$145,000! Sellers will pay all closing costs! \$110,900

J
A
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Classifieds ~ Call 824-2444

HANOVER. Large yard - 10 min. from Sunday river, 15 min. from Rumford. Newly painted interior, all new windows. Call 364-7520441f

TWO AND THREE BR APARTMENTS for rent in Rumford, ME. Furn or unfurn., incl. heat & hot water. 20 minutes from Mtn. Starting at \$275/mo. Call 1-207-364-8116 or 1-207-364-8119

THREE BEDROOM HOUSE for rent. Route 2, West Bethel. 1-207-836-3945 or 824-2144.

SOUTH PARIS Sunny two bedroom apt., livingroom w/v, kitchen with hardwood floors, hot water and heated \$425 monthly. No pets. 207-772-2008

SKIERS DELIGHT by the month, week or night. Fully equipped studio apt. sleeps up to 4. Cable TV, HBO and free plowing. Best Village location. 824-3400

BETHEL-SUNDAY RIVER, new log home sleeps 8 ten minutes to Sunday River. Weekends or daily. Call 508-252-4572 1-2p

BEAUTIFULLY FURNISHED and tastefully decorated charming 1860 farmhouse with 4 bedrooms - minutes to ski. Reasonable rates by week, weekends, vacations, all year.

508-744-9797 weekdays 207-665-2539 weekends 1-3p
Don't miss out! Call immediately 800-704-3154.

AWESOME 1996 CLEARANCE SALE. Camelot Home Centers, 800-810-2714, Rt. 18, Littleton, NH or 800-300-3880, Rt. 7, Brandon, VT.

SKIERS SPECIAL: 2 bedroom cottage w/attached shed, newly painted, Rinnai heat, paneled living room, eat-in kitchen, on access road to Mt. Abram, 15 minutes from Sunday River. \$14,900. 875-2924.

For Rent
ELDERLY HOUSING one bedroom upstairs apartment at Sudbury Village. Units are subsidized to qualified applicants - waiting lists maintained. Call (207) 824-3364. Equal Housing Opportunity.

IN-TOWN 90+ year old farm house. 4 Bdrms., furnished, whirl pool, tub, cable, washer/dryer. Sleeps 10. Utilities included \$850 per week. 804-253-0476

COUNTRY HOUSE FOR RENT in

Real Estate

SOUTH RIDGE 2 bedroom townhouse with fireplace, dishwasher. Fully furnished, mountain views, quiet location on Sunday River Ridge Run Trail. WAS \$119,000 REDUCED TO \$109,000. Call owner at 207-824-2222.

3-6 BEDROOM FARMHOUSE in West Bethel. New sewer system, down payment, owner will finance. Call 207-836-3945 171f

SKI MT. ABRAM cozy 4 bedroom chalet. Sleeps 10, fully furnished, walk to slopes. A must see at \$62,900. Call (207) 539-4785 71f

CAMP FOR SALE or Rent also house lots, camp lots, wood lots for sale. 1-207-836-3945 or 824-2144

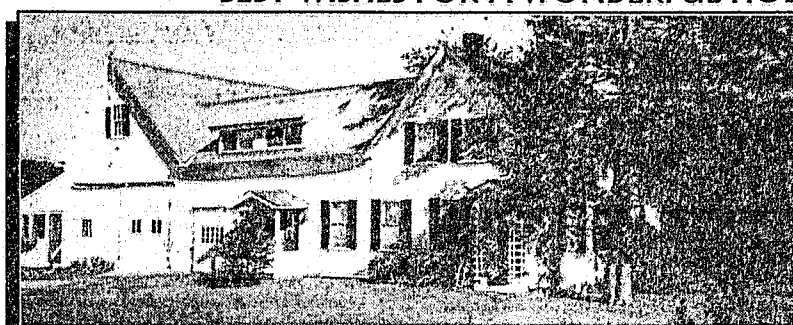
TWO BEDROOM FURNISHED Town House Condo in West Bethel. End unit, quiet location, excellent condition. Low monthly fee, asking low \$40's. (508) 676-6458 52-13p

GRAND OPENING OF PHASE III - our final phase. Spectacular lakefront sale on 30,000 acre recreational lake in S.C. Phases 1&2 - 130 lots sold in under 12 months!

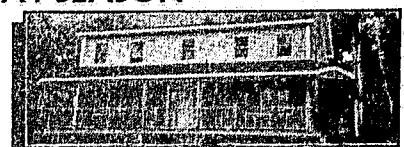
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Corner of Main & Vernon Streets • PO Box 508 • Bethel, ME 04217

BEST WISHES FOR A WONDERFUL HOLIDAY SEASON



CHARMING FARM FORMER B&B
Warm New England Farmhouse situated on 15.75+/- acres of fields with river frontage. Formerly operated as a B&B with lots of charm and personality. 16 miles to Sunday River \$165,000



NEWLY BUILT HOME
Very attractive 4 bedroom, 2.5 bath home privately situated on 4+/- acres of land with mountain views. Stone fireplace, maple kitchen cabinets, wrap around or deck and priced to sell at \$149,900



ATTRACTIVE MAIN STREET PROPERTY
Immaculately maintained Victorian in the heart of Bethel Village. Many original features, beautiful woodwork, flooring. 7 bedrooms with expansion potential. Large barn. Shown by appointment only.



NEW ENGLAND FARMHOUSE
3 bedroom 1 1/2 bath farmhouse located in the quiet Village of Andover. Spacious interior and an easy to maintain lot. A great property for a growing family and reasonably priced at \$85,000



NEW LISTING
4 Bedroom chalet located at Mt. Abram Ski Resort. Hardwood floors, fireplace, knotty pine interior. Well maintained, great views and unbelievably priced at \$85,000



GREAT COMMERCIAL OPPORTUNITY
Three unit building located adjacent to the Bethel Station Project with excellent visibility and unlimited possibilities. 65+/- feet of road front. 25+/- acres. Commercial and residential tenants. \$189,000



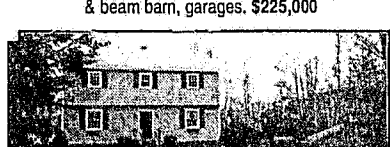
FOUR BEDROOM CAPE
1830 Cape attractively situated on 2.4+/- acres just a short distance from the Village. Separate entrance shop that has been converted into a rental unit. Large post & beam barn, garages. \$225,000



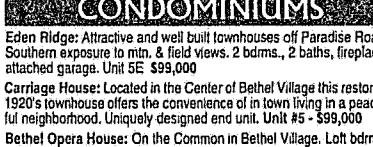
NEWLY BUILT COLONIAL
Newly built home located in a desirable subdivision minutes from downtown Bethel. Nice details incl. oak kitchen, hrdwd flooring. Unfinished 2nd floor w/3 floor plan options to suit whatever your needs are. Call for Details.



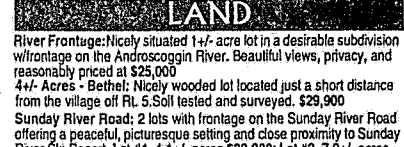
FARMHOUSE - ACCESS TO SOUTH POND
This 4 bedroom country farmhouse has a 50 foot Right of Way to desirable South Pond. It is also located within minutes of Mt. Abram Ski Area and Sunday River Ski Resort. A great year round vacation or primary home! \$77,500



COMFORTABLE FAMILY HOME
Well maintained 2-3 bedroom home just a short drive from the Village. Beautiful pine floors, expansive brick hearth, decks and extensive perennial gardens. A must see at \$119,000



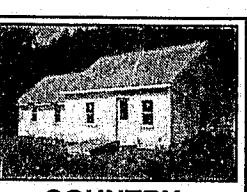
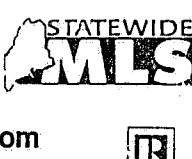
CONDOMINIUMS
Eden Ridge Attractive and well built townhouses off Paradise Road. Southern exposure to mtn. & lake views. 2 bdrms., 2 baths, fireplace, attached garage. Unit #5 \$99,000



LAND
River Frontage! Nicely situated 1+/- acre lot in a desirable subdivision with the Androscoggin River. Beautiful views, privacy, and reasonably priced at \$25,000

Maine Street REALTY

57 Main Street
P.O. Box 910
Bethel, ME 04217
e mail: mainest@nxi.com
1-207-824-2114



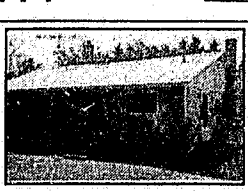
COUNTRY CAPE
#427 Completed shell on quiet country lane just waiting for you to finish. All new Anderson windows & vinyl siding. Septic system and some wiring in place. REDUCED TO \$29,900



NEW ENGLAND FARMHOUSE
#449 Charming old farmhouse with large attached 2 story post & beam barn. Great 4-season vacation home close to ski areas and walking distance to boat ramp for Round, North and South Ponds. Excellent buy at \$43,500



MOUNTAIN GETAWAY
#428 Mt. Abram log sided chalet has open living/dining area with woodstove and Monitor heater. One bedroom, one bath on first floor with room to expand bdrms. upstairs. Walk to slopes! REDUCED TO \$64,500



LAVENDER RANCH
#455 Fast easy access to all area activities from this quaint 2-3 bedroom, 1 bath ranch. Property includes 2-car garage and shed. Priced right for immediate sale. \$49,500



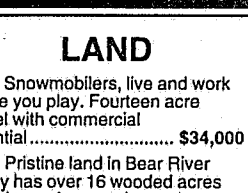
LAND
#602 Quiet wooded 2.4+/- acres with deeded ROW to South Pond. Soil tested, surveyed and ready to build.....\$20,000



CUSTOM SPLIT LEVEL
#436 Situated on a sunny lot backed by woods, this well cared for 2/3 bedroom, 1 bath home comes complete w/ a 2 stall barn. Ideal property for growing family w/extra room in the daylight basement. \$89,000



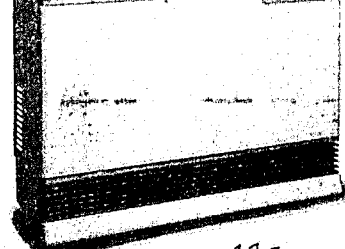
LAND
#281 Snowmobiles, live and work where you play. Fourteen acre parcel with commercial potential.....\$34,000



LAND
#604 Pristine land in Bear River Valley has over 16 wooded acres with views of mountains and resort.....\$36,000

Years Ahead of the Competition!

Rinnai



No one even comes close. Rinnai's gas-fired room furnace has the longest, most comprehensive warranties in the industry. 5-year limited warranty on parts. 2 years on labor, and shipping costs with absolutely no pro-rating! **1-800-244-4165** LP Gas Delivery Sales & Service An Unbeatable Combination

Community Energy

299 SPRUCE ST. - RUMFORD, MAINE 04276-2250 CO., INC.

LAND FOR SALE

Route 2 - Bethel: 23 Acre lot with 745' road frontage, Androscoggin River frontage, includes part of an island. Could be a commercial site! Listed at \$75,000

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Clem Worcester, Designated Broker • (207) 364-7895

SUNDAY RIVER SKI RESORT SLOPESIDE CONDOMINIUM



This unit is absolutely one of a kind. Custom natural cedar paneling throughout, custom built closets with louvered wood sliding doors, custom furniture, paneled custom bath. Sleeps 6 comfortably. Just bring your toothbrush. There is not another unit at Sunday River that compares with this unique second home.

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It's a simple fact, we offer the greatest variety of rental options. Period!

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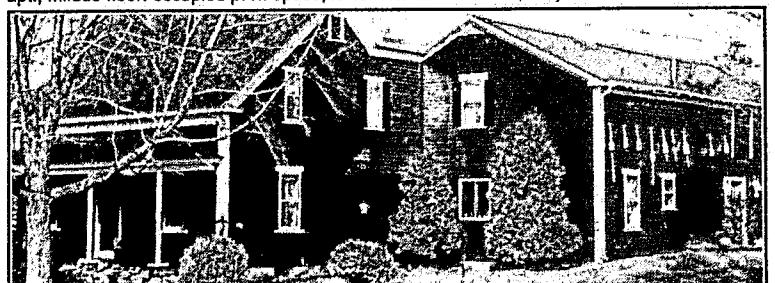
Kennett Realty, Inc.

(207) 824-3187 ~ 824-HOME

Happy New Year!



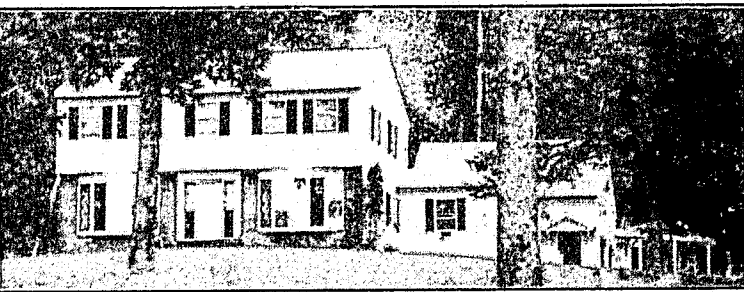
Ride the Entrepreneurial Express to Success... when you purchase this ever-so-melancholic professional office building located on Main St., Bethel, directly across from the Sunday River train depot. Newly constructed tri-level 5,060+/- sq. ft. structure with all handicap access, sep. utilities, oil forced hot air, central air, 15 parking spaces. Upper flr. boasts spacious & lovely apt.; midlevel floor, occupied prof. space, lower-removate to suit. \$340,000



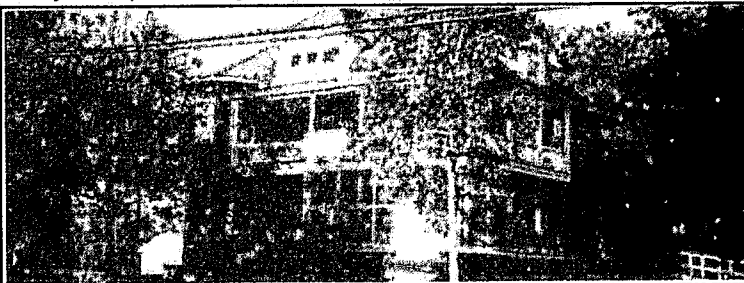
Spectacular Home in the midst of Bethel Village boasts exquisitely renovated interior and fabulously well-maintained exterior. This customized "Paradise" vintage classic offers a unique floor plan w/numerous quality details, incl. sparkling hwd flr, quality ceramic tiles, 3 BR, 2 bath, spacious unfinished lot area, ample workshop/office area, 1.8+/- ac. manicured flowering lot & inground pool. Unlock the door to your next dream home/vacation get-away/commercial venture! Substantially reduced \$499,000 \$179,000



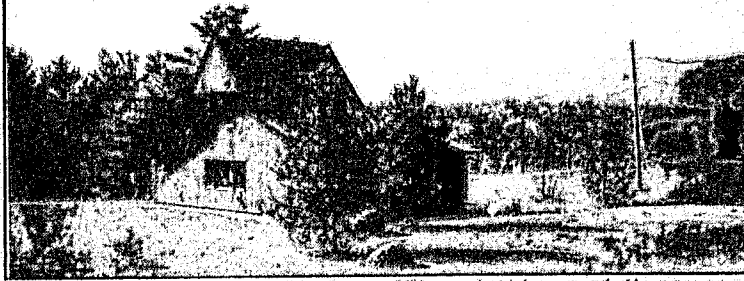
Holiday Special - Price Reduced - Albany: Realize your dream of home ownership with this most affordably priced 2-3 bedroom farmhouse on 1.18+/- acre, scenic acres awaiting your tender loving ownership. Great vacation home or primary residence offering low taxes, drilled well, 1,000 gallon septic tank. \$49,999 \$36,000



Irish Neighborhood: Panoramic sunny mountain vista views abound from this immaculate Garrison, handsomely situated on a meticulously manicured 1+/- acre parcel. Located within a serene quiet setting in a most coveted neighborhood, admire its impressive 3 bdrm., 2 1/2 bath floor plan boasting master suite, central vac., quality construction & numerous amenities. The key to this special offering awaits the discriminating purchaser. \$219,500



Just imagine residing in a stately brick Victorian reminiscent of a gone-by era w/romantic, oversized wrap-around porches on a 1+/- acre manicured lot! Imagine its high ceilinged, spacious rooms floored w/are bird's eye maple, its 3rd floor, intricately mantled fireplaces, its formal dining room, pristine living room & 9 bdrms. Most importantly, imagine paying only \$120,000 for this vintage treasure! CALL TODAY!



Bethel: Enjoy year-round fun & soothing "apres-ski" in your hot tub surrounded by a panoramic White mt. vista while watching Sunday River snowcats climb their scenic trails. Fabulously located contemp. on 2.84+/- acres w/sweeping lawns, close prox. to Androscoggin River & village amenities. Built in 1989, this energy efficient dwelling boasts large sleep capacity, has never flooring & spacious deck. Located on sought-after, yr-round road. \$99,500

SCENIC LAND PARCELS AWAITING YOUR BLUEPRINTS



Greenwood: Fabulous opp. awaits the discerning eye. 2 lots ideally sit on Rt. 28 w/round pond frontage & ROW to North Pond. Lot 1 = \$18,000; Lot 2 = \$25,000



Luxton Plantation: Subdivision offers 1+/- acre lots nestled in quiet rural setting, only minutes to Bethel Village. From \$16,500



Bird Hill Road: Gorgeous land lot in this ever popular location. Fantastic mt. views & a most manageable 2.54+/- ac. wooded lot. \$25,500



Greenwood: Stunning 5+/- ac. parcel awaits your primary or vacation home. Peaceful seclusion yet moments to Village. \$18,500



Bethel: 2 affordable wooded house lots on yr-round maintained road offering close proximity to Bethel Village yet rural country setting. From \$15,500

AS ALWAYS, KENNETT REALTY IS #1 IN AREA SALES AND LISTINGS...

SUNDAY RIVER SKI-IN /SKI-OUT CONDOS!

MERRILL BROOK	LOCKE MOUNTAIN
A-101	A-3
A-102	A-4
A-103	A-5
A-104	A-6
A-105	A-7
A-106	A-8
A-107	A-9
A-108	A-10
A-109	A-11
A-110	A-12
A-111	A-13
A-112	A-14
A-113	A-15
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A-128	A-30
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A-131	A-33
A-132	A-34
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A-194	A-96
A-195	A-97
A-196	A-98
A-197	A-99
A-198	A-100

LOCKE MOUNTAIN

FALL LINE	WHITE CAP
A-1	A-1
A-2	A-2
A-3	A-3
A-4	A-4
A-5	A-5
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A-62	A-62
A-63	A-63
A-64	A-64
A-65	A-

Obituaries

STELLA M. TYLER

Stella M. Tyler, 82, of Toftree Lane, Dover, N.H., died Thursday, Dec. 26, 1996, at the Dover Rehabilitation and Living Center. She was the widow of Leon Tyler.

Mrs. Tyler was born in Gorham, N.H., on May 6, 1914, the daughter of Edward and Alphonsine (Garand) Bilodeau and had lived in Gilead prior to moving to Dover four years ago.

Mrs. Tyler had worked at Newton & Tebbets Dowel Mill in West Bethel for 35 years, retiring at the age of 75.

Survivors include four daughters, Patricia A. Bordeau of Dover, N.H., Margaret Record of Littleton, N.H., Pamela Essex of Kittery, and Betty Smith of West Bethel; three sons, Leon Jr. of South Berwick, Richard of Rochester, N.H., and Gerald of

Milan, N.H.; several grandchildren and great-grandchildren; and one brother, Henry Bilodeau of Berlin, N.H. She was predeceased by three children: Phyllis Barnes, Leo Tyler and Donald Tyler.

At her request there were no services. Burial will be in Berlin Cemetery, Berlin, N.H., at the family's convenience.

WILLIAM E. ROBERTS

William E. Roberts, 73, of Howe Hill Road, Locke Mills, died suddenly and unexpectedly on Sunday afternoon, Dec. 29, 1996.

Mr. Roberts was born in Locke Mills on May 30, 1923, son of the late Loring J., and Bertha (Corbett) Roberts, attended the Locke Mills school, and had been a resident of that community for the greater portion of his life.

A veteran of World War II, with the U.S. Army, he served in the Asiatic Pacific Campaign, for 12 months, with the 606th Coast Artillery Battalion, attaining the rank of technical sergeant. Returning to civilian status, he was re-employed by Ecco Tebbets mill, later becoming Gilbert Mfg., in Locke Mills, from where he retired 11 years ago, after nearly 40 years of employment. At the time of his retirement, he was a lead set-up man.

A member of the Bryant Pond Baptist Church, he also was a member of the American Legion, Jackson-Silver Post 168 of Locke Mills.

Besides his wife of 30 years, the former Caroline (Ellis) Savage, whom he married on Nov. 4, 1966, he is survived by seven children: Richard W. and his wife Gloria of

Lisbon Falls, Kenneth L. and his wife Barbara of Locke Mills, William E. and his wife Joan of Bethel, William P. Savage and his wife Gillian of Kennebunkport, Stacey E. Roberts of Locke Mills, Penny Johnson and her husband Joseph of Concord, N.H., and Patti Bryant and her husband Steve of St. Johns, Newfoundland; 20 grandchildren; and 19 great-grandchildren. He was predeceased by a sister, Florence Strother, and two brothers, Lee and Wendell Roberts.

Friends may call at the Andrews Funeral Home, South Woodstock, Wednesday evening, Jan. 1, from 6 to 8 p.m. Funeral services will be held at Bryant Pond Baptist Church on Thursday, Jan. 2, at 11 a.m. Interment will be in Hick's Cemetery, Greenwood. Relatives and friends, who wish, may make memorial donations in his memory to: Steeple Fund, Bryant Pond Baptist Church, Bryant Pond, ME 04219.

Card of Thanks

Many thanks to my family and friends for their prayers, many cards, gifts, support and transportation during my surgery and radiation treatments. Thanks also to Drs. and Nurses at SMH and the Radiation Dept. at CMMC.

Thanks to all - Harry Swan

Births

Fred and Shelley Johnson of Bryant Pond are pleased to announce the arrival of a baby boy, Nicholas William, born Dec. 25, 1996, at Stephens Memorial Hospital, weighing 6 pounds, 7 ounces.

Maternal grandparents are Jim and Donita St. John, Brenda Birney of South Paris and the late William Birney.

Paternal grandparents are Charles and Wanda Johnson of Bryant Pond, Ronald and Susan Ellis of Mexico.

Nicholas joins half sister Jennifer, 13, and half brother Bradley, 15, who both live in South China.

John and Joyce Risbara of Norway are pleased to announce the arrival of a baby girl, Jennell Marie,

born on Dec. 25, 1996, at Stephens Memorial Hospital, weighing 7 pounds, 3 ounces.

Maternal grandparents are Herbert and Gloria Hicks of Norway.

Paternal grandparents are Sandra and Dave Irish of Oxford.

Jennell Marie joins brother Joshua Brian, 6.

James Jr. and Laurie Ann Tuttle are pleased to announce the arrival of a baby girl, Rebecca Lynn, born Dec. 28, 1996, at Stephens Memorial Hospital, weighing 7 pounds, 2 ounces.

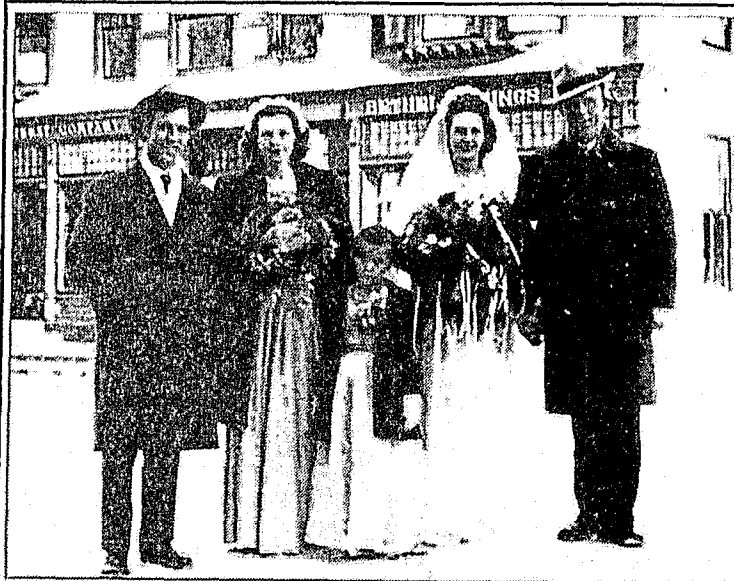
Maternal grandparents are Mr. and Mrs. Leroy L. Patten Jr. of Bethel.

Paternal grandparents are Mr. and Mrs. James Tuttle of Bethel. Rebecca Lynn joins brother Mikel-Lee, 8.

BIRTHS

To submit notices for births, you may bring in your copy to The Bethel Citizen before 5 p.m. on Friday's to be considered for publication the following Wednesday.

Send information to: Editor, The Bethel Citizen, PO Box 109, Bethel, Maine 04217



You are cordially invited to share a celebration of 50 Years of Marriage between Elgin & Hope Tibbetts and Fred Homer & Sadie Tibbetts

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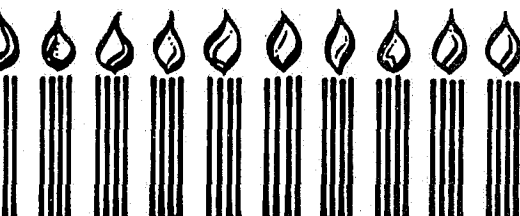
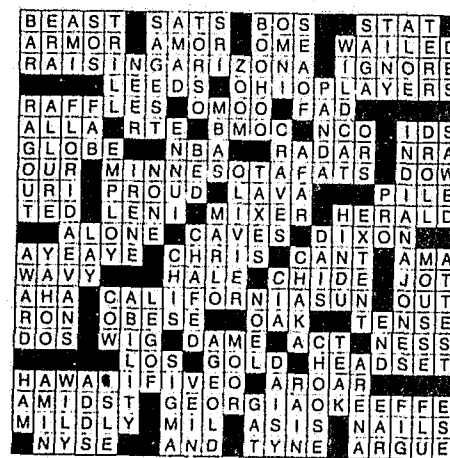
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NOW Checking

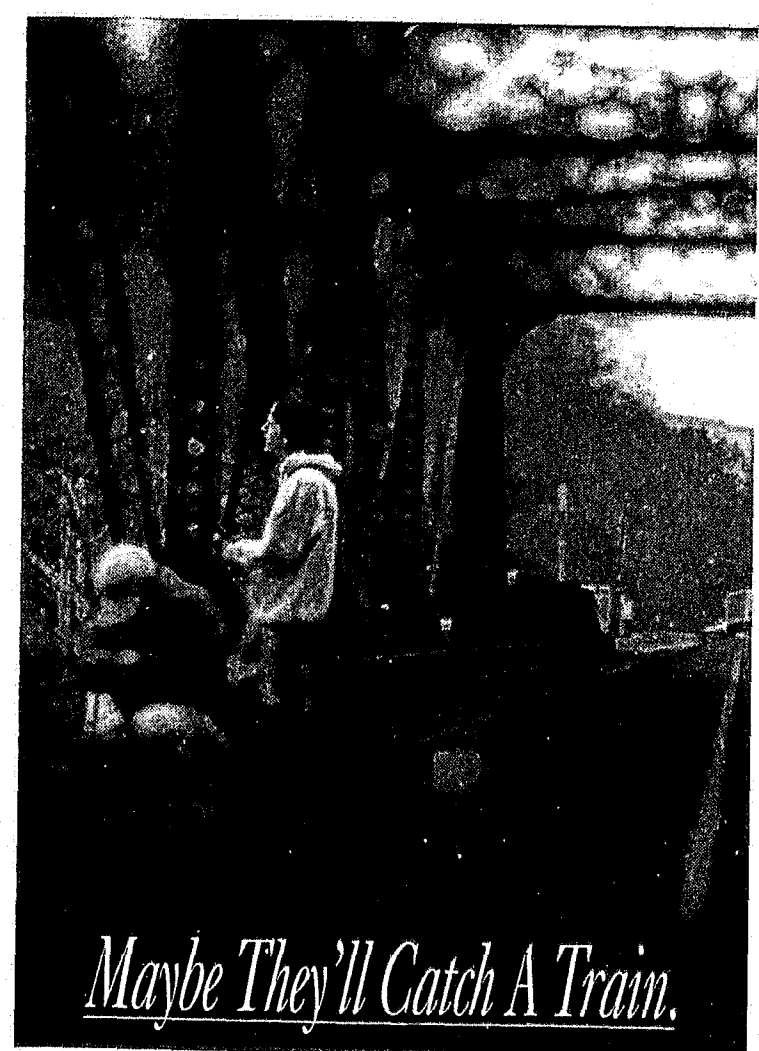
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